

Mental Health and Addiction Recovery Services Guide

2017-2018



**YOUR JOURNEY TO RECOVERY
STARTS HERE**

**Butler County Mental Health &
Addiction Recovery Services Board**

5963 Boymel Drive
Fairfield, Ohio 45014

Phone: 513.860.9240
Fax: 513.860.9241

www.bcmhars.org

The Butler County Mental Health and Addiction Recovery Services Board is a county government organization that oversees the community mental health and addiction service system in Butler County. Mental health and addiction services are available to Butler County citizens through local certified mental health and addiction recovery provider agencies.

Mission Statement

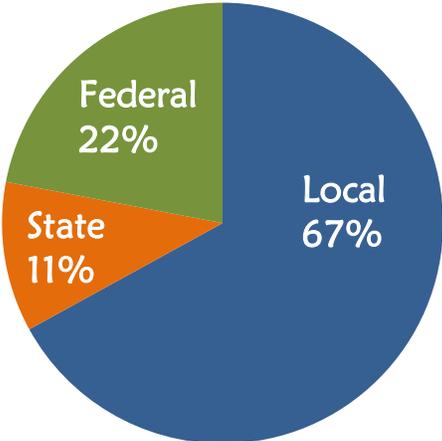
The mission of the Butler County Mental Health and Addiction Recovery Services Board, in partnership with the community, is to provide a comprehensive recovery oriented system of care and prevention. In addition, the Board will continue to improve the quality of life of Butler County citizens through the support of addiction and mental health recovery services.

Vision Statement

The vision of the Butler County Mental Health and Addiction Recovery Services Board is to ensure a system of care that is best practice based, financially stable and publicly funded. Butler County residents will be provided services and support that are preventative, impactful and measurable.

Funding

Public mental health and addiction recovery services in Ohio are funded by a combination of federal, state and local tax dollars.



Butler County Mental Health and Addiction Recovery Services Board Funding Fiscal Year 2017

Please Note: Not all services listed in this guide are supported by Board funding.

 <p>Butler County Mental Health & Addiction Recovery Services Board</p> <p>Addiction Recovery Services 2017-2018</p>	Information, Screening & Referral	Peer Support	Diagnostic Assessment	Social & Recreational	Education & Consultation	CPST Services (Case Management)	Housing/Residential	Detox	Intensive Outpatient Treatment	MAT - Psychiatry	Prevention	Pharmacological Mgmt. (Medication)	Individual/Group Counseling
<p>Access Counseling Services 4464, 4448, 4432 S. Dixie Highway, Middletown 2114 Central Ave, Middletown 20 S. Breiel Blvd, Middletown (513) 649-8008 page 9</p>	✓		✓		✓	✓			✓	✓	✓	✓	✓
<p>Big Brothers Big Sisters of Butler County 1755 S. Erie Blvd Suite D, Hamilton (513) 867-1227 or (513) 424-3397 page 14</p>				✓	✓					✓			
<p>Butler Behavioral Health Services, Inc. 1490 University Blvd, Hamilton (513) 896-7887 1131 Manchester Ave, Middletown (513) 422-7016 page 15</p>	✓	✓	✓		✓	✓			✓	✓		✓	✓
<p>Center for Addiction Treatment 830 Ezzard Charles Dr, Cincinnati (513) 381-6672 page 19</p>			✓					✓	✓				✓
<p>Community Behavioral Health Services 820 S. Martin Luther King Blvd, Hamilton (513) 887-8500 1659 S. Breiel Blvd, Middletown (513) 424-0921 442 S. Second St, Hamilton (513) 868-4980 page 20</p>	✓	✓	✓		✓	✓			✓	✓		✓	✓
<p>DeCoach Rehabilitation Centre 6570 Sosna Dr, Fairfield (513) 942-HOPE (4673) page 24</p>	✓		✓		✓					✓		✓	✓
<p>Envision Partnerships 2935 Hamilton Mason Rd, Hamilton (513) 868-2100 page 25</p>					✓						✓		
<p>Forensic Evaluation Service Center** 101 High St 3rd Floor, Hamilton (513) 869-4014 page 26</p>			✓										
<p>Lumiere Healing Centers 7593 Tylers Place Blvd, West Chester (513) 714-3389 page 28</p>			✓	✓			✓	✓	✓			✓	✓
<p>Modern Psychiatry & Wellness, LLC 621 S. Erie Blvd, Hamilton (513) 795-7557 6942 Tylersville Rd, West Chester (513) 868-0055 page 29</p>	✓		✓		✓	✓	✓	✓	✓	✓		✓	✓
<p>Sojourner Recovery Services 515 Dayton St, Hamilton (513) 896-3465 page 33</p>	✓	✓	✓		✓	✓	✓		✓	✓	✓	✓	✓

 <p>Butler County Mental Health & Addiction Recovery Services Board</p> <p>Mental Health Services 2017 - 2018</p>	Information, Screening & Referral	Diagnostic Assessment	Individual/Group Counseling	Pharmacological Mgmt. (Medication)	Emergency (Crisis Intervention or Hotline)	Partial Hospitalization/ Day Treatment	Social & Recreational	Education, Consultation & Prevention	Vocational & Employment	Peer Support	Housing/Residential	Forensic Evaluations	CPST Services (Case Management)	Guardianship
<p>Access Counseling Services 4464, 4448, 4432 S. Dixie Highway, Middletown 2114 Central Ave, Middletown 20 S. Breiel Blvd, Middletown (513) 649-8008 page 9</p>		✓	✓	✓	✓			✓					✓	
<p>Beckett Springs Hospital 8614 Shepherd Farm Dr, West Chester (513) 942-9500 page 12</p>	✓	✓	✓	✓	✓	✓		✓						
<p>Butler Behavioral Health Services, Inc. 1490 University Blvd, Hamilton (513) 896-7887 1131 Manchester Ave, Middletown (513) 422-7016 5223 College Corner Pike, Oxford (513) 273-8064 page 15</p>	✓	✓	✓	✓	✓		✓	✓	✓	✓			✓	
<p>Catholic Charities Southwestern Ohio 1910 Fairgrove Ave, Suite B, Hamilton (513) 863-6129 page 18</p>	✓	✓	✓	✓				✓					✓	
<p>Community Behavioral Health Services 820 S. Martin Luther King Blvd, Hamilton (513) 887-8500 1659 S. Breiel Blvd, Middletown (513) 424-0921 442 S. Second St, Hamilton (513) 868-4980 page 20</p>		✓	✓	✓				✓		✓	✓	✓	✓	
<p>Forensic Evaluation Service Center** 101 High St 3rd Floor, Hamilton (513) 869-4014 page 26</p>												✓		✓
<p>LifeSpan, Inc. 1900 Fairgrove Ave, Hamilton (513) 868-3210 page 27</p>														✓



**Butler County
Mental Health & Addiction
Recovery Services Board**

**Mental Health Services
2017 - 2018**

	Information, Screening & Referral	Diagnostic Assessment	Individual/Group Counseling	Pharmacological Mgmt. (Medication)	Emergency (Crisis Intervention or Hotline)	Partial Hospitalization/Day Treatment	Social & Recreational	Education, Consultation & Prevention	Vocational & Employment	Peer Support	Housing/Residential	Forensic Evaluations	CPST Services (Case Management)	Guardianship
Modern Psychiatry & Wellness, LLC 621 S. Erie Blvd, Hamilton (513) 795-7557 6942 Tylersville Rd, West Chester (513) 868-0055 page 29	✓	✓	✓	✓				✓	✓					
NAMI Butler County 5963 Boymel Dr, Fairfield (513) 860-8386 or (513) 860-8387 page 31	✓							✓						
Sojourner Recovery Services 515 Dayton St, Hamilton (513) 896-3465 page 33										✓				
St. Aloysius 3101 Dixie Highway, Hamilton (513) 737-3400 page 35		✓	✓	✓		✓		✓					✓	
St. Joseph Orphanage 6975 Dixie Highway, Fairfield 5455 College Corner Pike, Oxford (513) 741-3100 page 36		✓	✓	✓		✓	✓	✓					✓	
Talbert House Union Day School 87116 Office Park Dr, West Chester (513) 785-6900 page 38		✓	✓	✓				✓			✓		✓	
Transitional Living 2052 Princeton Rd, Hamilton (513) 863-6383 1131 Manchester Ave, Middletown (513) 422-4004 page 40	✓	✓	✓	✓	✓*						✓		✓	
YWCA Goodman Place Program 244 Dayton St, Hamilton (513) 856-9800 page 42	✓	✓									✓		✓	

*Only at the Butler County Jail
 ** Only Court-ordered evaluations

Contact the Butler County Mental Health & Addiction Recovery Services Board
 for more information at (513) 860-9240

Mental/Behavioral Health and Addiction Service Descriptions

Ambulatory Detoxification – Face-to-face interactions with an individual who is suffering mild to moderate symptoms of withdrawal, for the purpose of alcohol and/or drug detoxification.

Assessment – The evaluation of an individual to determine the nature and extent of his/her mental illness and/or abuse, misuse and/or addiction to alcohol and/or other drugs.

Case Management – Activities provided to assist and support individuals in gaining access to needed medical, social, educational and other services essential to meeting basic human needs.

Community Psychiatric Supportive Treatment (CPST) – Provides a number of services delivered by community-based, mobile individuals or multidisciplinary teams of mental health care professionals and trained others. Services address the individual needs of clients and focus on an individual's ability to succeed in the community; to identify and access needed services, and to show improvement in school, work and family and contributions in the community.

Diagnostic Assessment – Is a clinical mental health and/or substance misuse evaluation provided by an eligible professional at the beginning of treatment or in response to treatment, or when significant changes occur. It is a process of gathering information to assess client needs and functioning in order to determine appropriate service/treatment based on identification of the presenting problem, evaluation of mental status, and formulation of a diagnostic impression.

Education/Consultation/Prevention Services – Education services indicate formal educational presentations made to individuals or groups that are designed to increase community knowledge of and to change attitudes and behaviors associated with mental health problems, needs and services. Consultation services are formal and systematic information exchange between an agency and a person other than a client, which is directed towards the development and improvement of individualized service plans and/or techniques involved in the delivery of mental health services. Finally, prevention services indicate action oriented programs either toward reducing the incidence, prevalence, or severity of specific types of mental illness or emotional disturbances.

Emergency Services – Includes both Crisis Intervention & Behavioral Health Hotline services. Crisis intervention is the process of responding to emergent situations and may include: assessment, immediate stabilization, and the determination of level of care in the least restrictive environment in a manner that is timely, responsive, and therapeutic. Behavioral health hotline services are an agency's twenty-four hour per day, seven days per week capability to respond to telephone calls, often anonymous, made to an agency for crisis assistance. The person receiving emergency services may or may not become a client of the agency providing these services. These services are usually rendered face-to-face at a person's home, at a mental health agency, or via telephone.

Employment/Vocational Service – Is to promote recovery and secure/maintain employment by providing training and skill development that is goal-oriented, ability-based, and incorporates individual choice. The outcome of employment/vocational service is that the individual will obtain and maintain employment, learn new job skills, increase self-sufficiency, and contribute to the community.

Family Counseling – The utilization of special skills in sessions with individuals and their family members and/or significant others under the guidance of a counselor to address family and relationship issues related to mental health, alcohol and other drug abuse and/or dependence for the purpose of promoting recovery from addiction.

Forensic Evaluation Services – An evaluation resulting in a written expert opinion regarding a legal issue for an individual referred by a criminal court, domestic relations court, juvenile court, adult parole authority, or other agency of the criminal justice system or an Ohio Department of Mental Health and Addiction Services (OhioMHAS) operated regional psychiatric hospital. Forensic evaluation service also assists courts and the adult parole authority to address mental health legal issues.

Group Counseling (Therapy) – Services are typically provided through a counselor-client therapeutic relationship in which special skills are utilized to assist the client with mental illness and/or alcohol and other drug problems to achieve treatment objectives. Treatment occurs in a group setting with two or more individuals/clients facilitated by one or more counselors.

Housing/Residential Services – These are considered “other” mental health and/or substance misuse services which support persons/clients with mental illness to find affordable residential living placements and/or to assist in meeting their physical need for shelter.

Individual Counseling – Same as group counseling except treatment occurs in an individual setting, a counselor and on client only.

Information, Screening & Referral Services – Includes responses, usually by telephone, to inquiries from people about services in the community. Referrals may include contacting an agency or a provider in order to secure services for the person requesting assistance.

Intensive Outpatient – Structured individual and group alcohol and drug addiction activities and services that are provided at a certified treatment program site for a minimum of eight hours per week with services provided at least three days per week.

Medical or Medication/Somatic (Psychiatric Services) – A pharmacologic management service is a psychiatric/mental health/Medication Assisted Treatment (MAT)/medical intervention used to reduce/stabilize and/or eliminate psychiatric symptoms and/or the impact of substance misuse on individuals with the goal of improved functioning. These services should result in well-informed individuals and in decreased/minimized symptoms.

Medication Assisted Treatment (MAT) – The services of a medical professional directly related to the use of medications to provide a whole patient approach to the treatment of substance abuse disorders.

Non-Medical Community Residential Treatment – A twenty-four-hour rehabilitation facility, without twenty-four-hour-per-day medical/nursing monitoring, where a planned program of professionally directed evaluation, care and treatment for the restoration of functioning for persons with alcohol and other drug problems and/or addiction occurs.

Outreach – A planned approach to reach a target population within their environment. The purpose of this approach is to prevent and/or address issues and problems as they relate to the use/abuse of alcohol or drugs.

Partial Hospitalization/Day Treatment – An intensive, structured, goal-oriented, distinct and identifiable treatment service that utilizes multiple mental health interventions that address the individualized mental health needs of a client. The environment at this level of treatment is highly structured, and there should be an appropriate staff-to-client ratio in order to guarantee sufficient therapeutic services and professional monitoring, control, and protection of the identified client.

Peer Recovery Services (Peer Support) – Community-based services for individuals with a mental illness or substance use disorder; and consist of activities that promote recovery, self-determination, self-advocacy, well-being and independence. Peer recovery services are individualized, recovery-focused and based on a relationship that supports a person's ability to promote their own recovery.

Social & Recreational Services – Includes structured and non-structured activities and supports to enhance the quality of life of the person served. These services occur, whenever possible, in facilities used for social and recreational purposes by other members of the community.

Subacute Detoxification – Detoxification services are provided with twenty-four-hour medical monitoring.

Urinalysis – The testing of an individual's urine specimen to detect the presence of alcohol and other drugs.

For more detailed descriptions of these and other mental health services please visit <http://codes.ohio.gov/oac/5122-29> or <http://codes.ohio.gov/oac/3793:2-1-08v1>

The Mental Health and Addiction Recovery Services Board may subsidize certain services and specialized programs for individuals that meet qualification requirements. The following information provided by our Service Providers contains descriptions of services and programs not necessarily covered by public mental health and addiction recovery services funds. Please contact each agency or the Mental Health and Addiction Recovery Services Board for additional information.

(513) 860-9240

Butler County Crisis Hotline & Heroin Hope Line

Toll-Free Crisis and Information & Referral Hotline

1-844-4CRISIS (1-844-427-4747)

- Available 24/7 - 365 Days a Year
- HeroinHopeLine.org
- Suicide Prevention & Information and Referral Hotline
- Afterhours access to the Mobile Crisis Team
- Help for those struggling with addiction and their families
- Trained caring staff
- Free Service

Operated by Beckett Springs Hospital

Butler County Consultation & Crisis Intervention Center

(513) 881-7180

Monday through Friday 8:00 am – 5:00 pm

Nights, weekends & holidays, services are available through the
24/7 toll-free Butler County Crisis Hotline

- Assistance in the event of a community crisis
- Mobile Crisis Assessments
- Consultations with providers and families
- Short term post crisis mental health therapy and case management

Health Officers will respond anywhere in Butler County to assess a mental health crisis situation and assist with emergency treatment to stabilize individuals in crisis.

Operated by Butler Behavioral Health Services, Inc.

Access Counseling Services

www.acscounseling.com

4464, 4448, 4432 S. Dixie Hwy
Middletown, Ohio 45005

2114 Central Ave
Middletown, Ohio 45042

20 S. Breiel Blvd
Middletown, Ohio 45044

(513) 649-8008

Hours of Operation:

Monday – Thursday

7:00 AM - 8:00 PM, S. Dixie Hwy Offices

8:00 AM - 8:00 PM, Central Ave Office

8:00 AM - 8:00 PM, S. Breiel Blvd Office

Friday

7:00 AM - 6:00 PM, S. Dixie Hwy Offices

8:00 AM - 5:00 PM, S. Breiel Blvd Office

Saturday

8:00 AM - 5:00 PM, S. Dixie Hwy Offices Only

Payment Sources:

Ohio Medicaid, Medicare, Self-Pay, Private Insurance
and Subsidy/Sliding fee scale based on income

Populations Served:

Children, adolescents, adults and seniors

Special Populations Served:

Families, couples and developmentally disabled

Mental Health Services:

- **Counseling (Individual & Group)**
- **Diagnostic Assessment**
- **Pharmacological Management (Medication)**
- **Emergency (Crisis Intervention)**
- **Education**
- **Community Psychiatric Supportive Treatment (Case Management)**

Specialized Mental Health & Addiction Recovery Programs:

- **School Based Treatment:** Provide on-site mental health therapy in various schools, for example Middletown elementary, middle and high schools, to Medicaid eligible children.
- **Substance Abuse Treatment (Adults):** It is the philosophy of this program that individuals benefit most from a holistic biopsychosocial approach to care which includes attention to physical, emotional, social, interpersonal, and spiritual well-being. All of our groups require 12 step group participation; coordination with a physician for medical care; random drug screens; family participation; referrals to other appropriate community resources as needed; and individual case management to monitor progress in all major life areas along with abstinence from all mood altering chemicals. Target populations are 18 and older.

- **Substance Abuse Treatment (Adolescents): The Seven Challenges®** program is designed specifically for adolescents with substance abuse issues, to motivate a decision and commitment to change - and to support success in implementing the desired changes. The Program simultaneously helps young people address their drug problems as well as their co-occurring life skill deficits, situational problems, and psychological problems. The Seven Challenges is listed as an evidence-based program in the SAMHSA National Registry of Evidence-Based Programs and Practices (NREBPP).
- **Dually Diagnosed Treatment (Adolescents and Adults):** The purpose and goals of this program is to provide intensive outpatient mental health/substance abuse services to clients who suffer from mental illness and substance abuse and to gear mental health and substance abuse services and topics to better meet the needs of the mentally ill, accounting for the client’s life condition and mental condition in her/his recovery. The target populations are adolescent and adult males and females who receive a primary severe mental health diagnosis and a substance abuse/dependency diagnosis and who would benefit from dual diagnosis treatment.
- **Medicated Assisted Treatment (MAT):** Medication-Assisted Treatment (MAT) is the use of medications, in combination with counseling and behavioral therapies, to provide a “whole-patient” approach to the treatment of substance use disorders. Research shows that a combination of medication and therapy can successfully treat these disorders, and for some people struggling with addiction, MAT can help sustain recovery. MAT is primarily used for the treatment of addiction to opioids such as heroin and prescription pain relievers that contain opiates. The prescribed medication operates to normalize brain chemistry, block the euphoric effects of alcohol and opioids, relieve physiological cravings, and normalize body functions without the negative effects of the abused drug. Medications used in MAT are approved by the Food and Drug Administration (FDA), and MAT programs are clinically driven and tailored to meet each patient’s needs.
- **Play Therapy:** Play Therapy has increasingly become the choice of treatment for children dealing with emotional and behavioral disorders. The understanding of play as the natural mode of communication and self-expression for children has become the norm. Play therapy is utilized to treat a multitude of behavioral problems including adjustment issues, anxiety, attachment problems, Attention Deficit Hyperactivity Disorder (ADHD), autism, depression, disruptive behavior problems, and self-esteem issues. It is also used to help children process through difficult life circumstances such as death or loss, divorce, domestic violence, personal illness, traumatic experiences such as physical and sexual abuse, and natural disasters. Most importantly children, as well as their families and significant others, benefit and grow through the healing powers of Play Therapy.

- **Dialectical Behavior Therapy (DBT):** DBT for adults and adolescents is a therapy designed to help people suffering from disorders such as depression, bipolar and anxiety as well as those who need to change patterns of behavior that are not helpful, such as self-harm, suicidal thoughts and drug abuse. This approach works towards helping people increase their ability to self-regulate their emotional and cognitive triggers that lead to making choices that make the situation worse. It also helps to assess which coping skills to apply in the sequence of events, thought, feelings, and behaviors to help avoid undesired reactions and consequences. DBT assumes that people are doing their best but lack the skills needed to succeed, or are influenced by their environment that interferes with their ability to function appropriately.

- **Trauma Focus:** We have a trauma team that has Certified Trauma Practitioners (CTP) that specializes in treating trauma for both adults and children. In addition, we have therapists that can provide the following treatments:
 - **Cognitive Processing Therapy (CPT):** CPT is a cognitive-behavioral treatment for posttraumatic stress disorder (PTSD) and related problems. The overall goals of CPT are to reduce PTSD symptoms, and associated symptoms such as depression, anxiety, guilt and shame. It also aims to improve day-to-day living; CPT consists of 12 individual (one-on-one) therapy sessions. Each session lasts 50 – 60 minutes. If conducted in a group, the 12 sessions will last 90 minutes each. In these sessions, participants will learn about the symptoms of PTSD and why some people develop them.

 - **Eye Movement Desensitization and Reprocessing (EMDR):** EMDR is an evidenced based integrative psychotherapy approach that has been extensively researched and proven effective for the treatment of trauma. EMDR is a set of standardized protocols that incorporates elements from many different treatment approaches. To date, EMDR therapy has helped millions of people of all ages relieve many types of psychological stress.

 - **"Structured Sensory Interventions for Traumatized Children, Adolescents and Parents" (SITCAP®):** SITCAP® is an evidence-based, structured sensory program utilizing interventions that teach how to apply mind body skills while focusing on the primary themes of trauma including safety, worry, hurt, fear, anger, revenge and moving from victim to survivor thinking. Helping clients understand how trauma impacts brain functions of memory, emotional regulation, behavior, and learning. Clients learn and practice mind-body skills for emotional regulation and how to develop strategies to foster resilience and enable clients to not just survive but thrive.

Beckett Springs Hospital

www.beckettsprings.com

8614 Shepherd Farm Dr
West Chester, Ohio 45069
(513) 942-9500

Hours of Operation:	No-cost, on-site assessments, 24 hours a day, 7 days a week. Calls are answered 24 hours a day, 7 days a week
Payment Sources:	Medicare, Managed Medicare, Private Insurance, Tricare, some Marketplace plans and Self-Pay (Assessments are free of charge)
Populations Served:	Adults & senior adults

Mental Health Services:

- **Inpatient Mental Health Treatment**
- **Program-based Counseling (Group)**
- **Diagnostic Assessment**
- **Pharmacological Management (Medication)**
- **Education**
- **Partial Hospitalization/ Day Treatment (Mental Health and Dual Diagnosis)**
- **Intensive Outpatient Program (Mental Health and Dual Diagnosis)**

Addiction Recovery Services:

- **Inpatient Treatment for Chemical Dependency**
- **Inpatient Detox Services**
- **Rehabilitation Services**
- **Partial Hospitalization/Day Treatment Services**
- **Intensive Outpatient Program for Addictions**

Specialized Mental Health & Addiction Recovery Programs:

- **Psychiatric & Chemical Dependency Hospital:** 72- bed facility located on a beautiful 10-acre park-like campus in West Chester, Ohio. The facility, constructed in 2013, offers secure, peaceful accommodations including a walking trail, private courtyard and fitness center. Beckett Springs' mission is to provide the highest quality treatment services to adults suffering from the devastating effects of mental illness and/or addiction. Long term recovery can be a reality for millions of people.

- **Mental Health Inpatient and Outpatient Services:** Inpatient mental health services, partial hospitalization/day treatment program and intensive outpatient for mental health. Beckett Springs offers no-cost, on-site assessments, 24 hours a day, 7 days a week.
- **Addiction and Recovery Services:** Inpatient treatment for chemical dependency, inpatient detox services, rehabilitation services, partial hospitalization/day treatment and intensive outpatient program for addictions.
- **Co-Occurring Disorders**
- **Senior Mental Health and Addiction Services**
- **Initial Comprehensive Evaluation (No Cost)**
- **Inpatient Treatment and Rehabilitation**
- **Intensive Outpatient Program**
- **Partial Hospitalization/Day Treatment (Addictive Recovery Services and Dual Diagnosis)**
- **Family Program**
- **Alumni Support Group**

Big Brothers Big Sisters of Butler County

www.bbbsbutler.org

1755 S. Erie Blvd Suite D
Hamilton, Ohio 45011
(513) 867-1227 or (513) 424-3397

Hours of Operation:

Monday - Friday

8:00 AM – 5:00 PM, evenings & weekends by appointment

Payment Sources:

All services are offered free of charge

Populations Served:

Children ages 6-18 who are facing adverse circumstances. Youth must be under the age of 15 to enroll. Volunteers must be over the age of 15 to mentor in a school setting and over 18 to mentor in the community.

Special Populations Served:

Children with incarcerated parents, children living with a single parent, children with mental health issues, children who are at risk of juvenile delinquency and/or children with a family history of substance abuse.

Prevention Services:

We provide one-on-one evidenced based mentoring relationships to children who are facing adversity. This program provides screening and training of the volunteer mentors as well as on-going support for the children, volunteers and family members who are involved in the program.

While children are waiting to be matched with a volunteer mentor they are encouraged to attend our Club of Unmatched Littles (COUL) activities. These occur every two weeks in the summer and bi-monthly during the school year. All activities are no cost and designed to be fun and enriching.

Butler Behavioral Health Services, Inc.

www.bbhs.org

Hamilton Counseling Center

1490 University Blvd
Hamilton, Ohio 45011
(513) 896-7887

Middletown Counseling Center

1131 Manchester Ave
Middletown, Ohio 45042
(513) 422-7016

Harbor House Social Club

140 Buckeye St
Hamilton, Ohio 45011
(513) 896-7780

Health Now Care Management

1490 University Blvd
Hamilton, Ohio 45011
(513) 645-9550

Oxford Counseling Center

5223 College Corner Pike
Oxford, Ohio 45056
(513) 273-8064

Harbor House Social Club Hours:

Monday –Friday 9:00 AM – 5:00 PM

Harbor House Medical Services Hours:

Tuesday 1:00 PM – 5:00 PM

Counseling Centers Hours:

Monday & Tuesday 8:00 AM – 7:00 PM
Wednesday & Thursday 8:00 AM – 6:00 PM
Friday 8:00 AM – 4:00 PM

Crisis Consultation & Intervention: 24 hours a day, 7 days a week

Payment Sources: Ohio Medicaid, Medicare, Self-Pay, Private Insurance and Subsidy/Sliding fee scale based on income

Populations Served: Children, adolescents, adults and seniors

Mental Health Services:

- Behavioral Health Home Services for adults and youth
- Community Psychiatric Supportive Treatment (Case Management)
- Crisis Intervention
- Diagnostic Assessment
- Education/Consultation/Prevention
- Information & Referral
- Intensive Home Based Treatment

- **Mental Health and Substance Use Disorder Counseling (Individual & Group)**
- **Pharmacological Management (Medication)**
- **School Based Therapy**
- **Vocational/Employment**

Specialized Mental Health & Support Programs:

- **Crisis Consultation & Intervention (CCI):** The purpose of the CCI program is to provide a safety-net for any individual in the county who is experiencing an acute mental health emergency.

-Mobile, county-wide service providing pre-hospital screening, crisis intervention, crisis consultation, post-crisis follow-up services, critical incident stress management and referral/linkage services. Available 24/7 for all ages.

-Consultation/educational services to schools, juvenile detention, homeless shelters and other facilities that frequently serve individuals during a mental health emergency.

Butler County Consultation & Crisis Center: (513) 881-7180
 Monday – Friday: 8:00 AM – 5:00 pm
 After hours, Weekends & Holidays: 1- 844-4CRISIS (1-844-427-4747)

- **Health Now Health Home Services:** Health Now is a health home service designed to improve the physical and behavioral health of children, adolescents and adults with serious and persistent mental disorders. *Health Now* staff supplements the behavioral health and medical services each client receives in order to promote excellent care coordination among providers, to advocate for state-of-the-art medical care, to teach each client health self-management skills and to promote healthy lifestyle choices. *Note: Health Home services are limited to individuals with qualifying diagnoses and who are current recipients of Ohio Medicaid.*

Hamilton/Southern Butler County: (513) 645-9550
 Middletown/Northern Butler County: (513) 261-6960

- **WINGS Intensive Home-based Treatment:** The mission of the WINGS Intensive Home-Based Treatment program is to improve the psychological functioning of youth ages 0-18 years old that are at risk of out-of-home placement and facilitate their continued placement with their family and their inclusion in mainstream community & school life.

-Serves as a step-up for youth who fail to benefit from outpatient behavioral programs

-Serves as a step-down from residential programs.

-Offers intensive, non-traditional services with frequent therapeutic interventions per week and a team of providers who have low caseloads.

County-wide Services: (513) 896-7887

- Workplace Associates Program:** The mission of Workplace Associates is to help individuals with disabilities to gain and retain employment in the community. Workplace Associates has been helping to “Quietly Create Taxpayers” since 1993, providing career services to people with various disabilities and barriers.

 - Provides vocational case management & career counseling to severely emotionally disturbed youth between the ages of 16 – 18.
 - Provides supported employment services including Career Assessment, Job Try-Outs, Individualized Job Placement, Job Coaching (at or away from the work site), and Job Retention Services for adults.
 - Service hours vary depending on work site and includes evening and weekend hours.

(513) 867-5400
- Harbor House Clubhouse:** The mission of Harbor House Clubhouse is to improve the quality of life of adults with severe, persistent mental disorders by helping them to expand their social support, community living skills and to help their fellow members do the same. Staff facilitates this self-help, peer support process. Clients may also receive psycho-educational services designed to teach self- advocacy, promote healthy lifestyle choices, expose clients to new community resources, teach computer literacy and prepare for completion of GED. The Harbor House is also the site for integrated medical care provided by *Primary Health Solutions*.

(513) 896-7880
- School Based Treatment:** School-based Treatment (SBT) is to provide year round counseling services within the educational setting of the child when circumstances or needs limit access to services in an outpatient setting. The SBT program strives to include parents in the treatment process and to provide access throughout the year.

(513) 896-7887

Catholic Charities Southwestern Ohio

www.ccswoh.org

1910 Fairgrove Ave, Suite B
Hamilton, Ohio 45011
(513) 863-6129

Hours of Operation:

Monday - Friday

9:00 AM – 5:00 PM, evening hours until 8:00 PM
available upon request

Payment Sources:

Ohio Medicaid, Private Insurance, Medicare and
Subsidy/Sliding fee scale based on income

Populations Served:

Children, adolescents, adults, and seniors

Special Populations Served:

Immigrant and refugee community (Bi-lingual
therapists available)

Mental Health Services:

- **Diagnostic Assessment**
- **Counseling (Individual, Family and Group)**
- **Case Management & Pharmacological Management**

Prevention/Education Services:

- **Early Childhood Intervention & Consultation/Parenting Program**

Center for Addiction Treatment

www.CATsober.org

830 Ezzard Charles Dr
Cincinnati, Ohio 45214
(513) 381-6672

Hours of Operation:

Monday - Friday 8:30 AM - 5:00 PM

Medication Assisted Treatment Hours:

Monday - Friday 9:00 AM - 6:00 PM

Residential Service Hours:

24 hours a day, 7 days a week

Payment Sources:

Ohio Medicaid, Self-Pay and Subsidy/Sliding fee scale based on income

Populations Served:

Adults, 18 and over; with addiction diagnosis, including gambling

Addiction Recovery Services:

- **Medical Detox:** Physician led inpatient program, staffed with nurses around the clock. Detox includes medication to address the symptoms associated with withdrawal from chemicals, including alcohol, cocaine, marijuana and opiates. Case management services assist with arranging continuing treatment, either in a residential, or outpatient setting. Typical stay is 3 to 7 days.
- **Short-term Residential:** A residential clinical treatment program with a typical residential stay of 28 to 30 days, an intensive therapy schedule consisting of group and individual therapy, addiction education, experiential groups in art and drum therapy. Twelve-step meetings are offered every day. Peer Mentors and Case Managers assist in the discharge planning for each patient.
- **Intensive Outpatient (IOP):** Offered in the day M-F from 9am to either 12noon or 3pm depending on clinical treatment plan. IOP is group therapy and education with 1 hour of individual counseling per week. Patient needs to have reliable transportation and a safe sober living environment to be a participant in IOP.
- **Continuing Care:** A 12 week group meeting for persons who have completed the residential or intensive outpatient program. These 1-hour weekly groups are led by clinical staff.
- **Gambling Treatment:** Either as individual counseling or one group is offered weekly. Treatment is provided by professional staff with certification in gambling treatment.
- **Medication Assisted Treatment:** Physician led outpatient clinic with either Suboxone (Buprenorphine) or Vivitrol (Naltrexone) is offered every week day and one Saturday clinic per month. This service is self-pay.

Community Behavioral Health

www.community-first.org

Hamilton

820 S. Martin Luther King Blvd
Hamilton, Ohio 45011
(513) 887-8500

Middletown

1659 S. Breiel Blvd
Middletown, Ohio 45042
(513) 424-0921

442 S. Second St
Hamilton, Ohio 45011
(513) 868-4980

Hours of Operation:

Monday – Thursday
Friday
Saturday

Hours may vary based on service
8:00 AM – 8:00 PM
8:00 AM – 4:30 PM
Some Saturday hours at MLK location

Payment Sources:

Ohio Medicaid, Medicare, Self-Pay, Private Insurance
and Subsidy/Sliding fee scale based on income

Populations Served:

Ages 8 & up, couples, families, adults and seniors

Special Populations Served:

Dually diagnosed and incarcerated

Mental Health Services:

- **Diagnostic Assessment**
- **Counseling (Individual & Group)**
- **Pharmacological Management (Medication)**
- **Education, Consultation & Prevention**
- **Housing/Residential**
- **Community Psychiatric Supportive Treatment (Case Management)**
- **Community Linkage**

Specialized Mental Health & Support Programs:

- **Assertive Community Treatment “ACT Team” Program:** ACT is a voluntary program that serves adults ages 18 or over by providing intensive community psychiatric supportive treatment for adults with persistent, chronic, and severe mental health disorders. Many ACT clients have co-occurring problems with substance abuse. ACT case managers service people primarily in community settings.
- **Community Linkage:** A program that is designed to help with re-entry for individuals with mental illness coming out of the prison system. The program focuses on linkage to services back in the community.

- **Connections:** A short-term transitional case management program designed to assist consumers with medication needs who have been referred from Fort Hamilton Hospital, Serve City, or any other community organization that provides screenings, transitional case management, medication follow-up or monitoring, and referrals.
- **Great Miami Services (GMS):** An OhioMHAS Certified 15 bed residential facility established to meet the special needs of Butler County residents with severe mental disorders. The program serves both male and female clients ages 18 and over. At GMS, local residents can receive treatment near their family and friends. This residential facility will serve as a step-down from psychiatric inpatient hospitalization and offers 24/7 supervision by certified nursing staff, mental health support services, minor medical interventions, daily living skills development and coordination of community support services. Residents must have a qualifying primary mental health diagnosis documented prior to their admission. Services are available at Fort Hamilton Hospital, 620 Eaton Avenue in Hamilton, located at the 2 East Annex. (513) 867-3160 or (513) 867-3161
- **Mental Health Housing:** Offers apartments throughout Butler County for individuals who have mental illness, are receiving CPST (Case Management) services, and have the ability to pay rent.
- **SAMI Court Services:** Provides Integrated Dual Diagnosis Treatment (IDDT) for offenders supervised under community control by the Butler County Court of Common Pleas. The program serves both male and female clients ages 18 and over that have been convicted of a felony offense and diagnosed with both a mental illness and a drug and/or alcohol problem. The program provides mental health assessments, pharmacological management, community psychiatric supportive treatment, behavioral health counseling/therapy (individual and group) and consultation services.
- **UPLIFT Senior Mental Health Services:** UPLIFT, a program developed from two evidence based practices, provides in-home counseling to older adults in Butler County. The goal of the program is to help seniors feel better by increasing their social, pleasant, and physical activities and by helping them engage in health problem solving. The program works well for clients experiencing difficulty adjusting to health issues, grief and loss, depression and anxiety.
- **Probate Monitor:** Provides clinical oversight of consumers probated to the Butler County Mental Health Board.
- **Forensic Monitor:** Provides clinical oversight of consumers' court ordered into the mental health service community as a result of their criminal conduct.
- **Chief Clinical Officer Designee (CCOD):** Responsible for clinical oversight of Butler County mental health consumers residing in a state or local hospital that are ordered to be monitored by the forensic or probate monitoring process. The CCOD provides on-going assessments to safeguard consumers and the community while maintaining the integrity of the most appropriate level of care.

- **Youth First:** Provides services for a wide variety of youth mental health diagnoses and behavioral concerns such as: anger and aggression, poor school performance, defiant behavior, substance abuse, hyperactivity and difficulty focusing, depression, anxiety, social skills and trauma. Youth First offers adolescent addiction services and group counseling, psychiatric services, family sessions, office-based counseling, and serves students in schools throughout Butler County.

Addiction Recovery Services:

- **Intensive Outpatient (IOP):** The groups meet 3 times a week for 3 hours. Addresses chemical dependency through the use of lecture, handouts, group process, individual counseling, and treatment planning. Uses Cognitive Behavioral Therapy and Motivational Interviewing as the main mode of therapy.
- **Jail Outreach Program:** A program that is designed to help with re-entry for individuals with substance use disorders coming out of the jail system. The program will focus on linkage to services back in the community.
- **Treatment Alternatives for Safer Communities:** Offers case management and linkage services to clients who are chemically dependent and involved in the Butler County legal system.
- **Jail Services:** Offers intensive outpatient services to inmates located at the Butler County Jail.
- **5 Day Intensive Outpatient:** This is a program for clients who struggle maintaining abstinence in the traditional intensive outpatient setting. It is more intensive than the traditional intensive outpatient program, but less intensive than a residential setting. The group meets 5 days a week for 3 hours.
- **Outpatient Treatment:** The groups meet 2 times a week for 2 hours. Addresses chemical dependency through the use of lecture, handouts, group process, individual counseling, and treatment planning. Uses Cognitive Behavioral Therapy and Motivational Interviewing as the main mode of therapy.
- **Peer Support Services:** Provide peer support services to individuals transitioning out of the jail system to help adjust and connect in the community.
- **Relapse Prevention:** A follow up program to intensive outpatient and outpatient groups. The group meets 1 time a week for 2 hours. The focus is on how to identify relapse warning signs and triggers. Clients are given the opportunity to practice skills they learned in treatment and process with the group how these skills are working.

- **Medication Assisted Treatment:** Offers intensive outpatient, followed by outpatient, followed by relapse prevention services to opiate addicted individuals. The services are offered while the individuals are receiving medication that helps to deal with withdraw and cravings. It is the long term goal of this program to wean these individuals off all medication.
- **Drug Court:** Drug Court is a one year long intensive program. Clients must be court ordered to participate in this program. The program is done in collaboration with the Butler County Court of Common Pleas

Specialized Programs:

- **Batterer's Intervention:** This all male group meets 1 time a week for an hour and a half. Addresses power and control issues through the use of lecture, handouts, group process, individual counseling, and treatment planning. The cycle of violence model is heavily emphasized in this group.
- **Anger Management:** This group is divided into male and female. The group meets 1 time a week for an hour and a half. This group helps clients learn to identify early warning signs of anger and how to deal with these feelings more effectively. The group uses lecture, handouts, and group process.
- **Theft Intervention Group:** This service is targeted for those individuals who operate from the premise of "entitlement," which is often the origin for the motivation to commit this kind/type of offense. The theft program sets out to reduce or modify thinking and, subsequently, the clients' behaviors. Issues such as entitlement, thrill-seeking behavior, or simply "getting over" that are often driven by stress, frustration; family losses due to death/illness, difficulty on the job or loss of employment are addressed. Accountability and an emphasis on taking full personal responsibility for self are stressed.
- **Corrective Thinking:** This program is to aid clients who have problems with judgment skills, problem solving techniques, communication skills, boundaries, thinking errors, difficulty dealing with stress. The program is an integrated, cognitive behavioral change program for clients that includes cognitive restructuring, social skills development, and development of problem solving skills.

DeCoach Rehabilitation Centre

www.decoachrehabctr.com

6570 Sosna Dr
Fairfield, Ohio 45014
(513) 942-HOPE (4673)

Hours of Operation:

Monday, Tuesday, Thursday, Friday	7:00 AM - 4:00 PM, after hour appointments available
Wednesday	10 AM – 6 PM
Appointments Available	No wait list

Payment Sources:

Ohio Medicaid, Medicare, CareSource, Self-Pay and Subsidy/Sliding fee scale based on income

Populations Served:

Male and female adults and families

Special Populations Served:

Disabled and pregnant

Addiction Recovery Services:

- **Alcohol and Drug Assessment**
- **Medication Assisted Treatment – Suboxone and Vivitrol**
- **The Bridge device**
- **Individual, group and family counseling services using evidence based approaches**
- **Case Management**
- **Individualized Treatment Planning**
- **Patient education and referral systems**
- **Outpatient Treatment:** Holistic program in patient care, treating each patient based on their individual needs and focusing on a personal treatment plan. Our licensed counselors use Cognitive Behavioral Therapy along with Motivational Interviewing to enhance patient outcomes.

Forensic Evaluation Service Center

www.forpsycheval.org

101 High St 3rd Floor
Hamilton, Ohio 45011
(513) 869-4014

Hours of Operation:

Monday - Friday

8:30 AM - 4:30 PM

Payment Sources:

Cash, Credit and Some Board Funding (Assessments Only)

Populations Served:

Assessment of adults, youth, and seniors, severe mentally ill and/or intellectually disabled

Special Populations Served:

Court-ordered and court-involved individuals

Mental Health and Addiction Recovery Services:

- Assessment only for court-involved individuals

Prevention/Education Services:

- Mandatory parenting education for divorcing adults

LifeSpan, Inc.
www.lifespanohio.org

1900 Fairgrove Ave
Hamilton, Ohio 45011
(513) 868-3210

Hours of Operation:

Monday - Friday 8:00 AM - 5:00 PM

Payment Sources:

Self-pay, Some Board Funding and Other Funding Sources

Populations Served:

Adults, teens, families and developmentally disabled

Specialized Mental Health Support Programs:

- **Representative Payee Program:** LifeSpan partners with the Social Security Administration to manage money and pay bills for those adults with disability or mental illness who cannot manage on their own, ensuring that bills are paid on time to keep rent and utilities current and lives stable. We also provide a Private Pay Payee Program for individuals who desire a payee service that can help them establish a budget and take over paying their bills with their deposited funds for a contracted period of time.
- **Guardianship Program:** LifeSpan court-appointed guardians have a dramatic impact on the quality of life of our community's most vulnerable residents by providing stability, safety and companionship to adults 18 and up that need someone to manage life changes and decisions when they cannot manage them on their own due to mental illness or disability.
- **School Based Support Services:** LifeSpan's School Based Support Workers (SBSW) reduce and/or remove the barriers to academic achievement and increase students' social-emotional development and overall mental health. SBSW's work every day in local high school buildings to provide support to students, families and school staff. This service takes many shapes, according to the identified needs of the students and families. The School Based Support Service Program is uniquely positioned to provide:
 - Prevention services that help engage students to build skills allowing for personal and academic success
 - Intervention services including assessment of student needs, goal driven achievement plans, individual face-to-face support, and support groups (anger management, life skills)
 - Crisis Intervention support during times of crisis and referral to an appropriate professional or service in the community
 - Information and Referral Services including medical, food, housing, employment needs, educational opportunities, day care and positive community activities.
 - Collaboration with school staff to support students as appropriate

Lumiere Healing Centers
www.lumierehealingcenters.com

7593 Tylers Place Blvd
West Chester, OH 45069
(513) 714-3389

Hours of Operation:	24 hours a day, 7 days a week
Payment Sources:	Private Insurance, Self-pay and Subsidy/Sliding fee scale based on income
Populations Served:	18+ years old suffering from primary substance abuse disorders
Special Populations Served:	Adults with primary substance abuse disorders including those with co-occurring mental health or medical disorders

Addiction Recovery Services:

- **Detox**
- **Residential**
- **Partial Hospitalization (with overnight room and board)**
- **Intensive Outpatient and Outpatient Levels of Care**
- **Individual and Group Counseling**
- **Case Management**
- **Outpatient Treatment**
- **Family Therapy**
- **Relapse Prevention**
- **Life Skills Group**
- **Alumni Support**
- **Sober Social Support**

Modern Psychiatry & Wellness, LCC

www.modernpsych.com

621 S. Erie Blvd
Hamilton, OH 45011
(513) 795-7557
Fax: (513) 737-4603

6942 Tylersville Rd
West Chester, OH 45069
(513) 868-0055
Fax: (513) 297-7577

Genesis Life and Recovery

621 S. Erie Blvd
Hamilton, OH 45011
(513) 869-0046

Hours of Operation:

Monday – Thursday 8:00 AM – 8:00 PM
Friday 8:00 AM – 5:00 PM

Open Intake Hours:

Monday – Thursday 8:00 AM – 11:00 AM, Erie Ave only

Genesis Life and Recovery Hours: 24 hours a day 7 days a week

Payment Sources: Ohio Medicaid, Medicare, Self-pay, Private Insurance and Subsidy/Sliding fee scale based on income

Populations Served: Adults 18 and over and families

Mental Health Services:

- Education, Consultation and Prevention
- Pharmacological Management (medication)
- Individual/Group Counseling
- Diagnostic Assessment
- Information, Screening and Referral

Addiction Recovery Services:

- Individual/Group Counseling
- Pharmacological Management (Medication)
- MAT – Psychiatry
- Intensive Outpatient Treatment
- Detox
- Housing/Residential
- Case Management
- Education and Consultation
- Diagnostic Assessment
- Information Screening and Referral

Specialized Mental Health and Addiction Recovery Programs:

- **Genesis Life and Recovery:** A Christian Recovery Housing program for men who suffer from addiction. We provide sober and safe living environment for men who wish to have a spiritual emphasis in their recovery program and access to evidence-based structured clinical treatment for their addiction(s). Staff is on site 24/7 to provide support and guidance. Medical Detox provided, program length is generally 90-120 days. Adult males between the ages of 18-50 are eligible, meals and lodging provided.
- **Outpatient Medical Detox:** Provides gentle detox methods with evidenced-based procedures and medications to help people get the best start on their path to sobriety. We provide state of the art techniques with the latest medical breakthroughs to help improve the detox experience. Achieving sobriety is a great accomplishment, staying sober requires ongoing treatment, supports and major lifestyle changes. Concurrent group counseling, individual counseling, healthy social connections, medical treatment and exploration into life meaning have all been shown to be effective in helping clients not only get sober but stay sober. Medication Assisted Treatment (MAT) can usually be started the day after completion of intake/assessment.
- **Co-Occurring Diagnosis Treatment (Adults):** This program is designed to provide intensive outpatient mental health and substance abuse services to clients who suffer from problems related to both mental illness and substance abuse. Psychiatric disorders may have a severe and persistent impact on a person's psychosocial functioning, including the ability to work, maintain interpersonal relationships and care for oneself. Substances also have effects on mental processes and are addictive. This program is designed to help people cope with the negative effects of substance use and psychiatric disorders.

NAMI Butler County

www.nami-bc.org

5963 Boymel Dr
Fairfield, OH 45014
Office: (513) 860-8386 or (513) 860-8387

Hours of Operation:	Varies – Contact NAMI Butler County or visit the website for more information and/or to register for classes and events.
Populations Served:	Families, friends and individuals who have been impacted by mental health issues. All services provided are free of charge.

Programs and Services:

- **Family to Family Class:** Free 12 week evidence-based education program providing support and education to family members and friends of individuals who are living with mental illness. Classes are taught by trained family members and graduates of the program. In addition to learning about treatment strategies, and how to more effectively communicate with loved ones, many participants also find the emotional support they receive crucial during their loved ones' times of illness and stress. Registration required. See website (above) for class times and to register.
- **Family Support Group:** For family and friends of individuals struggling with mental health disorders. See website (above) for times and locations.
- **Caregivers of Children and Adolescents Support Group:** For individuals who care for children and adolescents with diagnosed mental illness or severe behavioral problems.
- **NAMI Basics Class:** Free 6 week program that fosters learning, healing and empowerment among parents and families of children with emotional/mental/neurobiological disorders. Registration required. See website (above) or call the office for more information.
- **NAMI Connection Recovery Support Group:** Peer-facilitated support group for adults living with mental illness. Group provides an opportunity to share challenges, strategies, and successes with others who understand. See website (above) for times and locations.
- **Educational Meetings:** Held the third Thursday of the month at 7:00 pm, NAMI Educational Meetings host speakers presenting on a variety of mental health educational topics. Adults welcome, no registration required. See website (above) for location and monthly topic.

- **Community Presentations:** NAMI staff and volunteers provide presentations to community groups to increase understanding of mental health conditions and their impact on the community, business, families and individuals. Please call the office for further information.
- **NAMI Ambassadors:** Volunteer group dedicated to promoting NAMI Butler County programs and events throughout the community. Open to all NAMI volunteers.
- **Lending Library:** Open before monthly Educational Meetings, classes and support groups held at the NAMI Butler County office. Library features fiction and non-fiction books on a variety of mental health topics.
- **NAMI Walk:** Single largest community awareness event for mental health in Butler County. Held the second Saturday of October at the Fitton Center for Creative Arts in Hamilton, Ohio.

Sojourner Recovery Services

www.sojournerrecovery.com

Administrative Office

Call for client service locations

515 Dayton St
Hamilton, Ohio 45011
(513) 868-7654

Assessment Center

1430 University Blvd
Hamilton, Ohio 45011
(513) 896-3465

Hours of Operation:

Monday – Friday

Monday – Friday

8:00 AM – 4:30 PM, Dayton St, Administrative Office

8:00 AM – 2:00 PM, University Blvd, Assessment Cnt

Walk-In Assessments Available

Payment Sources:

Medicaid, Private Insurance and Subsidy/Sliding fee scale based on income

Populations Served:

Adults and adolescents suffering from addiction

Special Populations Served:

Pregnant women and families

Mental Health Services:

- **Psychiatric Evaluation**
- **Mental Health Prescriptions and Prescription Monitoring**

Addiction Recovery Services:

- **Medication Assisted Treatments Services**
- **Assessment**
- **Case Management**
- **Individualized Treatment Planning**
- **Comprehensive Group Counseling**
- **Individual and Family Counseling**

Specialized Programs:

- **Residential Program:** Provides a residential level of care for women and men over the age of 18 struggling with a substance abuse disorder.
- **Intensive Outpatient Program:** Provides an outpatient level of care five days a week for women and men struggling with a substance abuse disorder.
- **Non-Intensive Outpatient Program:** Provides an outpatient level of care three days a week for women and men struggling with a substance abuse disorder.

- **Adolescent Outpatient Program:** Provides an outpatient level of care two days a week for adolescents under the age of 18 struggling with a substance abuse disorder.
- **Motherhood and Maternity Addiction Services (MAMAS) Program:** A holistic program providing complete wraparound services that stabilize and strengthen the lives of pregnant women suffering with an addiction. In addition to mental health and addiction treatment, the Motherhood and Maternity Addiction Services Program fills traditional gaps in services for education, employment, housing, and childcare. This program brings together public and private entities that will focus on prevention services, addiction treatment, recovery housing, and employment.
- **Recovery Housing Program:** Provides a safe home for female outpatient clients who lack stable living options.
- **Pre-Contemplation Program:** Provides early engagement outpatient level of care treatment services to clients currently on the waitlist for residential services.
- **Perinatal Program:** Provides educational and prevention services for pregnant women and women of child-bearing age who are struggling with a substance abuse disorder.
- **Drug Court Program:** Offered to those struggling with an addiction and have legal charges through various County and Municipal Courts.
- **Peer Support Program:** Provides certified Peer Support Specialists who provide support, through their own lived experience, to individuals who are dealing with issues pertaining to mental health, psychological trauma or substance use. A Peer Support Specialist is someone who has completed the State of Ohio requirements for certification.

St. Aloysius

www.staloyusincincinnati.org

3101 Dixie Highway
Hamilton, Ohio 45015
(513) 737-3400

Hours of Operation:

Monday – Friday 7:30 AM – 6:00 PM

Payment Sources:

Ohio Medicaid, Self-Pay, Private Insurance and Subsidy/Sliding fee scale based on income

Populations Served:

Children ages 3 and up, families and individuals up to age 21 if developmentally disabled

Mental Health Services:

- **Community Psychiatric Supportive Treatment (Case Management)**
- **Counseling (Individual & Group)**
- **Diagnostic Assessment**
- **Pharmacological Management (Medication)**
- **Partial Hospitalization/Day Treatment**

Specialized Mental Health & Support Programs:

- **Teaching Family Model (TFM):** Used in PH/Day Treatment, Behavioral Health Counseling and Community Psychiatric Supportive Treatment.
- **School Based Mental Health Services:** Counseling services conducted at various schools throughout Butler County.
- **Trauma Responsive Treatment:** Used in individual, group and family counseling, CPST, PH/Day Treatment and Psychiatric Consultation. Includes specific treatment practices such as:
 - Parent/Child Interactive Therapy
 - Play Therapy
 - Trauma Focused Cognitive Behavior Therapy
 - The Sanctuary Model
- **Cambridge School:** St. Aloysius Education Center is an Ohio independent private charter school. The center serves children in grades K-8 who are classified as Severely Emotionally Disturbed (SED). The school is equipped to provide individualized services in classrooms with a 1:4 teacher/pupil ration. There is a half-day school that operates in conjunction with the partial hospitalization/day treatment program. There is also a standalone partial hospitalization/day treatment program; the child's home school district is responsible for educational services in this program.

St. Joseph Orphanage

www.sjokids.org

Butler County Office

6975 Dixie Highway
Fairfield, Ohio 45014

Oxford Resource Center

5455 College Corner Pike
Oxford, Ohio 45056

Contact Central Access to Get Started:

Phone: (513) 741-3100 ext. 2214

Admissions@sjokids.org

Fax: (513) 741-0875

Office Hours:

Monday – Friday

8:30 AM – 5:00 PM (Hours may vary by service)

Open Access Walk-in Hours (Diagnosis Assessment):

Wednesday – Thursday

8:30 AM – 3:00 PM, Butler County Office

Tuesday and Thursday

9:00 AM – 1:00 PM, Oxford Resource Center

Appointments Available

No wait list, other locations

MEDSOM Walk-in Hours (Psychiatric & Medication Management):

Must use Open Access and be an established client to utilize Walk-in Hours

Wednesday

9:00 AM – 12:00 PM, Butler County Office

Friday

9:00 AM – 2:00 PM, Butler County Office

Appointments Available

No wait list, other locations

Payment Sources:

Ohio Medicaid, Self-Pay, Private Insurance and
Subsidy/Sliding fee scale based on income.

Accommodations:

Transportation & Interpreting Services Available

Populations Served:

Children & adolescents ages 3-24 and family members
of child and adolescent clients.

Mental Health Services:

- **Assessment (Diagnostic)** walk in hours available
- **Pharmacological Management (Medication)** walk in hours available
- **Community Psychiatric Supportive Treatment (Case Management)**
- **Site Based or Home Based Counseling Services (Individual & Family)**
- **Transition To Independence**
- **Specialized Therapeutic Education Programs**
- **Partial Hospitalization/Day Treatment – Group Therapy**
- **Residential Crisis Stabilization**
- **Therapeutic Foster Care & Foster Parent Trainings**
- **Independent Living Services**
- **Parent Child Interactive Therapy**
- **Dialectical Behavioral Treatment**
- **Substance Use Disorder & Dual Diagnosis**

Specialized Mental Health & Addiction Recovery Programs (Ages 3-24):

- **Site Based or Home Based Counseling Services (Individual & Family):** Individual, group and family therapy for youth with home, school, and office based settings.
- **Transition To Independence:** Intensive outpatient services focusing on a successful transition into adulthood.
- **Specialized Therapeutic Education Programs:** Therapeutic learning environment for students K-12. Individualized instruction and structured classrooms.
- **Partial Hospitalization/Day Treatment – Group Therapy:** Daily group therapy offers a therapeutic peer environment to support positive social and emotional development and relationships. After school option also available.
- **Residential Crisis Stabilization:** Providing a highly structured and secured living environment to assist youth with severe emotional or behavioral concerns.
- **Foster Care (Traditional & Therapeutic):** Providing therapeutic foster homes for children birth to 21, with a special focus on youth with behavioral health concerns.
- **Foster Parent Training:** Provide training to new and existing Ohio foster parents in order to become a state licensed foster parent or to keep your foster parent license current.
- **Independent Living Services:** Community based apartments for youth transitioning to adulthood, including those aging out of foster care. On-site resident manager, life coach and case manager.
- **Substance Use Disorder Services:** Community and site based substance use therapy. Assessment, Early Intervention Treatment, Dual Diagnoses using Motivational Interviewing and Cognitive Behavioral Treatment

Talbert House
www.talberthouse.org

7116 Office Park Dr
West Chester, Ohio 45069
(513) 785-6900

Therapeutic Day School Hours:

Monday – Friday 7:00 AM – 3:00 PM

Outpatient Hours:

Tuesday, Wednesday, and Thursday 4:00 PM – 8:00 PM

School Based Services and Therapeutic Intervention Program (TIP) Hours:

Monday - Friday 8:00 AM – 4:00 PM

Payment Sources:

Ohio Medicaid, Self-Pay, Private Insurance (out of network) and Subsidy/Sliding fee scale based on income

Populations Served:

Children (ages 3-12); adolescents (13- 18 & up to 21 if still in high school); school based youth (Fairfield City & Lakota Local schools)

Mental Health Services:

- **Community Psychiatric Supportive Treatment (Case Management)**
- **Counseling (Individual & Group)**
- **Diagnostic Assessment**
- **Mental Health Consultation**
- **Pharmacological Management (Medication)**

Specialized Mental Health & Support Programs:

- **Therapeutic Day School at Union Day School:** Diagnostic Assessment, Pharmacological Management (Medication), Psychiatric Diagnostic Interview, individual therapy and group therapy provided in a school setting. Community Psychiatric Supportive Treatment (case management) provided in a school setting, in the community and/or in the home. Referrals must come through the Butler County Educational Services Center.
- **Therapeutic Intervention Program (TIP):** Diagnostic Assessment, Pharmacological Management (Medication), Psychiatric Diagnostic Interview, and individual therapy offered to identified Head Start students in a school setting. Referrals from Butler County Job & Family Services.

- **School Based Services:** Programming located inside multiple schools within the Fairfield City and Lakota Local school districts. Diagnostic Assessment, Pharmacological Management (Medication), Psychiatric Diagnostic Interview, individual therapy and Mental Health Consultation provided in a school setting. Referrals from Butler County School Success program as well as other designated school staff. Community Psychiatric Supportive Treatment (case management) may be offered and provided in a school setting, in the community and/or in the home.
- **Outpatient Services (After hours from 4:00 PM - 8:00 PM Tuesday, Wednesday and Thursday):** Diagnostic Assessment, Pharmacological Management (Medication), Psychiatric Diagnostic Interview, and individual therapy provided to youth and their families. Community Psychiatric Supportive Treatment (case management) may be offered and provided in a school setting, in the community and/or in the home. Referrals from community organizations as well as self-referrals.

Transitional Living

www.tliving.org

Hamilton Office

2052 Princeton Rd
Hamilton, Ohio 45011
(513) 863-6383

Middletown Office

1131 Manchester Ave
Middletown, Ohio 45042
(513) 422-4004

Hours of Operation:

Monday – Friday

8:00 AM – 5:00 PM

Payment Sources:

Ohio Medicaid, Self-Pay and Subsidy/Sliding fee scale based on income (Please call if you have other insurances or questions)

Populations Served:

Adults 18 and older with severe mental illness (also serve some transitional youth & seniors)

Special Populations Served:

Homeless persons in Butler County, as well as those with Butler County Court involvement and those who are incarcerated in the Butler County Jail.

Mental Health Services:

- **Community Psychiatric Supportive Treatment (Case Management)**
- **Counseling (Individual & Group)**
- **Diagnostic Assessment**
- **Psychiatric Services (Medication)**
- **Residential Treatment**
- **Information, Screening & Referral**

Specialized Mental Health & Support Programs:

- **PATH Program:** Services provided to consumers from the PATH Team staff are outreach and engagement. The targeted population is those individuals who are homeless or high risk homeless in the community with severe and persistent mental health needs. PATH staff provides outreach into the community to locations and areas that these individuals may be living or frequenting. Many of the referrals into this program are initiated by PATH staff; however, many referrals also come from community individuals, police & fire departments, churches, and other agencies that provide basic needs services to these individuals. The goal of the program is to engage these individuals into mainstream services such as housing, medications, psychiatry, counseling, and other mental health service including medical treatment.

- **Treatment and Assessment Program (TAP):** Program provides 24-hour intensive supervision and skill building for Butler County residents ages 18 and older who have been diagnosed with severe and persistent mental health disorders and generally referred from Summit Behavioral Healthcare, local community hospital psychiatric units, family, friend, or clients may refer themselves. Capacity is 26 residents. This includes 23 beds for regular referrals plus three beds used for short-term stabilization stays. The TAP program provides an interim treatment location for persons with the goal of discharge to community housing at the highest level of functioning. Residential staff works hands-on with clients to teach needed skills, such as daily living skills and medication management. The program is designed to improve and/or maintain psychiatric stability, train in areas of hygiene, meal planning, cooking, grocery shopping, laundry, cleaning, and leisure/social skills. Staff monitors each dose of medication and assists residents in learning names and purposes of their medications. Mornings and afternoons are devoted to teaching and assessing daily living skills and hygiene. Time in the evenings is set aside for recreation activities such as would be found in any home. Outings are scheduled during the week.
- **Outreach Program:** Aggressive outreach into the community through follow-up with area Courts, Common Pleas Courts, Municipal Courts, Jails, Police Departments to improve referral accessibility for mental health services and other appropriate social service resources. Yearly, this team has contact with over 700 individuals in the community.
- **Treatment Alternative Court:** Fairfield Municipal Court has a Mental Health Court program that works with Butler County Residents who are charged with misdemeanor crimes and also have a diagnosis of severe and persistent mental health needs. Individuals are referred to the program through the Judge, family members, attorneys, and often through the police department. Individuals who qualify for this program would be eligible for specialized services and programming.

Hamilton and Middletown Municipal Courts have a Mental Health Review Docket program that works with Butler County Residents who are charged with misdemeanor crimes and also have a diagnosis of severe and persistent mental health needs. Individuals are referred to the program through the Judge, family members, attorneys, and often through the police department. Individuals who qualify for this program would be eligible for post-conviction status as a condition of probation at the Court, often avoiding jail time.

- **Jail Services:** Provides crisis intervention, assessments, referral, discharge planning and case coordination to inmates identified as being in need of mental health services in the Butler County Jail.

YWCA of Hamilton, Ohio

www.ywcahamilton.com

244 Dayton St
Hamilton, Ohio 45011
(513) 856-9800

Hours of Operation:	24 hours a day, 7 days a week
Payment Sources:	Subsidy/Sliding fee scale based on income for the uninsured, Section 8, and Medicaid. Clients are required to pay 40% of income towards rent. All clients must have a source of income.
Populations Served:	Women, ages 18 and up, in need of supportive housing
Special Populations Served:	Homeless, Female Transitional Youth, Disabled, and Women with a Mental Health Diagnosis

Mental Health Services:

- **Community Psychiatric Supportive Treatment (Case Management):** Community Psychiatric Supportive Treatment (CPST) provides an array of services that address the individualized mental health needs of the client. The purpose is to provide specific, measureable, and individualized services to each person served.
- **Housing/Residential Care:** Housing consists of each client having their own efficiency apartment. Each apartment has a full bathroom and kitchenette. Residential Care offers supportive services to each client to assist them to live successfully and independently.
- **Diagnostic Assessment:** A Diagnostic Assessment is a structured interview that gathers information to determine a client's mental health diagnosis.
- **Life Skills Instruction:** Life Skills Instruction is completed in individual and group settings. Life Skills are skills that are necessary for full participation in everyday life. Life skills are abilities that enable clients to deal effectively with the demands and challenges commonly encountered in daily human life.
- **Medication Monitoring:** Medication Monitoring is an education and accountability program that educates clients about the importance of medication compliance. The program assists the client in knowing what medications they are taking and why. The program also creates accountability for clients to take their medications on a daily basis as prescribed by their medical professionals.

Anxiety Survey

Generalized Anxiety Disorder (GAD-7) Anxiety Scale

Over the last 2 weeks, how often have you been bothered by the following problems?	Not at all	Several days	More than half the days	Nearly every day
1. Feeling nervous, anxious or on edge	0	1	2	3
2. Not being able to stop or control worrying	0	1	2	3
3. Worrying too much about different things	0	1	2	3
4. Trouble relaxing	0	1	2	3
5. Being so restless that it is hard to sit still	0	1	2	3
6. Becoming easily annoyed or irritable	0	1	2	3
7. Feeling afraid as if something awful might happen	0	1	2	3

Scoring: Sum the numerical answers to questions number 1 through 7.

Score	Severity
0-4	None-Minimal
5-9	Mild
10-14	Moderate
15-21	Severe

If you are feeling overwhelmed, depressed or unable to do the things you once enjoyed, it may be time to pause and assess your emotional health.

Please note that suicidality is not assessed in this survey.

If you feel you may be at risk or have thoughts about harming yourself or others, please seek immediate help from a medical professional.

Call 911 or the 24/7 Crisis Hotline at 1-844-4CRISIS (1-844-427-4747).

Depression Survey

Patient Health Questionnaire (PHQ-9) Depression Scale

Over the last 2 weeks, how often have you been bothered by the following problems?	Not at all	Several days	More than half the days	Nearly every day
1. Little interest or pleasure in doing things	0	1	2	3
2. Feeling down, depressed, or hopeless	0	1	2	3
3. Trouble falling or staying asleep, or sleeping too much	0	1	2	3
4. Feeling tired or having little energy	0	1	2	3
5. Poor appetite or overeating	0	1	2	3
6. Feeling bad about yourself or that you are failure or have let yourself or your family down	0	1	2	3
7. Trouble concentrating on things, such as reading the newspaper or watching television	0	1	2	3
8. Moving or speaking so slowly that other people could have noticed? Or the opposite – being so fidgety or restless that you have been moving around a lot more than usual	0	1	2	3
9. Thoughts that you would be better off dead or of hurting yourself in some way	0	1	2	3

Scoring: Sum the numerical answers to questions number 1 through 9.

Score	Severity
0-4	None-Minimal
5-9	Mild
10-14	Moderate
15-19	Moderately Severe
20-27	Severe

If you are feeling overwhelmed, depressed or unable to do the things you once enjoyed, it may be time to pause and assess your emotional health.

Please note that suicidality is not assessed in this survey.

If you feel you may be at risk or have thoughts about harming yourself or others, please seek immediate help from a medical professional.

Call 911 or the 24/7 Crisis Hotline at 1-844-4CRISIS (1-844-427-4747).

Substance Abuse Survey

Self-Administered Screening Instrument

The questions that follow are about your use of alcohol and other drugs. Mark the response that best fits for you. Answer the questions in terms of your experiences in the past 6 months.

1. Have you used alcohol or other drugs (Such as wine, beer, hard liquor, pot, coke, heroine or other opioids, uppers, downers, hallucinogens, or inhalants) *Y or N*
2. Have you felt that you use too much alcohol or other drugs? *Y or N*
3. Have you tried to cut down or quit drinking or using alcohol or other drugs? *Y or N*
4. Have you gone to anyone for help because of your drinking or drug use? (Such as Alcoholics Anonymous, Narcotics Anonymous, Cocaine Anonymous, counselors, or a treatment program) *Y or N*
5. Have you had any health problems? For example, have you:
 - Had blackouts or other periods of memory loss?
 - Injured your head after drinking or using drugs?
 - Had convulsions, delirium tremens ("DTs")?
 - Had hepatitis or other liver problems? *Y or N*
 - Felt sick, shaky or depressed when you stopped using alcohol or drugs?
 - Felt "coke bugs" or a crawling feeling under the skin after you stopped using drugs?
 - Been injured after drinking or using?
 - Used needles to shoot drugs?
6. Has drinking or other drug use caused problems between you and your family or friends? *Y or N*
7. Has your drinking or other drug use caused problems at school or at work? *Y or N*
8. Have you been arrested or had other legal problems? (Such as bouncing bad checks, driving while intoxicated, theft or drug possession) *Y or N*
9. Have you lost your temper or gotten into arguments or fights while drinking or using other drugs? *Y or N*

Assessment continues on the next page ➔

Substance Abuse Survey

Self-Administered Screening Instrument (Continued)

10. Are you needing to drink or use drugs more and more to get the effect you want? *Y or N*

11. Do you spend a lot of time thinking about or trying to get alcohol or other drugs? *Y or N*

12. When drinking or using drugs, are you more likely to do something you wouldn't normally do, such as break rules, break the law, sell things that are important to you, or have unprotected sex with someone? *Y or N*

13. Do you feel bad or guilty about your drinking or drug use? *Y or N*

The next questions are about your lifetime experiences:

14. Have you ever had a drinking or other drug problem? *Y or N*

15. Have any of your family members ever had a drinking or drug problem? *Y or N*

16. Do you feel that you have a drinking or drug problem now? *Y or N*

Scoring: Questions 1 and 15 are **not** scored.

Give yourself 1 point for every **Yes** circled and add sum of questions 2 through 14 and 16.

Score	Degree of Risk for Substance Abuse
0-1	None-Low
2-3	Minimal
≥4	Moderate to High: Possible need for further assessment

Please note that suicidality is not assessed in this survey.

If you feel you may be at risk please seek immediate help from a medical professional.
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