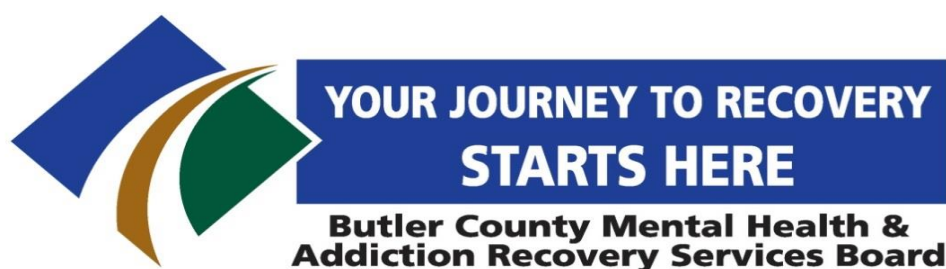


Mental Health and Addiction Recovery Services Guide

2019-2020



5963 Boymel Drive
Fairfield, Ohio 45014

Phone: 513.860.9240
Fax: 513.860.9241

www.bcmhars.org

The Butler County Mental Health and Addiction Recovery Services Board is a county government organization that oversees the community mental health and addiction service system in Butler County. Mental health and addiction services are available to Butler County citizens through local certified mental health and addiction recovery provider agencies.

Mission Statement

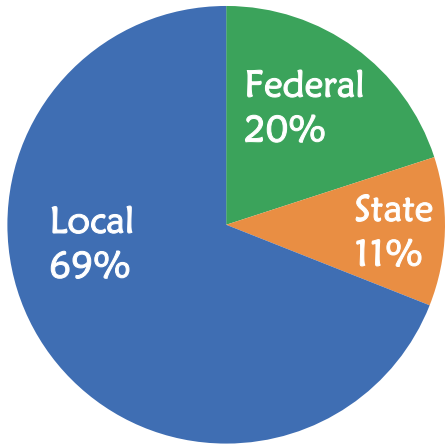
The mission of the Butler County Mental Health and Addiction Recovery Services Board, in partnership with the community, is to provide a comprehensive recovery oriented system of care and prevention. In addition, the Board will continue to improve the quality of life of Butler County citizens through the support of addiction and mental health recovery services.

Vision Statement

The vision of the Butler County Mental Health and Addiction Recovery Services Board is to ensure a system of care that is best practice based, financially stable and publicly funded. Butler County residents will be provided services and support that are preventative, impactful and measurable.

Funding


Public mental health and addiction recovery services in Ohio are funded by a combination of federal, state and local tax dollars.




**Butler County Mental Health and
Addiction Recovery Services Board
Funding Fiscal Year 2019**

Please Note: Not all services listed in this guide are supported by Board funding.

Last Edited: 7/3/19

 Butler County Mental Health & Addiction Recovery Services Board Addiction Recovery Services 2019-2020			Coordination & Supports		Counseling & Therapy			Medical & Related		AOD Other Services			
	Assessment & Evaluation	Housing & Residential	CPST Services (Case Management)	Peer Support	Individual/Group Counseling	Intensive Outpatient Treatment	MAT - Psychiatry	Detox	Pharmacological Mgmt. (Medication)	Prevention	Education & Consultation	Information, Screening & Referral	Social & Recreational
Access Counseling Services 4464, 4448, 4432 S. Dixie Highway, Middletown 2114 Central Ave, Middletown 20 S. Breiel Blvd, Middletown (513) 649-8008 page 10	✓	✓	✓		✓	✓	✓		✓	✓	✓	✓	✓
Beckett Springs Hospital 8614 Shepherd Farm Dr, West Chester (513) 867-1227 or (513) 424-3397 page 15											✓	✓	
Big Brothers Big Sisters of Butler County 1755 S. Erie Blvd Suite D, Hamilton (513) 867-1227 or (513) 424-3397 page 17										✓	✓		✓
BrightView 5108 Sandy Lane, Fairfield 446 Morgan Street, Cincinnati 1-833-510-HELP (4357) page 18	✓		✓	✓	✓	✓	✓	✓	✓		✓		
Butler Behavioral Health Services, Inc. 1490 University Blvd, Hamilton (513) 896-7887 1131 Manchester Ave, Middletown (513) 422-7016 page 19	✓		✓	✓	✓	✓	✓		✓		✓	✓	
Community Behavioral Health Services 820 S. Martin Luther King Blvd, Hamilton (513) 887-8500 1659 S. Breiel Blvd, Middletown (513) 424-0921 442 S. Second St, Hamilton (513) 868-4980 page 23	✓		✓	✓	✓	✓	✓	✓	✓		✓	✓	
DeCoach Rehabilitation Centre 6570 Sosna Dr, Fairfield (513) 942-HOPE (4673) page 27	✓	✓	✓		✓	✓	✓	✓	✓	✓	✓	✓	
Envision Partnerships 2935 Hamilton Mason Rd, Hamilton (513) 868-2100 page 29										✓	✓		
Forensic Evaluation Service Center** 101 High St 3 rd Floor, Hamilton (513) 869-4014 page 30	✓												
Maryhaven Multiple Locations (614) 445-8131 page 33	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	

 Butler County Mental Health & Addiction Recovery Services Board Addiction Recovery Services 2019-2020			Coordination & Supports	Counseling & Therapy			Medical & Related		AOD Other Services				
	Housing & Residential Assessment & Evaluation		CPST Services (Case Management)	Peer Support	Individual/Group Counseling	Intensive Outpatient Treatment	MAT - Psychiatry	Detox	Pharmacological Mgmt. (Medication)	Prevention	Education & Consultation	Information, Screening & Referral	Social & Recreational
Sojourner Recovery Services 515 Dayton St, Hamilton (513) 896-3465	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓	✓
Talbert House 1515 Carll St, Cincinnati (513) 872-8884 87116 Office Park Dr, West Chester (513) 785-6900	✓	✓	✓		✓	✓			✓		✓	✓	

*Only at the Butler County Jail
 ** Only Court-ordered evaluations

Contact the Butler County Mental Health & Addiction Recovery Services Board
 for more information at (513) 860-9240

 Butler County Mental Health & Addiction Recovery Services Board Mental Health Services 2019 - 2020				Coordination & Supports	Counseling & Therapy			Medical & Related	MH Other Services					
	Inpatient Psychiatric Treatment	Assessment & Evaluation	Housing & Residential	CPST Services (Case Management)	Peer Support	Individual/Group Counseling	Partial Hospitalization/ Day Treatment	Emergency (Crisis Intervention or Hotline)	Pharmacological Mgmt. (Medication)	Education, Consultation & Prevention	Information, Screening & Referral	Social & Recreational	Forensic Evaluations	Guardianship Vocational & Employment
Access Counseling Services 4464, 4448, 4432 S. Dixie Highway, Middletown 2114 Central Ave, Middletown 20 S. Breiel Blvd, Middletown (513) 649-8008 page 10		✓		✓		✓		✓	✓	✓				
Atrium Medical Center 1 Medical Center Dr, Middletown (513) 424-2111 page 14	✓													
Beckett Springs Hospital 8614 Shepherd Farm Dr, West Chester (513) 942-9500 page 15	✓	✓				✓	✓	✓	✓	✓	✓			
Butler Behavioral Health Services, Inc. 1490 University Blvd, Hamilton (513) 896-7887 1131 Manchester Ave, Middletown (513) 422-7016 5223 College Corner Pike, Oxford (513) 273-8064 page 19		✓		✓	✓	✓		✓	✓	✓	✓	✓		✓
Catholic Charities Southwestern Ohio 1910 Fairgrove Ave, Suite B, Hamilton (513) 863-6129 page 22		✓		✓		✓			✓	✓	✓			
Community Behavioral Health Services 820 S. Martin Luther King Blvd, Hamilton (513) 887-8500 1659 S. Breiel Blvd, Middletown (513) 424-0921 442 S. Second St, Hamilton (513) 868-4980 page 23		✓	✓	✓	✓	✓			✓	✓	✓		✓	✓
DeCoach Rehabilitation Centre 6570 Sosna Dr, Fairfield (513) 942-HOPE (4673) page 27		✓		✓		✓	✓		✓		✓			
Forensic Evaluation Service Center** 101 High St 3 rd Floor, Hamilton (513) 869-4014 page 30													✓	✓

 Butler County Mental Health & Addiction Recovery Services Board Mental Health Services 2019-2020				Coordination & Supports		Counseling & Therapy			Medical & Related	MH Other Services					
	Inpatient Psychiatric Treatment	Assessment & Evaluation	Housing & Residential	CPST Services (Case Management)	Peer Support	Individual/Group Counseling	Partial Hospitalization/ Day Treatment	Emergency (Crisis Intervention or Hotline)	Pharmacological Mgmt. (Medication)	Education, Consultation & Prevention	Information, Screening & Referral	Social & Recreational	Forensic Evaluations	Vocational & Employment	Guardianship
LifeSpan, Inc. 1900 Fairgrove Ave, Hamilton (513) 868-3210 page 31															✓
Maryhaven Multiple Locations (614) 445-8131 page 33		✓	✓	✓	✓	✓	✓	✓	✓	✓	✓		✓	✓	
NAMI Butler County 5963 Boymel Dr, Fairfield (513) 860-8386 or (513) 860-8387 page 35										✓	✓				
Sojourner Recovery Services 515 Dayton St, Hamilton (513) 896-3465 page 37		✓			✓	✓			✓		✓				
St. Aloysius 3101 Dixie Highway, Hamilton (513) 737-3400 page 39		✓		✓		✓	✓		✓	✓	✓				
St. Joseph Orphanage 6975 Dixie Highway, Fairfield 5455 College Corner Pike, Oxford (513) 741-3100 page 41		✓		✓		✓	✓		✓	✓		✓			
Talbert House 1515 Carll St, Cincinnati (513) 872-8884 87116 Office Park Dr, West Chester (513) 785-6900 page 43		✓	✓	✓		✓		✓	✓	✓	✓				
Transitional Living 2052 Princeton Rd, Hamilton (513) 863-6383 1131 Manchester Ave, Middletown (513) 422-4004 page 44		✓	✓	✓		✓		✓ *	✓	✓	✓				
YWCA Goodman Place Program 244 Dayton St, Hamilton (513) 856-9800 page 46		✓	✓	✓							✓				

*Only at the Butler County Jail

** Only Court-ordered evaluations

Contact the Butler County Mental Health & Addiction Recovery Services Board
For more information at (513) 960-9240

Mental/Behavioral Health and Addiction Service Descriptions

Ambulatory Detoxification – Face-to-face interactions with an individual who is suffering mild to moderate symptoms of withdrawal, for the purpose of alcohol and/or drug detoxification.

Assessment – The evaluation of an individual to determine the nature and extent of his/her mental illness and/or abuse, misuse and/or addiction to alcohol and/or other drugs.

Case Management – Activities provided to assist and support individuals in gaining access to needed medical, social, educational and other services essential to meeting basic human needs.

Community Psychiatric Supportive Treatment (CPST) – Provides a number of services delivered by community-based, mobile individuals or multidisciplinary teams of mental health care professionals and trained others. Services address the individual needs of clients and focus on an individual's ability to succeed in the community; to identify and access needed services, and to show improvement in school, work and family and contributions in the community.

Diagnostic Assessment – Is a clinical mental health and/or substance misuse evaluation provided by an eligible professional at the beginning of treatment or in response to treatment, or when significant changes occur. It is a process of gathering information to assess client needs and functioning in order to determine appropriate service/treatment based on identification of the presenting problem, evaluation of mental status, and formulation of a diagnostic impression.

Education/Consultation/Prevention Services – Education services indicate formal educational presentations made to individuals or groups that are designed to increase community knowledge of and to change attitudes and behaviors associated with mental health and addiction problems, needs and services. Consultation services are formal and systematic information exchange between an agency and a person other than a client, which is directed towards the development and improvement of individualized service plans and/or techniques involved in the delivery of mental health services. Finally, prevention services indicate action oriented programs either toward reducing the incidence, prevalence, or severity of specific types of mental illness and/or addiction disorder.

Emergency Services – Includes both Crisis Intervention & Behavioral Health Hotline services. Crisis intervention is the process of responding to emergent situations and may include: assessment, immediate stabilization, and the determination of level of care in the least restrictive environment in a manner that is timely, responsive, and therapeutic. Behavioral health hotline services are an agency's twenty-four hour per day, seven days per week capability to respond to telephone calls, often anonymous, made to an agency for crisis assistance. The person receiving emergency services may or may not become a client of the agency providing these services. These services are usually rendered face-to-face at a person's home, at a mental health agency, or via telephone.

Employment/Vocational Service – Is to promote recovery and secure/maintain employment by providing training and skill development that is goal-oriented, ability-based, and incorporates individual choice. The outcome of employment/vocational service is that the individual will obtain and maintain employment, learn new job skills, increase self-sufficiency, and contribute to the community.

Family Counseling – The utilization of special skills in sessions with individuals and their family members and/or significant others under the guidance of a counselor to address family and relationship issues related to mental health, alcohol and other drug abuse and/or dependence for the purpose of promoting recovery from addiction.

Forensic Evaluation Services – An evaluation resulting in a written expert opinion regarding a legal issue for an individual referred by a criminal court, domestic relations court, juvenile court, adult parole authority, or other agency of the criminal justice system or an Ohio Department of Mental Health and Addiction Services (OhioMHAS) operated regional psychiatric hospital. Forensic evaluation service also assists courts and the adult parole authority to address mental health legal issues.

Group Counseling (Therapy) – Services are typically provided through a counselor-client therapeutic relationship in which special skills are utilized to assist the client with mental illness and/or alcohol and other drug problems to achieve treatment objectives. Treatment occurs in a group setting with two or more individuals/clients facilitated by one or more counselors.

Housing/Residential Services – These are considered “other” mental health and/or substance misuse services which support persons/clients with mental illness to find affordable residential living placements and/or to assist in meeting their physical need for shelter.

Individual Counseling – Same as group counseling except treatment occurs in an individual setting, a counselor and one client only.

Information, Screening & Referral Services – Includes responses, usually by telephone, to inquiries from people about services in the community. Referrals may include contacting an agency or a provider in order to secure services for the person requesting assistance.

Intensive Outpatient – Structured individual and group alcohol and drug addiction activities and services that are provided at a certified treatment program site for a minimum of eight hours per week with services provided at least three days per week.

Medical or Medication/Somatic (Psychiatric Services) – A pharmacologic management service is a psychiatric/mental health/Medication Assisted Treatment (MAT)/medical intervention used to reduce/stabilize and/or eliminate psychiatric symptoms and/or the impact of substance misuse on individuals with the goal of improved functioning. These services should result in well-informed individuals and in decreased/minimized symptoms.

Medication Assisted Treatment (MAT) – The services of a medical professional directly related to the use of medications to provide a whole patient approach to the treatment of substance abuse disorders.

Non-Medical Community Residential Treatment – A twenty-four-hour rehabilitation facility, without twenty-four-hour-per-day medical/nursing monitoring, where a planned program of professionally directed evaluation, care and treatment for the restoration of functioning for persons with alcohol and other drug problems and/or addiction occurs.

Outreach – A planned approach to reach a target population within their environment. The purpose of this approach is to prevent and/or address issues and problems as they relate to the use/abuse of alcohol or drugs.

Partial Hospitalization/Day Treatment – An intensive, structured, goal-oriented, distinct and identifiable treatment service that utilizes multiple interventions that address the individualized mental health and/or addiction recovery needs of a client. The environment at this level of treatment is highly structured, and there should be an appropriate staff-to-client ratio in order to guarantee sufficient therapeutic services and professional monitoring, control, and protection of the identified client.

Peer Recovery Services (Peer Support) – Community-based services for individuals with a mental illness or substance use disorder; and consist of activities that promote recovery, self-determination, self-advocacy, well-being and independence. Peer recovery services are individualized, recovery-focused and based on a relationship that supports a person's ability to promote their own recovery.

Social & Recreational Services – Includes structured and non-structured activities and supports to enhance the quality of life of the person served. These services occur, whenever possible, in facilities used for social and recreational purposes by other members of the community.

Subacute Detoxification – Detoxification services are provided with twenty-four-hour medical monitoring.

Urinalysis – The testing of an individual's urine specimen to detect the presence of alcohol and other drugs.

*For more detailed descriptions of these and other mental health services please visit **<http://codes.ohio.gov/oac/5122-29>***

The Mental Health and Addiction Recovery Services Board may subsidize certain services and specialized programs for individuals that meet qualification requirements. The following information provided by our Service Providers contains descriptions of services and programs not necessarily covered by public mental health and addiction recovery services funds. Please contact each agency or the Mental Health and Addiction Recovery Services Board for additional information.

(513) 860-9240

Butler County Crisis Hotline & Heroin Hope Line

Toll-Free Crisis and Information & Referral Hotline

1-844-4CRISIS (1-844-427-4747)

- Available 24/7 - 365 Days a Year
- HeroinHopeLine.org
- Suicide Prevention & Information and Referral Hotline
- Afterhours access to the Mobile Crisis Team
- Help for those struggling with addiction and their families
- Trained caring staff
- Free Service

Operated by Beckett Springs Hospital

Butler County Consultation & Crisis Intervention Center

(513) 881-7180

Monday through Friday 8:00 am – 5:00 pm

Nights, weekends & holidays, services are available through the
24/7 toll-free Butler County Crisis Hotline

- Assistance in the event of a community crisis
- Mobile Crisis Assessments
- Consultations with providers and families
- Short term post crisis mental health therapy and case management

Health Officers will respond anywhere in Butler County to assess a mental health crisis situation and assist with emergency treatment to stabilize individuals in crisis.

Operated by Butler Behavioral Health Services, Inc.

Access Counseling Services

www.acscounseling.com

4464, 4448, 4432 S. Dixie Hwy
Middletown, Ohio 45005

20 S. Breiel Blvd
Middletown, Ohio 45044

Patrick Square

1531 S. Breiel Blvd
Middletown, Ohio 45044

Hours of Operation:

Monday – Thursday

7:00 AM – 8:00 PM, S. Dixie Hwy Offices
8:00 AM – 8:00 PM, Central Ave Office
8:00 AM – 8:00 PM, Breiel Blvd Office
8:00 AM – 8:00 PM, Patrick Square Office

Friday

7:00 AM – 6:00 PM, S. Dixie Hwy Offices
8:00 AM – 5:00 PM, Central Ave Office
8:00 AM – 5:00 PM, Breiel Blvd Office
8:00 AM – 5:00 PM, Patrick Square Office

Saturday

8:00 AM - 5:00 PM, S. Dixie Hwy Offices Only

Payment Sources:

Ohio Medicaid, Medicare, Self-Pay, Private Insurance
and Subsidy/Sliding fee scale based on income

Populations Served:

Children, adolescents, adults and seniors

Special Populations Served:

Families, couples, homeless and developmentally
disabled

Mental Health Services:

- **Counseling (Individual & Group)**
- **Diagnostic Assessment**
- **Pharmacological Management (Medication)**
- **Emergency (Crisis Intervention)**
- **Education**
- **Community Psychiatric Supportive Treatment (Case Management)**

Addiction Recovery Services Offered

- **Substance Abuse Treatment (Adults):** It is the philosophy of this program that individuals benefit most from a holistic biopsychosocial approach to care which includes attention to physical, emotional, social, interpersonal, and spiritual well-being. All of our groups require 12 step group participation; coordination with a physician for medical care; random drug screens; family participation; referrals to other appropriate community resources as needed; and individual case management to monitor progress in all major life areas along with abstinence from all mood altering chemicals. Target populations are 18 and older.
- **Substance Abuse Treatment (Adolescents): The Seven Challenges®** program is designed specifically for adolescents with substance abuse issues, to motivate a decision and commitment to change – and to support success in implementing the desired changes. The Program simultaneously helps young people address their drug problems as well as their co-occurring life skill deficits, situational problems, and psychological problems. The Seven Challenges is listed as an evidence-based program in the SAMHSA National Registry of Evidence-Based Programs and Practices (NREBPP).

Prevention/Education Services Offered

- **Incredible Years Program:** The program is designed to promote emotional and social competence and to prevent, reduce, and treat aggression and emotional problems in young children 0-12 years old.
- **The Seven Challenges®:** As described above, has a prevention component within the program.

Specialized Mental Health & Support Programs:

- **School Based Treatment:** Provide on-site mental health therapy in various schools, for example Middletown elementary, middle and high schools, to Medicaid eligible children.
- **Substance Abuse Treatment (Adults):** It is the philosophy of this program that individuals benefit most from a holistic biopsychosocial approach to care which includes attention to physical, emotional, social, interpersonal, and spiritual well-being. All of our groups require 12 step group participation; coordination with a physician for medical care; random drug screens; family participation; referrals to other appropriate community resources as needed; and individual case management to monitor progress in all major life areas along with abstinence from all mood altering chemicals. Target populations are 18 and older.
- **Play Therapy:** Play Therapy has increasingly become the choice of treatment for children dealing with emotional and behavioral disorders. The understanding of play as the natural mode of communication and self-expression for children has become the norm. Play therapy is utilized to treat a multitude of behavioral problems including adjustment issues, anxiety, attachment problems, Attention Deficit Hyperactivity Disorder (ADHD), autism, depression, disruptive behavior problems, and self-esteem issues. It is also used to help children process through difficult life circumstances such as death or loss, divorce, domestic violence, personal illness, traumatic experiences such as physical and sexual abuse, and natural disasters. Most importantly children, as well as their families and significant others, benefit and grow through the healing powers of Play Therapy.

- **Dialectical Behavior Therapy (DBT):** DBT for adults and adolescents is a therapy designed to help people suffering from disorders such as depression, bipolar and anxiety as well as those who need to change patterns of behavior that are not helpful, such as self-harm, suicidal thoughts and drug abuse. This approach works towards helping people increase their ability to self-regulate their emotional and cognitive triggers that lead to making choices that make the situation worse. It also helps to assess which coping skills to apply in the sequence of events, thought, feelings, and behaviors to help avoid undesired reactions and consequences. DBT assumes that people are doing their best but lack the skills needed to succeed, or are influenced by their environment that interferes with their ability to function appropriately.
- **Trauma Focus:** We have a trauma team that has Certified Trauma Practitioners (CTP) that specializes in treating trauma for both adults and children. In addition, we have therapists that can provide the following treatments:
 - **Cognitive Processing Therapy (CPT):** CPT is a cognitive-behavioral treatment for posttraumatic stress disorder (PTSD) and related problems. The overall goals of CPT are to reduce PTSD symptoms, and associated symptoms such as depression, anxiety, guilt and shame. It also aims to improve day-to-day living; CPT consists of 12 individual (one-on-one) therapy sessions. Each session lasts 50 – 60 minutes. If conducted in a group, the 12 sessions will last 90 minutes each. In these sessions, participants will learn about the symptoms of PTSD and why some people develop them.
 - **Eye Movement Desensitization and Reprocessing (EMDR):** EMDR is an evidenced based integrative psychotherapy approach that has been extensively researched and proven effective for the treatment of trauma. EMDR is a set of standardized protocols that incorporates elements from many different treatment approaches. To date, EMDR therapy has helped millions of people of all ages relieve many types of psychological stress.
 - **"Structured Sensory Interventions for Traumatized Children, Adolescents and Parents" (SITCAP®):** SITCAP® is an evidence-based, structured sensory program utilizing interventions that teach how to apply mind body skills while focusing on the primary themes of trauma including safety, worry, hurt, fear, anger, revenge and moving from victim to survivor thinking. Helping clients understand how trauma impacts brain functions of memory, emotional regulation, behavior, and learning. Clients learn and practice mind-body skills for emotional regulation and how to develop strategies to foster resilience and enable clients to not just survive but thrive.

Specialized Addiction Recovery Programs

- **Dually Diagnosed Treatment (Adolescents and Adults):** The purpose and goals of this program is to provide intensive outpatient mental health/substance abuse services to clients who suffer from mental illness and substance abuse and to gear mental health and substance abuse services and topics to better meet the needs of the mentally ill, accounting for the client's life condition and mental condition in her/his recovery. The target populations are adolescent and adult males and females who receive a primary severe mental health diagnosis and a substance abuse/dependency diagnosis and who would benefit from dual diagnosis treatment.
- **Medicated Assisted Treatment (MAT):** Medication-Assisted Treatment (MAT) is the use of medications, in combination with counseling and behavioral therapies, to provide a "whole-patient" approach to the treatment of substance use disorders. Research shows that a combination of medication and therapy can successfully treat these disorders, and for some people struggling with addiction, MAT can help sustain recovery. MAT is primarily used for the treatment of addiction to opioids such as heroin and prescription pain relievers that contain opiates. The prescribed medication operates to normalize brain chemistry, block the euphoric effects of alcohol and opioids, relieve physiological cravings, and normalize body functions without the negative effects of the abused drug. Medications used in MAT are approved by the Food and Drug Administration (FDA), and MAT programs are clinically driven and tailored to meet each patient's needs.

Atrium Medical Center

www.atriummedcenter.org

1 Medical Center Dr.
Middletown, Ohio 45005
(513) 424-2111

Hours of Operation:	24 hours a day, 7 days a week
Payment Sources:	Accepts private pay and many Medicaid, Medicare, and commercial insurance plans
Populations Served:	Adults & senior adults
Special Population Served:	People with a primary behavioral health diagnosis combined with substance use disorder

Specialized Mental Health & Addiction Recovery Programs:

- **Inpatient Psychiatric Treatment:** If you or a loved one age 18 or older has a mental health crisis, our inpatient behavioral health services can help you. Our professional team of psychiatrists, nurses and social workers provides you with a safe, welcoming atmosphere and well-tested therapies to help you get through the crisis and return safely home.

We accept patients with a wide range of mental and behavioral disorders, but we primarily treat people who have: bipolar disorder, depression, schizophrenia, schizoaffective disorder.

We customize a structured, holistic program for you and each patient on our unit to include individual psychotherapy, group therapy and problem solving, family therapy, education and medication.

As a patient on our unit, you'll work with a team of psychiatrists, nurses and social workers. They will assess you and assist you in setting goals for a healthier, more balanced mindset. We'll measure your progress frequently and be alert to any setbacks.

Medication is an important part of your care. It can help you feel better, improve your mood, lessen anxiety, and decrease suicidal thoughts or hearing voices. We'll manage it closely with the goal that you receive the maximum benefit.

We encourage you to attend classes and activities that will help you better understand how to improve your overall physical and mental health: how medications work, proper nutrition, coping skills and life skills, recreational activities.

A thorough medical examination is also an important part of your treatment. Our doctors may order lab work, imaging tests or other tests to help identify physical conditions that are contributing to or worsening your illness. We can treat these conditions while you are in the hospital.

Our team will make recommendations for when you leave the hospital. They will talk to you about outpatient resources and community agencies.

We treat alcohol and chemical dependency only as they affect your mental health disorder. We do not offer detoxification or alcohol and drug rehabilitation on site, but are happy to refer you to appropriate facilities or programs.

Beckett Springs Hospital

www.beckettsprings.com

8614 Shepherd Farm Dr
West Chester, Ohio 45069
(513) 942-9500

Hours of Operation:	24 hours a day, 7 days a week
Payment Sources:	Medicare, Tricare, most commercial insurance plans, many Health Insurance Exchange plans, Private Pay
Populations Served:	Adults & senior adults
Special Populations Served:	Children and adolescents

Mental Health Services:

- **Inpatient Mental Health Treatment**
- **Program-based Counseling (Group)**
- **Diagnostic Assessment**
- **Pharmacological Management (Medication)**
- **Education**
- **Partial Hospitalization/ Day Treatment (Mental Health and Dual Diagnosis)**
- **Intensive Outpatient Program (Mental Health and Dual Diagnosis)**

Addiction Recovery Services:

- **Inpatient Treatment for Chemical Dependency**
- **Inpatient Detox Services**
- **Rehabilitation Services**
- **Partial Hospitalization/Day Treatment Services**
- **Intensive Outpatient Program for Addictions**

Specialized Mental Health & Addiction Recovery Programs:

- **Psychiatric & Chemical Dependency Hospital:** 96-bed facility located on a beautiful 10-acre park-like campus in West Chester, Ohio. The facility, constructed in 2013, offers secure, peaceful accommodations including a walking trail, private courtyard and fitness center. Beckett Springs' mission is to provide the highest quality treatment services to adults suffering from the devastating effects of mental illness and/or addiction. Long term recovery can be a reality for millions of people.
- **Mental Health Inpatient and Outpatient Services:** Inpatient mental health services, partial hospitalization/day treatment program and intensive outpatient for mental health. Youth are served in outpatient programs which are available for ages 5-18. Adult services are available age 18 and older in inpatient and outpatient programs. Beckett Springs offers no-cost, on-site assessments, 24 hours a day, 7 days a week.

- **Addiction and Recovery Services:** Inpatient treatment for chemical dependency, inpatient detox services, rehabilitation services, partial hospitalization/day treatment and intensive outpatient program for addictions.
- **Co-Occurring Disorders**
- **Senior Mental Health and Addiction Services**
- **Initial Comprehensive Evaluation (No Cost)**
- **Inpatient Treatment and Rehabilitation**
- **Intensive Outpatient Program**
- **Partial Hospitalization/Day Treatment (Mental Wellness, Addictive Recovery Services, and Dual Diagnosis)**
- **Family Program**
- **Recovery Coaching/Peer Support**
- **Alumni Support Group**

Big Brothers Big Sisters of Butler County

www.bbbsbutler.org

1755 S. Erie Blvd Suite D
Hamilton, Ohio 45011
(513) 867-1227 or (513) 424-3397

Hours of Operation:

Monday - Friday

8:00 AM – 5:00 PM, evenings & weekends by appointment

Payment Sources:

All services are offered free of charge

Populations Served:

Children ages 6-18 who are facing adverse circumstances. Youth must be under the age of 15 to enroll. Volunteers must be over the age of 15 to mentor in a school setting and over 18 to mentor in the community.

Special Populations Served:

Children with incarcerated parents, children living with a single parent, children with mental health issues, children who are at risk of juvenile delinquency and/or children with a family history of substance abuse.

Prevention Services:

We provide one-on-one evidenced based mentoring relationships to children who are facing adversity. This program provides screening and training of the volunteer mentors as well as on-going support for the children, volunteers and family members who are involved in the program.

While children are waiting to be matched with a volunteer mentor they are encouraged to attend our Club of Unmatched Littles (COUL) activities. These occur every two weeks in the summer and bi-monthly during the school year. All activities are no cost and designed to be fun and enriching.

BrightView
brightviewhealth.com

Administrative Office

446 Morgan St.
Cincinnati, OH 45206
1-833-510-HELP (4357)

5108 Sandy Lane
Fairfield, OH 45014

Hours of Operation:

Monday - Friday
Saturday

8:00 AM – 6:00 PM
Hours vary by location

Payment Sources:

Medicaid, Medicare, Private Insurance

Populations Served:

Adults 18 and older

Special Populations Served:

Families, expecting moms, new mothers, and LGBTQA+

Addiction Recovery Services:

- Outpatient Medication Assisted Treatment (MAT)
- Medical stabilization for opiates, alcohol, and other drugs
- Individual and group counseling
- Specialized groups for pregnant moms, families, and LGBTQA+
- Case Management
- OTP (onsite pharmacy)
- Peer Recovery Support services
- Medical assessments by licensed physicians
- Telehealth
- Next day scheduling

Specialized Addiction Recovery Programs:

- Expecting moms
- New mothers
- Families
- LGBTQA+

Butler Behavioral Health Services, Inc.

www.bbhs.org

Hamilton Counseling Center

1490 University Blvd
Hamilton, Ohio 45011
(513) 896-7887

Middletown Counseling Center

1131 Manchester Ave
Middletown, Ohio 45042
(513) 422-7016

Harbor House Social Club

140 Buckeye St
Hamilton, Ohio 45011
(513) 896-7780

Health Now Care Management

1490 University Blvd
Hamilton, Ohio 45011
(513) 645-9550

Oxford Counseling Center

5223 College Corner Pike
Oxford, Ohio 45056
(513) 273-8064

Harbor House Social Club Hours:

Monday –Friday 9:00 AM – 5:00 PM

Harbor House Medical Services Hours:

Tuesday 1:00 PM – 5:00 PM

Counseling Centers Hours:

Monday & Tuesday 8:00 AM – 7:00 PM
Wednesday & Thursday 8:00 AM – 6:00 PM
Friday 8:00 AM – 4:00 PM

Crisis Consultation & Intervention: 24 hours a day, 7 days a week

Payment Sources: Ohio Medicaid, Medicare, Self-Pay, Private Insurance and Subsidy/Sliding fee scale based on income

Populations Served: Children, adolescents, adults and seniors

Mental Health Services:

- Behavioral Health Home Services for adults and youth
- Community Psychiatric Supportive Treatment (Case Management)
- Crisis Intervention
- Diagnostic Assessment
- Education/Consultation/Prevention
- Information & Referral
- Intensive Home Based Treatment
- Mental Health and Substance Use Disorder Counseling (Individual & Group)
- Pharmacological Management (Medication)
- School Based Therapy
- Vocational/Employment

Specialized Mental Health & Support Programs:

- **Crisis Consultation & Intervention (CCI):** The purpose of the CCI program is to provide a safety-net for any individual in the county who is experiencing an acute mental health emergency.
 - Mobile, county-wide service providing pre-hospital screening, crisis intervention, crisis consultation, post-crisis follow-up services, critical incident stress management and referral/linkage services. Available 24/7 for all ages.
 - Consultation/educational services to schools, juvenile detention, homeless shelters and other facilities that frequently serve individuals during a mental health emergency.

Butler County Consultation & Crisis Center: (513) 881-7180
Monday – Friday: 8:00 AM – 5:00 pm
After hours, Weekends & Holidays: 1- 844-4CRISIS (1-844-427-4747)
- **Health Now Health Home Services:** Health Now is a health home service designed to improve the physical and behavioral health of children, adolescents and adults with serious and persistent mental disorders. *Health Now* staff supplements the behavioral health and medical services each client receives in order to promote excellent care coordination among providers, to advocate for state-of-the-art medical care, to teach each client health self-management skills and to promote healthy lifestyle choices. *Note: Health Home services are limited to individuals with qualifying diagnoses and who are current recipients of Ohio Medicaid.*

Hamilton/Southern Butler County: (513) 645-9550
Middletown/Northern Butler County: (513) 261-6960
- **WINGS Intensive Home-based Treatment:** The mission of the WINGS Intensive Home-Based Treatment program is to improve the psychological functioning of youth ages 0-18 years old that are at risk of out-of-home placement and facilitate their continued placement with their family and their inclusion in mainstream community & school life.
 - Serves as a step-up for youth who fail to benefit from outpatient behavioral programs
 - Serves as a step-down from residential programs.
 - Offers intensive, non-traditional services with frequent therapeutic interventions per week and a team of providers who have low caseloads.

County-wide Services: (513) 896-7887
- **Workplace Associates Program:** The mission of Workplace Associates is to help individuals with disabilities to gain and retain employment in the community. Workplace Associates has been helping to “Quietly Create Taxpayers” since 1993, providing career services to people with various disabilities and barriers.
 - Provides vocational case management & career counseling to severely emotionally disturbed youth between the ages of 16 – 18.
 - Provides supported employment services including Career Assessment, Job Try-Outs, Individualized Job Placement, Job Coaching (at or away from the work site), and Job Retention Services for adults.
 - Service hours vary depending on work site and includes evening and weekend hours.

(513) 867-5400

- **Harbor House Clubhouse:** The mission of Harbor House Clubhouse is to improve the quality of life of adults with severe, persistent mental disorders by helping them to expand their social support, community living skills and to help their fellow members do the same. Staff facilitates this self-help, peer support process. Clients may also receive psycho-educational services designed to teach self- advocacy, promote healthy lifestyle choices, expose clients to new community resources, teach computer literacy and prepare for completion of GED. The Harbor House is also the site for integrated medical care provided by *Primary Health Solutions*.
(513) 896-7880
- **School Based Treatment:** School-based Treatment (SBT) is to provide year round counseling services within the educational setting of the child when circumstances or needs limit access to services in an outpatient setting. The SBT program strives to include parents in the treatment process and to provide access throughout the year.
(513) 896-7887

Catholic Charities Southwestern Ohio

www.ccswoh.org

1910 Fairgrove Ave, Suite B
Hamilton, Ohio 45011
(513) 863-6129

Hours of Operation:

Monday - Friday

9:00 AM – 5:00 PM, evening hours until 8:00 PM
available upon request

Payment Sources:

Ohio Medicaid, Private Insurance, Subsidy/Sliding fee
scale based on income

Populations Served:

Children, youth, families, elderly, and adults

Special Populations Served:

Immigrant and speakers of languages other than
English, Spanish-speakers

Mental Health Services:

- **Information and Screening**
- **Diagnostic Assessment**
- **Individual and Group Counseling**
- **Pharmacological Management**
- **Education Consultation and Prevention**
- **CPST**
- **Early Childhood Mental Health Consultation**

Prevention/Education Services:

- **Education Consultation and Prevention**
- **CPST**
- **Early Childhood Mental Health Consultation**

Specialized Mental Health and Support Programs

- **Bilingual Mental Health Therapy (Spanish/English):** Two counselors are available for bilingual therapy.

Community Behavioral Health

www.community-first.org

Hamilton

820 S. Martin Luther King Jr Blvd
Hamilton, Ohio 45011
(513) 887-8500

442 S. Second St
Hamilton, Ohio 45011
(513) 868-4980

Great Miami Services (GMS)

1659 S. Breiel Blvd
Middletown, Ohio 45042
(513) 424-0921

MLK Location Hours:

Monday – Friday

8:00 AM – 8:00 PM

Second St. Location Hours:

Monday – Friday

9:00 AM – 9:00 PM

Great Miami Services (GMS) Hours:

24 hours a day, 7 days a week

Payment Sources:

Caresource, Buckeye, Paramount, Aetna Better Health, Aetna, United Healthcare, Molina, Anthem, Cigna, Medical Mutual, Humana

Populations Served:

Youth children aged 5 to 18 years for mental health and substance use disorders. Adults aged 18 and above with mental health and substance use disorders. We also provide adult education services such as Anger Management. Female-only and male-only substance use disorder groups are offered for incarcerated clients within Jail Services program, which is based in Butler County Jail.

Special Populations Served:

We serve clients who are youths, homeless, incarcerated, probated, in need of detox services, and have co-occurring disorders (e.g., substance use and mental health disorders).

Mental Health Services:

- **Diagnostic Assessment**
- **Individual Counseling**
- **Pharmacological Management (Medication)**
- **Education, Consultation & Prevention**
- **Housing/Residential**
- **Community Psychiatric Supportive Treatment (Case Management)**
- **Community Linkage**
- **Mental Health and Case Management Groups**

Specialized Mental Health & Support Programs:

- **Mental Health Counseling Services:** A program designed to treat clients with adjustment and mental health disorders utilizing evidence-based interventions, such as cognitive behavioral therapy, client-centered therapy, solution-focused therapy and DBT-skills. Mental Health counselors also provide couples and family therapy sessions.
- **SAMI Court Services:** This is a court ordered program that provides Integrated Dual Diagnosis Treatment (IDDT) for offenders supervised under community control by the Butler County Court of Common Pleas. The program serves both male and female clients ages 18 and over that have been convicted of a felony offense and diagnosed with both a mental illness and a drug and/or alcohol problem. The program provides mental health assessments, pharmacological management, community psychiatric supportive treatment, behavioral health counseling/therapy (individual and group) and consultation services.
- **Intensive Case Management Program (ICM):** A voluntary program that serves adults ages 18 and over by providing intensive community psychiatric supportive treatment for adults with persistent, chronic, and severe mental health disorders. Many ICM clients have co-occurring problems with substance abuse. ICM case managers service people primarily in community settings.
- **Connections:** A short-term transitional case management program designed to assist consumers with medication needs who have been referred from Fort Hamilton Hospital, Serve City, or any other community organization that provides screenings, transitional case management, medication follow-up or monitoring, and referrals.
- **Great Miami Services (GMS):** An OhioMHAS Certified 15 bed residential facility established to meet the special needs of Butler County residents with severe mental disorders. The program serves both male and female clients ages 18 and over. At GMS, local residents can receive treatment near their family and friends. This residential facility will serve as a step-down from psychiatric inpatient hospitalization and offers 24/7 supervision by certified nursing staff, mental health support services, minor medical interventions, daily living skills development and coordination of community support services. Residents must have a qualifying primary mental health diagnosis documented prior to their admission. Services are available at Fort Hamilton Hospital, 620 Eaton Avenue in Hamilton, located at the 2 East Annex. (513) 867-3160 or (513) 867-3161
- **Mental Health Housing:** Offers apartments throughout Butler County for individuals who have mental illness, are receiving CPST (Case Management) services, and have the ability to pay rent
- **Probate Monitor:** Provides clinical oversight of consumers probated to the Butler County Mental Health Board.
- **Forensic Monitor:** Provides clinical oversight of consumers' court ordered into the mental health service community as a result of their criminal conduct.

- **Chief Clinical Officer Designee (CCOD):** Responsible for clinical oversight of Butler County mental health consumers residing in a state or local hospital that are ordered to be monitored by the forensic or probate monitoring process. The CCOD provides on-going assessments to safeguard consumers and the community while maintaining the integrity of the most appropriate level of care.
- **Sex Offender Individuals and Group Program:** This program provides evidence-based treatment to clients with a history of sex offense charges. County Probation, State Probation, and Parole primarily refer this program, though other referrals are welcome.

Addiction Recovery Services:

- **Ambulatory Detox:** This program offers detox services to clients with opiate use disorders on an outpatient basis. This program assists clients with opiate withdrawals utilizing over-the-counter and prescribed medications in a comfortable outpatient setting. Treatment typically lasts 5 to 7 days.
- **Partial Hospitalization:** This outpatient program meets five days a week for four hours a day. Client therapeutic treatment utilizes evidence-based interventions and curriculum. Clients also receive individual counseling, case management, and urinalysis testing within this treatment program.
- **Intensive Outpatient (IOP):** The groups meet four to five times a week for three hours a day, depending on the severity of client's illness. Client therapeutic treatment utilizes evidence-based interventions and curriculum. Clients also receive individual counseling, case management, and urinalysis testing within this treatment program.
- **Outpatient Treatment:** The groups meet 2 times a week for 3 hours. Client therapeutic treatment utilizes evidence-based interventions and curriculum. Clients also receive individual counseling, case management, and urinalysis testing within this treatment program.
- **Relapse Prevention:** This group is once a week for 2 hours. Clients learn relapse prevention strategies based on evidence-based interventions and curriculum. Clients also receive individual counseling, case management, and urinalysis testing within this treatment program.
- **Jail Services:** Offers assessment and intensive outpatient services to inmates located at the Butler County Jail.
- **Jail Outreach Program:** A program that helps with re-entry for individuals with substance use disorders coming out of the jail system. The program will focus on linkage to services back in the community.
- **Treatment Alternatives for Safer Communities:** Offers assessment, case management, and linkage services to clients who are chemically dependent and involved in the legal system.
- **Peer Support Services:** Provide peer support services to individuals referred for services or transitioning out of the jail system to help adjust and connect in the community.

Education Services:

- **Men and Women's Anger Management:** This group is for clients who have difficulty managing their anger, and who may have previous arrests caused by anger responses. This program provides group education for a period of 6 to 18 weeks, depending upon each client's individualized recommendation. Education consists of evidence-based interventions and curriculum. Individual sessions are offered in conjunction with group sessions. These groups are gender specific.
- **Batterer's Intervention Program:** This program is for clients with a history of physical abuse towards an intimate partner. This program provides group education for a period of 6 to 18 weeks, depending upon each client's individualized recommendation. Education consists of evidence-based interventions and curriculum. Individual sessions are offered in conjunction with group session. These groups are gender specific.
- **New Perspectives:** This program is for victims of domestic violence. The program provides group education for approximately six weeks. The program utilizes evidence-based interventions and curriculum. These groups are gender specific.
- **Corrective Thinking Group:** This program is for clients with a history of criminal or antisocial thinking patterns. The program lasts for a period of six weeks with each session lasting one and one-half hours. Group sessions consist of evidence-based curriculum, *True Thought*.
- **Theft Group:** This program is for clients with a history of stealing or theft. This is a two-part group. There is a one-time seminar lasting four hours. Most, but not all then attend six sessions that are one and one-half hour corrective thinking groups focused on the criminal thinking that goes along with stealing. This group provides evidence-based interventions and curriculum.
- **Substance Abuse Education:** This program is for clients who do not meet criteria for a substance use disorder or who have a mild substance use disorders. The length of the program is two-hour groups once a week for six weeks. Clients are drug screened and monitored for signs and symptoms of a more severe substance use disorder during their attendance. If these symptoms or positive drug screens occur, clients are referred to treatment.

DeCoach Rehabilitation Centre

www.decoachrehabctr.com

6570 Sosna Dr
Fairfield, Ohio 45014
(513) 942-HOPE (4673)

Hours of Operation:

Monday	7:00 AM – 7:00 PM
Tuesday	7:00 AM – 4:30 PM
Wednesday	7:00 AM – 7:00 PM
Thursday	7:00 AM – 7:00 PM
Friday	7:00 AM – 4:30 PM
Saturday	9:00 AM – 11:00 AM

Payment Sources:

CareSource, Molina, Aetna MyCare, United Healthcare Medicaid, United Healthcare Commercial, Buckeye, Paramount, Medical Mutual, Ohio Medicaid, Ohio Medicare, Humana Behavioral Health, Cigna Behavioral Health

Populations Served:

Families, Couples, Individuals, Elderly

Special Populations Served:

Pregnant, Veterans, Incarcerated, Probation/Parole

Mental Health Services

- **Diagnostic Assessment**
- **Counseling (Individual & Group)**
- **Pharmacological Management (Medication)**
- **Community Psychiatric Supportive Treatment (Case Management)**
- **Community Linkage**
- **Crisis Intervention**

Addiction Recovery Services

- **Withdrawal Management (WM):** The withdrawal process is one of the first major hurdles on the road to recovery. We offer a private space for clients while staff members ensure that the withdrawal process occurs in a safe and comforting manner. During withdrawal management (WM), our interdisciplinary staff will ensure you are receiving the highest quality medical care along with safely making the transition to aftercare.

- **Intensive Outpatient (IOP):** The Intensive Outpatient Treatment program (IOP) is geared towards individuals who are new to treatment or have been struggling with substance abuse for an extended period. Using ASAM criteria, those eligible for this program receive intensive treatment while fulfilling other life commitments, such as school or work. Group counseling occurs 3 times per week along with individual counseling sessions and visits with our medical staff using a person-centered approach.
- **Outpatient (OP):** The Outpatient Treatment Program (OP) is generally a “step down” from a higher level of care and allows for individuals to continue in recovery while maintaining employment or while being enrolled in further education. This program utilizes Medication Assisted Treatment (MAT) therapies coupled with a group and individual counseling to promote a successful recovery and personal approach to treatment.
- **Adult Corrections Collaboration (ACC):** This person-centered program meets required criteria for local and state probation and parole departments. Clients involved in this program attend Corrective Thinking and Anger Management groups after initial diagnostic assessment.
- **Opioid Treatment Program (OTP):** Operating as a SAMSHA certified Opioid Treatment Provider, clients can receive medications on-site while participating in IOP or OP structured groups.
- **Relapse Prevention (RP):** A follow up program to IOP and OP groups, focusing on effective ways to identify relapse warning signs and triggers. Clients utilize role-play to act out scenarios and maintain sobriety.
- **Medication-Assisted Treatment (MAT):** Our MAT program for opiate and alcohol addiction is designed in coordination with IOP or OP therapy while utilizing buprenorphine or Vivitrol as a complement to trauma focused-cognitive behavioral therapy (TF-CBT). Each patient’s treatment is individualized by a multidisciplinary team to promote holistic care and create a successful pathway toward recovery.

Prevention/Education Services:

- **Narcan Training:** In Collaboration with the Butler County Public Health District, DeCoach offers on-site Narcan trainings for any eligible providers and/or community members who may be interested.

Specialized Addiction Recovery Programs

- **Pregnant Women in Recovery:** This program focuses on providing and monitoring specialized medication dosage and neonatal care to both the expectant mother and unborn child. Coordination and linkage to outside OBGYN providers is priority in this program to overall safety for mother and child.

Envision Partnerships
www.envisionpartnerships.com

2935 Hamilton Mason Rd
Hamilton, Ohio 45011
(513) 868-2100

Hours of Operation:

Monday - Friday

8:00 AM - 4:30 PM

Payment Sources:

Contractual; contact agency for details/questions
Most services offered free of charge

Populations Served:

Butler County Residents

Prevention Services:

- **Substance abuse, behavioral health prevention, education and consultation:** A behavioral health risk reduction/strength based intervention and prevention approach for direct and indirect services.
- **Project Success:** A comprehensive/broad brush prevention program incorporating multiple prevention strategies that reach universal, selective and indicated populations (youth and adults). Includes: classroom based instruction; county and school wide prevention activities; teacher/staff training/in-services and consultations; informal screenings; problem ID/referral and parent education.
- **Butler County Youth & Community Development:** Expanding community resources and enhancing community group's ability to organize, plan and network in an effort to prevent substance use and abuse in their own communities. Youth programs meet their clients' key developmental needs by building assets. Community plays a vital role in behavioral health prevention advocacy efforts.
- **Adult Prevention Minimize Risk – Maximize Life:** Educate Butler County residents about the Low Risk Drinking Guidelines and the standard drink definition. Focus on direct service delivery, the goal is to know people intend to use the information to make low risk choices regarding their drinking decisions.
- **Butler County Gambling Prevention Project:** Utilize the current knowledge and understanding of the considerable impact of problem gambling on the health and well-being of the community. Priorities are to: Delay participation in gambling until legal age; Prevent the onset of gambling problems by reducing associated risks through public awareness and education.
- **Butler County Suicide Prevention Project:** Utilize the current data and understanding of the public health concerns of suicide in our county. Evidence-based suicide prevention programs are available for youth. Evidence-based suicide prevention training is available for adults who work with at-risk populations.

Forensic Evaluation Service Center

www.forpsycheval.org

101 High St 3rd Floor
Hamilton, Ohio 45011
(513) 869-4014

Hours of Operation:

Monday - Friday

8:30 AM - 4:30 PM

Payment Sources:

Cash, Credit and Some Board Funding (Assessments Only)

Populations Served:

Assessment only of adults and youth, older adults, those with severe mental illness and/or intellectual disabilities referred through and by the courts or government agencies.

Special Populations Served:

Court-ordered and court-involved individuals

Mental Health and Addiction Recovery Services:

- Assessment only for court-involved individuals

Prevention/Education Services:

- Mandatory parenting education for divorcing adults

LifeSpan, Inc.
www.lifespanohio.org

1900 Fairgrove Ave
Hamilton, Ohio 45011
(513) 868-3210

Hours of Operation:

Monday - Friday

8:00 AM - 5:00 PM

Payment Sources:

Self-pay, Some Board Funding and Other Funding Sources

Populations Served:

Adults, teens, families and developmentally disabled

Specialized Mental Health Support Programs:

- **Representative Payee Program:** LifeSpan partners with the Social Security Administration to manage money and pay bills for those adults with disability or mental illness who cannot manage on their own, ensuring that bills are paid on time to keep rent and utilities current and lives stable. We also provide a Private Pay Payee Program for individuals who desire a payee service that can help them establish a budget and take over paying their bills with their deposited funds for a contracted period of time.
- **Guardianship Program:** LifeSpan court-appointed guardians have a dramatic impact on the quality of life of our community's most vulnerable residents by providing stability, safety and companionship to adults 18 and up that need someone to manage life changes and decisions when they cannot manage them on their own due to mental illness or disability.
- **School Based Support Services:** LifeSpan's School Based Support Workers (SBSW) reduce and/or remove the barriers to academic achievement and increase students' social-emotional development and overall mental health. SBSW's work every day in local high school buildings to provide support to students, families and school staff. This service takes many shapes, according to the identified needs of the students and families. The School Based Support Service Program is uniquely positioned to provide:
 - Prevention services that help engage students to build skills allowing for personal and academic success
 - Intervention services including assessment of student needs, goal driven achievement plans, individual face-to-face support, and support groups (anger management, life skills)
 - Crisis Intervention support during times of crisis and referral to an appropriate professional or service in the community

- Information and Referral Services including medical, food, housing, employment needs, educational opportunities, day care and positive community activities.
- Collaboration with school staff to support students as appropriate

Maryhaven

maryhaven.com

Maryhaven Main Campus,
Women's Center & Addiction
Stabilization Center
1791 Alum Creek Dr.
Columbus, OH 43207
(614) 445-8131

Maryhaven Delaware
88 N. Sandusky St.
Delaware, OH 43015
(740) 203-3799

Maryhaven at the Mills Center
715 S. Plum St.
Marysville, OH 43040
(937) 644-9192

Maryhaven Bucyrus
137 Stetzer Road South
Bucyrus, OH 44820
(419) 562-1740

Gambling Intervention Services (One More Chance)
1430 S. High St.
Columbus, OH 43207
(614) 324-5425
By Appointment Only

Maryhaven Mt. Gilead
245 Neal Ave.
Mt. Gilead, OH 43338
(419) 946-6734

Maryhaven Marion
333 E. Center St.
Marion, OH 43302
(740) 375-5550

Hours of Operation:

Main Campus

24 hours a day, 7 days a week

After Hours Admissions by Appointment Only

Monday-Thursday

8:00 AM – 4:00 PM, Delaware, Mt Gil., Mills

8:00 AM – 4:00 PM, Marion

8:00 AM – 5:00 PM, Bucyrus, Gambl. Serv.

Friday

8:00 AM – 5:00 PM, Delaware, Mt Gil., Mills, Gambl. Serv.

8:00 AM – 3:00 PM, Marion, Bucyrus

Payment Sources:

Ohio Medicaid, Medicare, Private Insurance, and Sliding
fee scale based on income

Populations Served:

Adults and adolescents

Addiction Recovery Services:

- **Assessment and Evaluation**
- **Housing and Residential**
- **CPST (Case Management)**
- **Peer Support**
- **Individual/Group Counseling**
- **Intensive Outpatient Treatment**

- **MAT – Psychiatry**
- **Detox**
- **Pharmacological Mgmt. (Medication)**
- **Prevention**
- **Education and Consultation**
- **Information, Screening and Referral**

Mental Health Services:

- **Assessment and Evaluation**
- **Housing and Residential**
- **CPST Services (Case Management)**
- **Peer Support**
- **Individual/Group Counseling**
- **Partial Hospitalization/Day Treatment**
- **Emergency (Crisis Intervention or Hotline)**
- **Pharmacological Mgmt. (Medication)**
- **Education, Consultation and Prevention**
- **Information, Screening and Referral**
- **Forensic Evaluations**
- **Vocational and Employment**

Specialized Programs and Services:

- **Residential Program:** Provides dual diagnosis treatment services in a safe and structured living environment for residents who struggle with a multitude of issues including addictive, behavioral and mental health disorders.

NAMI Butler County

www.nami-bc.org

5963 Boymel Dr
Fairfield, OH 45014
Office: (513) 860-8386 or (513) 860-8387

Hours of Operation:

Varies – Contact NAMI Butler County or visit the website for more information and/or to register for classes and events.

Populations Served:

Families, friends and individuals who have been impacted by mental health issues. All services provided are free of charge.

Programs and Services:

- **Family to Family Class:** Free 12 week evidence-based education program providing support and education to family members and friends of individuals who are living with mental illness. Classes are taught by trained family members and graduates of the program. In addition to learning about treatment strategies, and how to more effectively communicate with loved ones, many participants also find the emotional support they receive crucial during their loved ones' times of illness and stress. Registration required. See website (above) for class times and to register.
- **Family Support Group:** For family and friends of individuals struggling with mental health disorders. See website (above) for times and locations.
- **NAMI Basics Class:** Free 6 week program that fosters learning, healing and empowerment among parents and families of children with emotional/mental/neurobiological disorders. Registration required. See website (above) or call the office for more information.
- **NAMI Connection Recovery Support Group:** Peer-facilitated support group for adults living with mental illness. Group provides an opportunity to share challenges, strategies, and successes with others who understand. See website (above) for times and locations.
- **Educational Meetings:** Held the third Thursday of the month at 7:00 pm, NAMI Educational Meetings host speakers presenting on a variety of mental health educational topics. Adults welcome, no registration required. See website (above) for location and monthly topic.
- **Community Presentations:** NAMI staff and volunteers provide presentations to community groups to increase understanding of mental health conditions and their impact on the community, business, families and individuals. Please call the office for further information.

- **Lending Library:** Open before monthly Educational Meetings, classes and support groups held at the NAMI Butler County office. Library features fiction and non-fiction books on a variety of mental health topics.
- **NAMI Walk:** Single largest community awareness event for mental health in Butler County. Held the second Saturday of October at the Fitton Center for Creative Arts in Hamilton, Ohio.
- **Speakers' Bureau /In Our Own Voice:** Volunteer speakers dedicated to promoting better understanding of mental illness, living in recovery, and living with a loved one with an illness.
- **Annual Awards Dinner:** An annual dinner held to recognize outstanding contributions in service to families and individuals in Butler County and the surrounding area who have been impacted by mental health disorders and/or addiction.

Sojourner Recovery Services

www.sojournerrecovery.com

Administrative Office

Call for client service locations

515 Dayton St
Hamilton, Ohio 45011
(513) 868-7654

Assessment Center

1430 University Blvd
Hamilton, Ohio 45011
(513) 896-3465

Hours of Operation:

Monday – Friday
Monday – Friday

8:00 AM – 4:30 PM, Dayton St, Administrative Office
8:00 AM – 2:00 PM, University Blvd, Assessment Cnt
Walk-In Assessments Available

Payment Sources:

Medicaid, Private Insurance and Subsidy/Sliding fee scale based on income

Populations Served:

Adults and adolescents suffering from addiction

Special Populations Served:

Pregnant women and families

Mental Health Services:

- **Psychiatric Evaluation**
- **Mental Health Prescriptions and Prescription Monitoring**

Addiction Recovery Services:

- **Medication Assisted Treatment Services**
- **Assessment**
- **Case Management**
- **Individualized Treatment Planning**
- **Comprehensive Group Counseling**
- **Individual and Family Counseling**

Specialized Programs:

- **Residential Program:** Provides a residential level of care for women and men over the age of 18 struggling with a substance abuse disorder.
- **Intensive Outpatient Program:** Provides an outpatient level of care four to five days a week for women and men struggling with a substance abuse disorder.
- **Non-Intensive Outpatient Program:** Provides an outpatient level of care two days a week for women and men struggling with a substance abuse disorder.
- **Adolescent Outpatient Program:** Provides an outpatient level of care two days a week for adolescents under the age of 18 struggling with a substance abuse disorder.

- **Motherhood and Maternity Addiction Services (MAMAS) Program:** A holistic program providing complete wraparound services that stabilize and strengthen the lives of pregnant women suffering with an addiction. In addition to mental health and addiction treatment, the Motherhood and Maternity Addiction Services Program fills traditional gaps in services for education, employment, housing, and childcare. This program brings together public and private entities that focus on prevention services, addiction treatment, recovery housing, and employment.
- **Recovery Housing Program:** Provides a safe home for male and female outpatient clients who lack stable living options.
- **Pre-Contemplation Program:** Provides early engagement outpatient level of care treatment services to clients currently on the waitlist for residential services.
- **Perinatal Program:** Provides educational and prevention services for pregnant women and women of child-bearing age who are struggling with a substance abuse disorder.
- **Drug Court Program:** Offered to those struggling with an addiction and have legal charges through various County and Municipal Courts.
- **Peer Support Program:** Provides certified Peer Support Specialists who provide support, through their own lived experience, to individuals who are dealing with issues pertaining to mental health, psychological trauma or substance use. A Peer Support Specialist is someone who has completed the State of Ohio requirements for certification.

St. Aloysius
www.staloysiuscincinnati.org

3101 Dixie Highway
Hamilton, Ohio 45015
(513) 737-3400

Hours of Operation:

Monday – Friday

7:30 AM – 6:00 PM

Payment Sources:

Ohio Medicaid, Self-Pay, Private Insurance and
Subsidy/Sliding fee scale based on income

Populations Served:

Children ages 3 and up, families and individuals up to
age 21 if developmentally disabled

Mental Health Services:

- **Community Psychiatric Supportive Treatment (Case Management)**
- **Counseling (Individual & Group)**
- **Diagnostic Assessment**
- **Information, Screening, and Referral**
- **Pharmacological Management (Medication)**
- **Day Treatment**

Specialized Mental Health & Support Programs:

- **Teaching Family Model (TFM):** Used in Day Treatment, Behavioral Health Counseling and Community Psychiatric Supportive Treatment.
- **School Based Mental Health Services:** Counseling services conducted at various schools throughout Butler County.
- **School Based Day Treatment Services:** Day Treatment services conducted at Bridgeport Elementary, Ross Middle School, and Talawanda Middle School.
- **Trauma Responsive Treatment:** Used in individual, group and family counseling, CPST, PH/Day Treatment and Psychiatric Consultation. Includes specific treatment practices such as:
 - Parent/Child Interactive Therapy
 - Play Therapy
 - Trauma Focused Cognitive Behavior Therapy
 - The Sanctuary Model

- **Cambridge School:** St. Aloysius School is an Ohio independent private charter school. The school serves children in grades K-8 who are classified as Severely Emotionally Disturbed (SED). The school is equipped to provide individualized services in classrooms with a 1:4 teacher/pupil ration. There is a half-day school that operates in conjunction with the day treatment program. There is also a standalone day treatment program; the child's home school district is responsible for educational services in this program.

St. Joseph Orphanage

www.sjokids.org

Butler County Office

6975 Dixie Highway
Fairfield, Ohio 45014

Oxford Resource Center

5455 College Corner Pike
Oxford, Ohio 45056

Contact Central Access to Get Started:

Phone: (513) 741-3100 ext. 2214

Admissions@sjokids.org

Fax: (513) 741-0875

Office Hours:

Monday – Friday

8:30 AM – 5:00 PM (Hours may vary by service)

Open Access Walk-in Hours (Diagnosis Assessment):

Wednesday – Thursday

8:30 AM – 3:00 PM, Butler County Office

Wednesday

Appointments Available, Oxford Resource Center

Appointments Available

No wait list, other locations

MEDSOM Walk-in Hours (Psychiatric & Medication Management):

Must use Open Access and be an established client to utilize Walk-in Hours

Wednesday

8:30 AM – 12:00 PM, Butler County Office

Friday

8:30 AM – 12:00 PM, Butler County Office

Appointments Available

No wait list, other locations

Payment Sources:

Ohio Medicaid, Self-Pay, Private Insurance and
Subsidy/Sliding fee scale based on income.

Accommodations:

Transportation & Interpreting Services Available

Populations Served:

Children & adolescents ages 3-24 and family members
of child and adolescent clients.

Mental Health Services:

- **Assessment (Diagnostic)** walk in hours available
- **Pharmacological Management (Medication)** walk in hours available
- **Community Psychiatric Supportive Treatment (Case Management)**
- **Site Based or Home Based Counseling Services (Individual & Family)**
- **Intensive Home Based Treatment**
- **Transition To Independence**
- **Specialized Therapeutic Education Programs**
- **Partial Hospitalization/Day Treatment – Group Therapy**
- **Residential Crisis Stabilization**
- **Therapeutic Foster Care & Foster Parent Trainings**
- **Independent Living Services**
- **Parent Child Interactive Therapy**
- **Dialectical Behavioral Treatment**
- **Substance Use Disorder & Dual Diagnosis**

Specialized Mental Health & Addiction Recovery Programs (Ages 3-24):

- **Site Based or Home Based Counseling Services (Individual & Family):** Individual, group and family therapy for youth with home, school, and office based settings.
- **Intensive Home Based Treatment:** a strength-based and family driven mental health service designed to meet the needs of youth with serious emotional disturbances who are at risk of out-of-home placement or who are returning home from placement. Our program is also designed to help youth who need a high intensity of mental health interventions to stabilize potential safety concerns.
- **Transition To Independence:** Intensive outpatient services focusing on a successful transition into adulthood.
- **Specialized Therapeutic Education Programs:** Therapeutic learning environment for students K-12. Individualized instruction and structured classrooms.
- **Partial Hospitalization/Day Treatment – Group Therapy:** Daily group therapy offers a therapeutic peer environment to support positive social and emotional development and relationships. After school option also available.
- **Residential Crisis Stabilization:** Providing a highly structured and secured living environment to assist youth with severe emotional or behavioral concerns.
- **Foster Care (Traditional & Therapeutic):** Providing therapeutic foster homes for children birth to 21, with a special focus on youth with behavioral health concerns.
- **Foster Parent Training:** Provide training to new and existing Ohio foster parents in order to become a state licensed foster parent or to keep your foster parent license current.
- **Independent Living Services:** Community based apartments for youth transitioning to adulthood, including those aging out of foster care. On-site resident manager, life coach and case manager.
- **Substance Use Disorder Services:** Community and site based substance use therapy. Assessment, Early Intervention Treatment, Dual Diagnoses using Motivational Interviewing and Cognitive Behavioral Treatment

Talbert House
www.talberthouse.org

Union Day School

7116 Office Park Dr.
West Chester, Ohio 45069
(513) 785-6900

Passages

1515 Carll St
Cincinnati, OH 45225
(513) 872-8884
By Referral Only

Therapeutic Day School Hours:

Monday – Friday

7:00 AM – 2:30 PM

Outpatient Hours:

Tuesday, Wednesday, and Thursday

4:00 PM – 8:00 PM

School Based Services and Therapeutic Intervention Program (TIP) Hours:

Monday - Friday

8:00 AM – 4:00 PM

Passages Hours:

24 hours a day, 7 days a week (By Referral Only)

Payment Sources:

Ohio Medicaid, Self-Pay, Private Insurance (out of network) and Subsidy/Sliding fee scale based on income and household size

Populations Served:

Children (ages 3-12); adolescents (13- 18 & up to 21 if still in high school); school based youth at Madison District Schools

Mental Health Services:

- **Diagnostic Evaluation**
- **Case Management Individual and Group – Community Psychiatric Supportive Treatment and Therapeutic Behavioral Services**
- **Psychotherapy/Counseling Individual and Group**
- **Medication Evaluation and Management**
- **Mental Health Consultation**

Specialized Mental Health & Support Programs:

- **Therapeutic Day School at Union Day:** Referrals must come from home school district to the Butler County Education Services Center.
- **Therapeutic Intervention Program (TIP):** Referrals must come from Butler County Jobs and Family Services.
- **School Based Services:** Serving Madison School District. Services may be provided in the school, home, and community settings.
- **Passages:** Adolescent residential treatment for girls admitted by referral for mental health disorder or substance abuse.

Transitional Living

www.tliving.org

Hamilton Office

2052 Princeton Rd
Hamilton, Ohio 45011
(513) 863-6383

Middletown Office

1131 Manchester Ave
Middletown, Ohio 45042
(513) 422-4004

Hours of Operation:

Monday – Friday

8:00 AM –5:00 PM

Payment Sources:

Ohio Medicaid, Self-Pay and Subsidy/Sliding fee scale based on income (Please call if you have other insurances or questions)

Populations Served:

Adults 18 and older with severe mental illness

Special Populations Served:

Homeless persons in Butler County, as well as those with Butler County Court involvement and those who are incarcerated in the Butler County Jail.

Mental Health Services:

- **Case Management/Coordination and Support**
- **Counseling (Individual & Group)**
- **Psychiatric Diagnostic Assessment**
- **Psychiatric Services (Medication)**
- **Residential Treatment**
- **Information, Screening & Referral**

Specialized Mental Health & Support Programs:

- **PATH Homeless Outreach Program:** Services provided to consumers from the PATH Team staff are outreach and engagement. Individuals who are homeless or are at high risk for being homeless in the community, who have severe and persistent mental health needs make up the targeted population. The PATH Team provides outreach into the community to locations and areas that these individuals may be living or frequenting. Many of the referrals into this program are initiated by PATH staff; however, many referrals also come from community individuals, police & fire departments, churches, and other agencies that provide basic needs services to these individuals. The goal of the program is to engage these individuals into mainstream services such as housing, psychiatry, counseling, and other mental health services including medical treatment.
- **Outreach Program:** Aggressive outreach into the community through follow-up with area Courts, Common Pleas Courts, Municipal Courts, Jails, Police Departments as well as ride alongs with police in Butler County to improve referral accessibility for mental health services and other appropriate social service resources.

- **Treatment Alternative Court:** Our Mental Health Court Outreach Team works with the Fair Municipal Court in their Treatment Alternative Court Program as well as with the Hamilton Municipal Court, in their Mental Health Court program. These programs work with Butler County Residents who are charged with misdemeanor crimes and also have a diagnosis of severe and persistent mental illness. Individuals are referred to the program through the Judge, family members, attorneys, and often through the police. Individuals who qualify for this program would be eligible for specialized mental health services and programming, may be eligible to avoid jail time by participating in treatment in lieu of incarceration.
- **Treatment and Assessment Program (TAP): This Residential Program** provides 24-hour intensive supervision and skill building for Butler County residents ages 18 and older who have been diagnosed with severe and persistent mental health disorders. Residents are referred from community hospital psychiatric units, Summit Behavioral Healthcare, family, friends, or clients may refer themselves. The capacity is 25 residents. The program is designed to improve psychiatric stability, and provide support and training in the development of independent living skills. Medications are monitored by staff while the resident is on grounds, and staff work with residents on increasing their understanding of their medications. Throughout their stay at TAP, residents work closely with their other treatment providers, such as their Case Manager, Medical staff, or possibly a Therapist, since our TAP building is on the same grounds as our Administration building where these providers are located. Outings to the community are part of the schedule of activities. The TAP program works cooperatively with each resident and their treatment providers towards a goal of discharging to community housing at their highest level of functioning, or to determine the best long term residential setting.
- **Jail Services:** Provides crisis intervention, education/prevention, consultation, referral, discharge planning and case coordination to inmates identified as being in need of mental health services in the Butler County Jail.

YWCA of Hamilton, Ohio

www.ywcahamilton.com

244 Dayton St
Hamilton, Ohio 45011
(513) 856-9800

Hours of Operation:	24 hours a day, 7 days a week
Payment Sources:	Subsidy/Sliding fee scale based on income for the uninsured, Section 8, and Medicaid. Clients are required to pay 40% of income towards rent. Clients are not required to have a source of income
Populations Served:	Women, ages 18 and up, in need of supportive housing
Special Populations Served:	Homeless, Female Transitional Youth, Disabled, and Women with a Mental Health Diagnosis

Mental Health Services:

- **Community Psychiatric Supportive Treatment (Case Management):** Community Psychiatric Supportive Treatment (CPST) provides an array of services that address the individualized mental health needs of the client. The purpose is to provide specific, measureable, and individualized services to each person served.
- **Housing/Residential Care:** Housing consists of each client having their own efficiency apartment. Each apartment has a full bathroom and kitchenette. Residential Care offers supportive services to each client to assist them to live successfully and independently.
- **Diagnostic Assessment:** A Diagnostic Assessment is a structured interview that gathers information to determine a client's mental health diagnosis.
- **Life Skills Instruction:** Life Skills Instruction is completed in individual and group settings. Life Skills are skills that are necessary for full participation in everyday life. Life skills are abilities that enable clients to deal effectively with the demands and challenges commonly encountered in daily human life.
- **Medication Support:** The Medication Support Program assists clients to develop an individualized system to take their medications as prescribed. This includes creating a comprehensive list of prescribed medications. The program can also include assisting clients in the following ways: establishing a weekly medication box, organizing a medication schedule, setting phone alarms for medication times, creating a schedule to order refills, securing medications, and any other task requested by the client. The program is an educational as well as accountability process. The goal of the program is for clients to know what medications they are prescribed and to take them as directed. When clients take their medications as prescribed; it helps them maintain psychiatric stability and stay out of the hospital.

Anxiety Survey

Generalized Anxiety Disorder (GAD-7) Anxiety Scale

Over the last 2 weeks, how often have you been bothered by the following problems?	Not at all	Several days	More than half the days	Nearly every day
1. Feeling nervous, anxious or on edge	0	1	2	3
2. Not being able to stop or control worrying	0	1	2	3
3. Worrying too much about different things	0	1	2	3
4. Trouble relaxing	0	1	2	3
5. Being so restless that it is hard to sit still	0	1	2	3
6. Becoming easily annoyed or irritable	0	1	2	3
7. Feeling afraid as if something awful might happen	0	1	2	3

Scoring: Sum the numerical answers to questions number 1 through 7.

<u>Score</u>	<u>Severity</u>
0-4	None-Minimal
5-9	Mild
10-14	Moderate
15-21	Severe

If you are feeling overwhelmed, depressed or unable to do the things you once enjoyed, it may be time to pause and assess your emotional health.

Please note that suicidality is not assessed in this survey.

If you feel you may be at risk or have thoughts about harming yourself or others, please seek immediate help from a medical professional.

Call 911 or the 24/7 Crisis Hotline at 1-844-4CRISIS (1-844-427-4747).

Depression Survey

Patient Health Questionnaire (PHQ-9) Depression Scale

Over the last 2 weeks, how often have you been bothered by the following problems?	Not at all	Several days	More than half the days	Nearly every day
1. Little interest or pleasure in doing things	0	1	2	3
2. Feeling down, depressed, or hopeless	0	1	2	3
3. Trouble falling or staying asleep, or sleeping too much	0	1	2	3
4. Feeling tired or having little energy	0	1	2	3
5. Poor appetite or overeating	0	1	2	3
6. Feeling bad about yourself or that you are failure or have let yourself or your family down	0	1	2	3
7. Trouble concentrating on things, such as reading the newspaper or watching television	0	1	2	3
8. Moving or speaking so slowly that other people could have noticed? Or the opposite – being so fidgety or restless that you have been moving around a lot more than usual	0	1	2	3
9. Thoughts that you would be better off dead or of hurting yourself in some way	0	1	2	3

Scoring: Sum the numerical answers to questions number 1 through 9.

<u>Score</u>	<u>Severity</u>
0-4	None-Minimal
5-9	Mild
10-14	Moderate
15-19	Moderately Severe
20-27	Severe

If you are feeling overwhelmed, depressed or unable to do the things you once enjoyed, it may be time to pause and assess your emotional health.

Please note that suicidality is not assessed in this survey.

If you feel you may be at risk or have thoughts about harming yourself or others, please seek immediate help from a medical professional.

Call 911 or the 24/7 Crisis Hotline at 1-844-4CRISIS (1-844-427-4747).

Substance Abuse Survey

Self-Administered Screening Instrument

The questions that follow are about your use of alcohol and other drugs. Mark the response that best fits for you. Answer the questions in terms of your experiences in the past 6 months.

- | | |
|--|---------------|
| 1. Have you used alcohol or other drugs (Such as wine, beer, hard liquor, pot, coke, heroine or other opioids, uppers, downers, hallucinogens, or inhalants) | <i>Y or N</i> |
| 2. Have you felt that you use too much alcohol or other drugs? | <i>Y or N</i> |
| 3. Have you tried to cut down or quit drinking or using alcohol or other drugs? | <i>Y or N</i> |
| 4. Have you gone to anyone for help because of your drinking or drug use? (Such as Alcoholics Anonymous, Narcotics Anonymous, Cocaine Anonymous, counselors, or a treatment program) | <i>Y or N</i> |
| 5. Have you had any health problems? For example, have you:
- Had blackouts or other periods of memory loss?
- Injured your head after drinking or using drugs?
- Had convulsions, delirium tremens ("DTs")?
- Had hepatitis or other liver problems?
- Felt sick, shaky or depressed when you stopped using alcohol or drugs?
- Felt "coke bugs" or a crawling feeling under the skin after you stopped using drugs?
- Been injured after drinking or using?
- Used needles to shoot drugs? | <i>Y or N</i> |
| 6. Has drinking or other drug use caused problems between you and your family or friends? | <i>Y or N</i> |
| 7. Has your drinking or other drug use caused problems at school or at work? | <i>Y or N</i> |
| 8. Have you been arrested or had other legal problems? (Such as bouncing bad checks, driving while intoxicated, theft or drug possession) | <i>Y or N</i> |
| 9. Have you lost your temper or gotten into arguments or fights while drinking or using other drugs? | <i>Y or N</i> |

Assessment continues on the next page ➞

Substance Abuse Survey

Self-Administered Screening Instrument (Continued)

10. Are you needing to drink or use drugs more and more to get the effect you want? *Y or N*

11. Do you spend a lot of time thinking about or trying to get alcohol or other drugs? *Y or N*

12. When drinking or using drugs, are you more likely to do something you wouldn't normally do, such as break rules, break the law, sell things that are important to you, or have unprotected sex with someone? *Y or N*

13. Do you feel bad or guilty about your drinking or drug use? *Y or N*

The next questions are about your lifetime experiences:

14. Have you ever had a drinking or other drug problem? *Y or N*

15. Have any of your family members ever had a drinking or drug problem? *Y or N*

16. Do you feel that you have a drinking or drug problem now? *Y or N*

Scoring: Questions 1 and 15 are not scored.

Give yourself 1 point for every **Yes** circled and add sum of questions 2 through 14 and 16.

<u>Score</u>	<u>Degree of Risk for Substance Abuse</u>
0-1	None-Low
2-3	Minimal
≥4	Moderate to High: Possible need for further assessment

Please note that suicidality is not assessed in this survey.

If you feel you may be at risk please seek immediate help from a medical professional.
Call 911 or the 24/7 Crisis Hotline at 1-844-4CRISIS (1-844-427-4747).

