The Butler County Mental Health and Addiction Recovery Services Board is a county government organization that oversees the community mental health and addiction service system in Butler County. Mental health and addiction services are available to Butler County citizens through local certified mental health and addiction recovery provider agencies.

Mission Statement

The mission of the Butler County Mental Health and Addiction Recovery Services Board, in partnership with the community, is to provide a comprehensive recovery oriented system of care and prevention. In addition, the Board will continue to improve the quality of life of Butler County citizens through the support of addiction and mental health recovery services.

Vision Statement

The vision of the Butler County Mental Health and Addiction Recovery Services Board is to ensure a system of care that is best practice based, financially stable and publicly funded. Butler County residents will be provided services and support that are preventative, impactful and measurable.

Funding

Public mental health and addiction recovery services in Ohio are funded by a combination of federal, state and local tax dollars.

Butler County Mental Health and Addiction Recovery Services Board Funding Fiscal Year 2016

Local 73%
State 9%
Federal 18%
<table>
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<td><strong>Access Counseling Services</strong></td>
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<td>4464 S. Dixie Highway, Middletown</td>
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<tr>
<td>2114 Central Ave, Middletown</td>
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<tr>
<td>513.649.8008 page 7</td>
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<tr>
<td><strong>Beckett Springs Hospital</strong></td>
</tr>
<tr>
<td>8614 Shepherd Farm Dr, West Chester</td>
</tr>
<tr>
<td>513.942.9500 page 9</td>
</tr>
<tr>
<td><strong>Butler Behavioral Health Services, Inc.</strong></td>
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<tr>
<td>1490 University Blvd, Hamilton</td>
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<td>513.896.7887 1131 Manchester Ave, Middletown</td>
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<tr>
<td>513.422.7016 page 11</td>
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<tr>
<td><strong>Catholic Charities Southwestern Ohio</strong></td>
</tr>
<tr>
<td>1910 Fairgrove Ave, STE B, Hamilton</td>
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<tr>
<td>513.863.6129 page 15</td>
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<td><strong>Community Behavioral Health Services</strong></td>
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<td>820 S. Martin Luther King Blvd, Hamilton</td>
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<tr>
<td>513.868.5142 1659 S. Breiel Blvd, Middletown</td>
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<tr>
<td>513.424.0921 page 17</td>
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<tr>
<td><strong>LifeSpan, Inc.</strong></td>
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<tr>
<td>1900 Fairgrove Ave, Hamilton</td>
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<tr>
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<td><strong>NAMI Butler County</strong></td>
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<tr>
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<tr>
<td>513.860.8386 or 513.860.8387 page 23</td>
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<tr>
<td>3101 Dixie Highway, Hamilton</td>
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<tr>
<td>513.737.3400 page 27</td>
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<tr>
<td>6975 Dixie Highway, Suite A, Fairfield</td>
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<td><strong>Talbert House Union Day School</strong></td>
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<tr>
<td>8735 Cincinnati-Dayton Rd, West Chester</td>
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<tr>
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<tr>
<td>2052 Princeton Rd, Hamilton</td>
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<th>Diagnostic Assessment</th>
<th>Social &amp; Recreational Education &amp; Consultation</th>
<th>CPS/Services (Case Management)</th>
<th>Housing/Residential Detox</th>
<th>Intensive Outpatient Treatment</th>
<th>MAT - Psychiatry</th>
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*Only at the Butler County Jail

Contact the Butler County Mental Health & Addiction Recovery Services Board for more information at 513.860.9240
Ambulatory Detoxification – Face-to-face interactions with an individual who is suffering mild to moderate symptoms of withdrawal, for the purpose of alcohol and/or drug detoxification.

Assessment – The evaluation of an individual to determine the nature and extent of his/her mental illness and/or abuse, misuse and/or addiction to alcohol and/or other drugs.

Case Management – Activities provided to assist and support individuals in gaining access to needed medical, social, educational and other services essential to meeting basic human needs.

Community Psychiatric Supportive Treatment (CPST) – Provides a number of services delivered by community-based, mobile individuals or multidisciplinary teams of mental health care professionals and trained others. Services address the individual needs of clients and focus on an individual's ability to succeed in the community; to identify and access needed services, and to show improvement in school, work and family and contributions in the community.

Diagnostic Assessment – Is a clinical mental health and/or substance misuse evaluation provided by an eligible professional at the beginning of treatment or in response to treatment, or when significant changes occur. It is a process of gathering information to assess client needs and functioning in order to determine appropriate service/treatment based on identification of the presenting problem, evaluation of mental status, and formulation of a diagnostic impression.

Education/Consultation/Prevention Services – Education services indicate formal educational presentations made to individuals or groups that are designed to increase community knowledge of and to change attitudes and behaviors associated with mental health problems, needs and services. Consultation services are formal and systematic information exchange between an agency and a person other than a client, which is directed towards the development and improvement of individualized service plans and/or techniques involved in the delivery of mental health services. Finally, Prevention services indicate action oriented programs either toward reducing the incidence, prevalence, or severity of specific types of mental illness or emotional disturbances.

Emergency Services – Include both Crisis Intervention & Behavioral Health Hotline services. Crisis intervention is the process of responding to emergent situations and may include: assessment, immediate stabilization, and the determination of level of care in the least restrictive environment in a manner that is timely, responsive, and therapeutic. Behavioral health hotline services are an agency’s twenty-four hour per day, seven days per week capability to respond to telephone calls, often anonymous, made to an agency for crisis assistance. The person receiving emergency services may or may not become a client of the agency providing these services. These services are usually rendered face-to-face at a person’s home, at a mental health agency, or via telephone.

Employment/Vocational Service – Is to promote recovery and secure/maintain employment by providing training and skill development that is goal-oriented, ability-based, and incorporates individual choice. The outcome of employment/vocational service is that the individual will obtain and maintain employment, learn new job skills, increase self-sufficiency, and contribute to the community.

Family Counseling – The utilization of special skills in sessions with individuals and their family members and/or significant others under the guidance of a counselor to address family and relationship issues related to mental health, alcohol and other drug abuse and/or dependence for the purpose of promoting recovery from addiction.

Forensic Evaluations Service – An evaluation resulting in a written expert opinion regarding a legal issue for an individual referred by a criminal court, domestic relations court, juvenile court, adult parole authority, or other agency of the criminal justice system or an Ohio Department of Mental Health and Addiction Services (ODMHAS) operated regional psychiatric hospital. Forensic evaluation service also assists courts and the adult parole authority to address mental health legal issues.
Group Counseling (Therapy) – Services are typically provided through a counselor-client therapeutic relationship in which special skills are utilized to assist the client with mental illness and/or alcohol and other drug problems to achieve treatment objectives. Treatment occurs in a group setting with two or more individuals/clients facilitated by one or more counselors.

Housing/Residential Services – These are considered “other” mental health and/or substance misuse services which support persons/clients with mental illness to find affordable residential living placements and/or to assist in meeting their physical need for shelter.

Individual Counseling – Same as group counseling except treatment occurs in an individual setting.

Information, Screening & Referral Services – Includes responses, usually by telephone, to inquiries from people about services in the community. Referrals may include contacting an agency or a provider in order to secure services for the person requesting assistance.

Intensive Outpatient – Structured individual and group alcohol and drug addiction activities and services that are provided at a certified treatment program site for a minimum of eight hours per week with services provided at least three days per week.

Medical or Medication/Somatic (Psychiatric Services) – A pharmacologic management service is a psychiatric/mental health/medication assisted treatment (MAT)/medical intervention used to reduce/stabilize and/or eliminate psychiatric symptoms and/or the impact of substance misuse on individuals with the goal of improved functioning. These services should result in well-informed individuals and in decreased/minimized symptoms.

Medication Assisted Treatment – The services of a medical professional directly related to the use of medications to provide a whole patient approach to the treatment of substance abuse disorders.

Non-Medical Community Residential Treatment – A twenty-four-hour rehabilitation facility, without twenty-four-hour-per-day medical/nursing monitoring, where a planned program of professionally directed evaluation, care and treatment for the restoration of functioning for persons with alcohol and other drug problems and/or addiction occurs.

Outreach – A planned approach to reach a target population within their environment. The purpose of this approach is to prevent and/or address issues and problems as they relate to the use/abuse of alcohol or drugs.

Partial Hospitalization - An intensive, structured, goal-oriented, distinct and identifiable treatment service that utilizes multiple mental health interventions that address the individualized mental health needs of a client. The environment at this level of treatment is highly structured, and there should be an appropriate staff-to-client ratio in order to guarantee sufficient therapeutic services and professional monitoring, control, and protection of the identified client.

Social & Recreational Services – Includes structured and non-structured activities and supports to enhance the quality of life of the person served. These services occur, whenever possible, in facilities used for social and recreational purposes by other members of the community.

Subacute Detoxification – Detoxification services are provided with twenty-four-hour medical monitoring.

Uranalysis – The testing of an individual’s urine specimen to detect the presence of alcohol and other drugs.

For more detailed descriptions of these and other mental health services please visit http://codes.ohio.gov/oac/5122-29 or http://codes.ohio.gov/oac/3793:2-1-08v1

The Mental Health and Addiction Recovery Services Board will subsidize certain services and specialized programs for individuals that meet qualification requirements. The following information provided by our Service Providers may contain descriptions of services and programs not necessarily covered by public mental health and addiction recovery services funds. Please contact each agency or the Mental Health and Addiction Recovery Services Board for additional information. 513-860-9240
Butler County Crisis Hotline

Toll-Free Crisis and Information & Referral Hotline

1-844-4CRISIS (1-844-427-4747)

- Available 24/7 - 365 Days a Year
- Trained caring staff
- Suicide Prevention & Information and Referral Hotline
- Afterhours access to the Mobile Crisis Team
- Free Service

Operated by Beckett Springs Hospital

Butler County Consultation & Crisis Intervention Center

(513) 881-7180

Monday through Friday 8:00 am – 5:00 pm
Nights, weekends & holidays, services are available through the 24/7 toll-free Butler County Crisis Hotline

- Short term post crisis mental health therapy and case management
- Consultations with providers and families
- Assistance in the event of a community crisis
- Mobile Crisis Assessments

Health Officers will respond anywhere in Butler County to assess a mental health crisis situation and assist with emergency treatment to stabilize individuals in crisis.

Operated by Butler Behavioral Health Services, Inc.
Access Counseling Services
www.acscounseling.com

4464, 4448, 4432 S. Dixie Highway 2114 Central Ave
Middletown, Ohio 45005 Middletown, Ohio 45042
(513) 649-8008

Hours of Operation:
Monday – Thursday: 8:00 AM - 8:00 PM
Friday: 8:00 AM - 6:00 PM
Saturday: 8:00 AM - 5:00 PM

Payment Sources Accepted: Ohio Medicaid, Medicare, Self-Pay, Private Insurance and Subsidy/Sliding fee scale based on income

Populations Served: Children, adolescents, adults and seniors

Special Populations Served: Families, couples and developmentally disabled

Mental Health Services Offered:

- Counseling (Individual & Group)
- Diagnostic Assessment
- Pharmacological Management (Medication)
- Education
- Community Psychiatric Supportive Treatment (Case Management)

Specialized Mental Health & Support Programs:

- **School Based Treatment:** Provide on-site mental health therapy in various schools, for example Middletown elementary, middle and high schools; Madison elementary and middle schools to Medicaid eligible children.

- **Substance Abuse Treatment (Adults):** It is the philosophy of this program that individuals benefit most from a holistic biopsychosocial approach to care which includes attention to physical, emotional, social, interpersonal, and spiritual well-being. All of our groups require 12 step group participation; coordination with a physician for medical care; random drug screens; family participation; referrals to other appropriate community resources as needed; and individual case management to monitor progress in all major life areas along with abstinence from all mood altering chemicals. Target Populations are 18 and older.
• **Substance Abuse Treatment (Adolescents):** The Seven Challenges® Program is designed specifically for adolescents with drug problems, to motivate a decision and commitment to change - and to support success in implementing the desired changes. The Program simultaneously helps young people address their drug problems as well as their co-occurring life skill deficits, situational problems, and psychological problems. The Seven Challenges is listed as an evidence-based program in the SAMHSA National Registry of Evidence-Based Programs and Practices (NREBPP).

• **Dually Diagnosed Treatment (Adolescents and Adults):** The purpose and goals of this program is to provide intensive outpatient mental health/substance abuse services to clients who suffer from mental illness and substance abuse and to gear mental health and substance abuse services and topics to better meet the needs of the mentally ill, accounting for the client's life condition and mental condition in her/his recovery. The target populations are adolescent and adult males and females who receive a primary severe mental health diagnosis and a substance abuse/dependency diagnoses and who would benefit from dual diagnosis treatment.

• **Trauma Focus CPT:** Cognitive Processing Therapy (CPT) is a cognitive-behavioral treatment for posttraumatic stress disorder (PTSD) and related problems. The overall goals of CPT are to reduce PTSD symptoms, and associated symptoms such as depression, anxiety, guilt, and shame. It also aims to improve day-to-day living. CPT consists of 12 individual (one-on-one) therapy sessions. Each session lasts 50–60 minutes. If conducted in a group, the 12 sessions will last 90 minutes each. In these sessions, participants will learn about the symptoms of PTSD and why some people develop them.

• **EMDR:** Eye Movement Desensitization and Reprocessing (EMDR) is an evidenced based integrative psychotherapy approach that has been extensively researched and proven effective for the treatment of trauma. EMDR is a set of standardized protocols that incorporates elements from many different treatment approaches. To date, EMDR therapy has helped millions of people of all ages relieve many types of psychological stress.

• **Play Therapy:** Play Therapy has increasingly become the choice of treatment for children dealing with emotional and behavioral disorders. The understanding of play as the natural mode of communication and self-expression for children has become the norm. Play therapy is utilized to treat a multitude of behavioral problems including adjustment issues, anxiety, attachment problems, Attention Deficit Hyperactivity Disorder (ADHD), autism, depression, disruptive behavior problems, and self-esteem issues. It is also used to help children process through difficult life circumstances such as death or loss, divorce, domestic violence, personal illness, traumatic experiences such as physical and sexual abuse, and natural disasters. Most importantly children themselves, as well as their families and significant others, benefit and grow through the healing powers of Play Therapy.

• **Coming Soon:** Equine Assisted Psychotherapy and Equine Assisted Learning.
Beckett Springs Hospital
www.beckettsprings.com

8614 Shepherd Farm Dr
West Chester, Ohio 45069
(513) 942-9500

Hours of Operation: Calls are accepted 24 hours a day 7 days a week
Payment Sources Accepted: Medicare, Managed Medicare, Private Insurance, Tricare and Self-Pay (Assessments are free of charge)
Populations Served: Adults & senior adults

Mental Health Services Offered:

- Program-based Counseling (Group)
- Diagnostic Assessment
- Pharmacological Management (Medication)
- Education
- Partial Hospitalization (Mental Health and Dual Diagnosis)

Specialized Mental Health & Addiction Recovery Programs:

- **Psychiatric & Chemical Dependency Hospital**: 72- Bed facility located on a beautiful 10-acre park-like campus in West Chester, Ohio. The facility, constructed in 2013, offers secure, peaceful accommodations including a walking trial, private courtyard and fitness center. Becket Springs’ mission is to provide the highest quality treatment services to adults suffering from the devastating effects of mental illness and/or addiction. Long term recovery can be a reality for millions of people.

- **Mental Health Inpatient and Outpatient Services**: Inpatient mental health services and Partial Hospitalization Program. Beckett Springs offers no-cost, on-site assessments, 24 hours a day, 7 days a week.

- **Addiction and Recovery Services**: Inpatient treatment for chemical dependency, inpatient detox services, rehabilitation services and Intensive Outpatient Program for addictions.

- Co-Occurring Disorders
- Senior Mental Health and Addiction Services
- Initial Comprehensive Evaluation (No Cost)
- Inpatient Treatment and Rehabilitation
- Intensive Outpatient Program
- Partial Hospitalization (Addictive Recovery Services and Dual Diagnosis)
- Family Program
- Alumni Support Group
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<tr>
<th><strong>Big Brothers Big Sisters of Butler County</strong></th>
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5539 Eureka Dr  
Hamilton, Ohio 45011  
(513) 867-1227 or (513) 424-3397

**Hours of Operation:**  
Monday - Friday  
8:00 AM – 5:00 PM, evenings & weekends by appointment

**Populations Served:**  
Children ages 6-18 who are facing adverse circumstances.

**Special Population Served:**  
Children with incarcerated parents, children living with a single parent, children with mental health issues, children who are at risk of juvenile delinquency and/or children with a family history of substance abuse.

**Prevention Services Offered:**

We provide one-on-one evidenced based mentoring relationships to children who are facing adversity. This program provides screening and training of the volunteer mentors as well as ongoing support for the children, volunteers and family members who are involved in the program.

While children are waiting to be matched with a volunteer mentor they are encouraged to attend our Club of Unmatched Littles (COUL) activities. These occur every two weeks in the summer and bi-monthly during the school year. All activities are no cost and designed to be fun and enriching.
# Butler Behavioral Health Services, Inc.

**www.bbhs.org**

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<th>Hamilton Counseling Center</th>
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<td>1490 University Blvd</td>
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<tr>
<td>Hamilton, Ohio 45011</td>
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<tr>
<td>(513) 896-7780</td>
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**Harbor House Social Club Hours:**
- Monday – Friday: 9:00 AM – 5:00 PM

**Harbor House Medical Services Hours:**
- Tuesday: 1:00 PM – 5:00 PM

**Counseling Centers Hours:**
- Monday & Tuesday: 8:00 AM – 7:00 PM
- Wednesday & Thursday: 8:00 AM – 6:00 PM
- Friday: 8:00 AM – 4:00 PM

**Crisis Consultation & Intervention:**
- 24 hours a day 7 days a week

**Payment Sources Accepted:**
- Ohio Medicaid, Medicare, Self-Pay, Private Insurance and Subsidy/Sliding fee scale based on income

**Populations Served:**
- Children, adolescents, adults and seniors

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**Mental Health Services Offered:**

- Behavioral Health Home Services for adults and youth
- Community Psychiatric Supportive Treatment (Case Management)
- Crisis Intervention
- Diagnostic Assessment
- Education/Consultation/Prevention
- Information & Referral
- Intensive Home Based Treatment
- Mental Health and Substance Use Disorder Counseling (Individual & Group)
- Pharmacological Management (Medication)
- School Based Therapy
- Vocational/Employment
Specialized Mental Health & Support Programs:

- **Crisis Consultation & Intervention (CCI):** The purpose of the CCI program is to provide a safety-net for any individual in the county who is experiencing an acute mental health emergency. 
  - Mobile, county-wide service providing pre-hospital screening, crisis intervention, crisis consultation, post-crisis follow-up services, critical incident stress management and referral/linkage services. Available 24/7 for all ages. 
  - Consultation/educational services to schools, juvenile detention, homeless shelters and other facilities that frequently serve individuals during a mental health emergency. 
  
  *Butler County Consultation & Crisis Center:* (513) 881-7180  
  Monday – Friday: 8:00 AM – 5:00 pm  
  After hours, Weekends & Holidays: 1-844-4CRISIS (1-844-427-4747)

- **Health Now Health Home Services:** Health Now is a health home service designed to improve the physical and behavioral health of children, adolescents and adults with serious and persistent mental disorders. Health Now staff supplement the behavioral health and medical services each client receives in order to promote excellent care coordination among providers, to advocate for state-of-the-art medical care, to teach each client health self-management skills and to promote healthy lifestyle choices. Note: Health Home services are limited to individuals with qualifying diagnoses and who are current recipients of Ohio Medicaid.
  
  Hamilton/Southern Butler County: (513) 645-9550  
  Middletown/Northern Butler County: (513) 261-6960

- **WINGS Intensive Home-based Treatment:** The mission of the WINGS Intensive Home-Based Treatment program is to improve the psychological functioning of youth ages 0-18 years old that are at risk of out-of-home placement and facilitate their continued placement with their family and their inclusion in mainstream community & school life. 
  - Serves as a step-up for youth who fail to benefit from outpatient behavioral programs 
  - Serves as a step-down from residential programs 
  - Offers intensive, non-traditional services with frequent therapeutic interventions per week and a team of providers who have low caseloads 
  
  County-wide Services: (513) 896-7887

- **Workplace Associates Program:** The mission of Workplace Associates is to help individuals with disabilities to gain and retain employment in the community. Workplace Associates has been helping to “Quietly Create Taxpayers” since 1993, providing career services to people with various disabilities and barriers. 
  - Provides vocational case management & career counseling to severely emotionally disturbed youth between the ages of 16 - 18 
  - Provides supported employment services including Career Assessment, Job Try-Outs, Individualized Job Placement, Job Coaching (at or away from the work site), and Job Retention Services for adults 
  - Service hours vary depending on work site and includes evening and weekend hours (513) 867-5400
- **Harbor House Clubhouse:** The mission of Harbor House Clubhouse is to improve the quality of life of adults with severe, persistent mental disorders by helping them to expand their social support, community living skills and to help their fellow members do the same. Staff facilitates this self-help, peer support process. Clients may also receive psycho-educational services designed to teach self-advocacy, promote healthy lifestyle choices, expose clients to new community resources, teach computer literacy and prepare for completion of GED. The Harbor House is also the site for integrated medical care provided by Primary Health Solutions. (513) 896-7880

- **School Based Treatment:** School-based Treatment (SBT) is to provide year round counseling services within the educational setting of the child when circumstances or needs limit access to services in an outpatient setting. The SBT program strives to include parents in the treatment process and to provide access throughout the year. (513) 896-7887
Butler County Coalition for Healthy, Safe and Drug Free Communities
www.butlercountycoalition.org

5963 Boymel Dr
Fairfield, Ohio 45014
Office: (513) 860-8397
Mobile: (513) 236-7859

Hours of Operation:
Monday - Friday 8:30 AM – 4:30 PM, flexible hours when needed

Populations Served: Butler County residents

Butler County Coalition for Healthy, Safe and Drug Free Communities has two major goals:

1. To increase the capacity of the community to work collaboratively for a healthy, safe and drug free community.

2. Decrease drug abuse by youth.

Those goals are achieved through various identified strategies.
### Catholic Charities Southwestern Ohio

1910 Fairgrove Ave, Suite B  
Hamilton, Ohio 45011  
(513) 489-8898

**Hours of Operation:**  
Monday - Thursday: 8:00 AM – 8:00 PM  
Friday: 8:00 AM – 4:00 PM

**Payment Sources Accepted:**  
Ohio Medicaid, Private Insurance (Aetna, Anthem Blue Cross/Blue Shield, HealthSpan, Humana and Medical Mutual of Ohio) and Subsidy/Sliding fee scale based on income

**Populations Served:**  
Children, adolescents, adults, and older adults

**Special Population Served:**  
Individuals, couples, and families; child victims & adult survivors of sexual abuse; victims of trauma, including domestic violence and violence against immigrants

**Mental Health Services Offered:**
- Diagnostic Assessment
- Assessment of Substance Abuse/Dependence
- Counseling (Individual, Couples, Family and Group)
- Case Management & Pharmacological Management
- Spanish-speaking counselors available
- Education, Consultation & Prevention

**Specialized Mental Health & Support Programs:**
- **Comprehensive Sexual Abuse Treatment Program:** Specialized services for child victims of sexual abuse, as well as their parents and siblings. Services provided include a comprehensive mental health assessment; individual, family and group counseling; the use of art and play therapy, and collaboration with other community providers, as indicated. Services also provided for adult survivors of childhood sexual abuse.
- **Trauma Focused Cognitive Behavioral Therapy:** Specialized services for adult survivors of childhood sexual abuse, victims of domestic violence, and victims of violence against immigrants.
- **Group Counseling:** Counseling for grief and loss, parents of distressed teens, body image issues, relationship difficulties, separated and divorced individuals, and immigrant issues.
- **Hispanic Services:** Counseling for children, adolescents, and adults; individual, couples and family counseling; parish-based counseling.
- **Parish-Based Counseling:** Services provided in local parishes for convenience to clients.
- **Early Childhood Mental Health Consultation:** Services for child care & early education providers of children birth - 7 years and their families. Services include observation, assessment, action planning, coaching, training, and community linkages to promote social/emotional development and decrease challenging behavior of young children.
Addiction Recovery Services Offered:

- **Medical Detox**: Physician led inpatient program, staffed with nurses around the clock. Detox includes medication to address the symptoms associated with withdrawal from chemicals, including alcohol, cocaine, marijuana and opiates. Case management services assist with arranging continuing treatment, either in a residential, or outpatient setting. Typical stay is 3 to 7 days.

- **Short-term Residential**: A residential clinical treatment program with a typical residential stay of 28 to 30 days, an intensive therapy schedule consisting of group and individual therapy, addiction education, experiential groups in art and drum therapy. Twelve-step meetings are offered every day. Peer Mentors and Case Managers assist in the discharge planning for each patient.

- **Intensive Outpatient**: Offered in the day M-F from 9am to either 12noon or 3pm depending on clinical treatment plan. IOP is group therapy and education with 1 hour of individual counseling per week. Patient needs to have reliable transportation and a safe sober living environment to be a participant in IOP.

- **Continuing Care**: A 12 week group meeting for persons who have completed the residential or intensive outpatient program. These 1-hour weekly groups are led by clinical staff.

- **Gambling Treatment**: Either as individual counseling or one group is offered weekly. Treatment is provided by professional staff with certification in gambling treatment.

- **Medication Assisted Treatment**: Physician led outpatient clinic with either buprenorphine or Vivitrol is offered every week day and one Saturday clinic per month. This service is self-pay.
Community Behavioral Health
www.cbh-services.org

<table>
<thead>
<tr>
<th>Hamilton</th>
<th>Middletown</th>
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<tbody>
<tr>
<td>820 S. Martin Luther King Blvd</td>
<td>1659 S. Breiel Blvd</td>
</tr>
<tr>
<td>Hamilton, Ohio 45011</td>
<td>Middletown, Ohio 45044</td>
</tr>
<tr>
<td>(513) 887-8500</td>
<td>(513) 424-0921</td>
</tr>
</tbody>
</table>

**Hours of Operation:**
Monday - Thursday: 8:00 AM – 8:00 PM
Friday: 8:00 AM – 4:30 PM

**Payment Sources Accepted:**
Ohio Medicaid, Medicare, Self-Pay, Private Insurance and Subsidy/Sliding fee scale based on income

**Populations Served:**
Ages 3 & up, couples, families, adults and senior

**Special Population Served:**
Substance abuse and dually diagnosed

**Mental Health Services Offered:**
- Diagnostic Assessment
- Counseling (Individual & Group)
- Pharmacological Management (Medication)
- Education, Consultation & Prevention
- Housing/Residential
- Community Psychiatric Supportive Treatment (Case Management)
- Employment/Vocational Service

**Specialized Mental Health & Support Programs:**
- **Assertive Community Treatment “ACT Team” Program:** ACT is a voluntary program that serves adults ages 18 or over by providing intensive community psychiatric supportive treatment for adults with persistent, chronic, and severe mental health disorders. Many ACT clients have co-occurring problems with substance abuse. ACT case managers service people primarily in community settings.

- **Connections:** A short-term transitional case management program designed to assist consumers with medication needs who have been referred from Fort Hamilton Hospital, Serve City, or any other community organization that provides screenings, transitional case management, medication follow-up or monitoring, and referrals.
• **Great Miami Services (GMS):** An ODMHAS Certified 15 bed residential facility established to meet the special needs of Butler County residents with severe mental disorders. The program serves both male and female clients ages 18 and over. At GMS, local residents can receive treatment near their family and friends. This residential facility will serve as a step-down from psychiatric inpatient hospitalization and offers 24/7 supervision by certified nursing staff, mental health support services, minor medical interventions, daily living skills development, and coordination of community support services. Residents must have a qualifying primary mental health diagnosis documented prior to their admission. Services are available at Fort Hamilton Hospital, 620 Eaton Avenue in Hamilton, located at the 2 East Annex. (513) 867-3160 or (513) 867-3161

• **SAMI Court Services:** Provides Integrated Dual Diagnosis Treatment (IDDT) for offenders supervised under community control by the Butler County Court of Common Pleas. The program serves both male and female clients ages 18 and over that have been convicted of a felony offense and diagnosed with both a mental illness and a drug and/or alcohol problem. The program provides mental health assessments, pharmacological management, community psychiatric supportive treatment, behavioral health counseling/therapy (individual and group) and consultation services.

• **UPLIFT Senior Mental Health Services:** UPLIFT, a program developed from two evidence based practices, provides in-home counseling to older adults in Butler County. The goal of the program is to help seniors feel better by increasing their social, pleasant, and physical activities and by helping them engage in health problem solving. The program works well for clients experiencing difficulty adjusting to health issues, grief and loss, depression and anxiety.

• **Probate Monitor:** Provides clinical oversight of consumers probated to the Butler County Mental Health Board.

• **Forensic Monitor:** Provides clinical oversight of consumers' court ordered into the mental health service community as a result of their criminal conduct.

• **Chief Clinical Officer Designee (CCOD):** Responsible for clinical oversight of Butler County mental health consumers residing in a state or local hospital that are ordered to be monitored by the forensic or probate monitoring process. The CCOD provides ongoing assessments to safeguard consumers and the community while maintaining the integrity of the most appropriate level of care.

• **Employment Assistance:** In collaboration with Butler County Department of Job and Family Services, we provide the resources to help clients who have difficulty obtaining and maintaining employment because of social, situational, or mental health barriers. Our employer services provide local businesses with job ready employees who are prescreened, and ready to work.
• **Youth First:** Provides services for a wide variety of youth mental health diagnoses and behavioral concerns such as: anger and aggression, poor school performance, defiant behavior, substance abuse, hyperactivity and difficulty focusing, depression, anxiety, social skills and trauma. Youth First offers adolescent addiction services and group counseling, psychiatric services, family sessions, office-based counseling, and serves students in schools throughout Butler County.

**Chemical Dependency Services Offered**

• **Intensive Outpatient:** The groups meet 3 times a week for 3 hours. Addresses chemical dependency through the use of lecture, handouts, group process, individual counseling, and treatment planning. Uses Cognitive Behavioral Therapy and Motivational Interviewing as the main mode of therapy.

• **Treatment Alternatives for Safer Communities:** Offers case management and linkage services to clients who are chemically dependent and involved in the Butler County legal system.

• **Jail Services:** Offers intensive outpatient services to inmates located at the Butler County Jail.

• **5 Day Intensive Outpatient:** This is a program for clients who struggle maintaining abstinence in the traditional intensive outpatient setting. It is more intensive than the traditional intensive outpatient program, but less intensive than a residential setting. The group meets 5 days a week for 3 hours.

• **Outpatient Treatment:** The groups meet 2 times a week for 2 hours. Addresses chemical dependency through the use of lecture, handouts, group process, individual counseling, and treatment planning. Uses Cognitive Behavioral Therapy and Motivational Interviewing as the main mode of therapy.

• **Relapse Prevention:** A follow up program to intensive outpatient and outpatient groups. The group meets 1 time a week for 2 hours. The focus is on how to identify relapse warning signs and triggers. Clients are given the opportunity to practice skills they learned in treatment and process with the group how these skills are working.

• **Medication Assisted Treatment:** Offers intensive outpatient, followed by outpatient, followed by relapse prevention services to opiate addicted individuals. The services are offered while the individuals are receiving medication that helps to deal with withdraw and cravings. It is the long term goal of this program to ween these individuals off all medication.

• **Drug Court:** Drug Court is a one year long intensive program. Clients must be court ordered to participate in this program. The program is done in collaboration with the Butler County Court of Common Pleas.
Specialized Programs

- **Batterer’s Intervention**: This all male group meets 1 times a week for an hour and a half. Addresses power and control issues through the use of lecture, handouts, group process, individual counseling, and treatment planning. The cycle of violence model is heavily emphasized in this group.

- **Anger Management**: This group is divided into male and female. The group meets 1 time a week for an hour and a half. This group helps clients learn to identify early warning signs of anger and how to deal with these feelings more effectively. The group uses lecture, handouts, and group process.

- **Theft Intervention Group**: This service is targeted for those individuals who operate from the premise of “entitlement,” that often being the origin for the motivation to commit this kind/type of offense. The theft program sets out to reduce or modify thinking and, subsequently, the clients’ behaviors. Issues such as entitlement, thrill-seeking behavior, or simply “getting over” that are often driven by stress, frustration; family losses due to death/illness, difficulty on the job or loss of employment are addressed. Accountability and an emphasis on taking full personal responsibility for self are stressed.

- **Corrective Thinking**: This program is to aid clients who have problems with judgment skills, problem solving techniques, communication skills, boundaries, thinking errors, difficulty dealing with stress. The program is an integrated, cognitive behavioral change program for clients that includes cognitive restructuring, social skills development, and development of problem solving skills.
Prevention Services Offered:

Substance abuse and behavioral health prevention, education and consultation. A behavioral health risk reduction/strength based intervention and prevention approach for direct and indirect services.

- **Project Success**: A comprehensive/broad brush prevention program incorporating multiple prevention strategies that reach universal, selective and indicated populations (youth and adults). Includes: classroom based instruction; county and school wide prevention activities; teacher/staff training/in-services and consultations; informal screenings; problem ID/referral and Parent Education.

- **Butler County Youth & Community Development**: Expanding community resources and enhancing community group’s ability to organize, plan and network in an effort to prevent substance use and abuse in their own communities. Youth programs meeting their key developmental needs by building assets. Community in playing a vital role in behavioral health prevention advocacy efforts.

- **Adult Prevention Minimizes Risk – Maximized Life**: Educate Butler County residents about the Low Risk Drinking Guidelines and the standard drink definition. Focused on direct service delivery, the goal is to know people intend to use the information to make low risk choices regarding their drinking decisions.

- **Butler County Gambling Prevention Project**: Utilize the current knowledge and understanding of the considerable impact of problem gambling on the health and well-being of the community. Priorities are to: Delay participation in gambling until legal age; Prevent the onset of gambling problems by reducing associated risks; Minimize negative consequences by promoting access to intervention and treatment services. Includes ongoing assessment of gambling in our communities; public awareness; education for selective and indicated populations; community engagement and collaboration in all processes increasing awareness and effectiveness/efficiencies of the services.
Specialized Mental Health Support Programs:

- **Representative Payee Program:** LifeSpan partners with the Social Security Administration to manage money and pay bills for those adults with disability or mental illness who cannot manage on their own, ensuring that bills are paid on time to keep rent and utilities current and lives stable. We also provide a Private Pay Payee Program for individuals who desire a payee service that can help them establish a budget and take over paying their bills with their deposited funds for a contracted period of time.

- **Guardianship Program:** LifeSpan court-appointed guardians have a dramatic impact on the quality of life of our community’s most vulnerable residents - provide stability, safety and companionship to adults 18 and up that need someone to manage life changes and decisions when they cannot manage on their own due to mental illness or disability.

- **School Based Support Services:** School Based Support Workers reduce and/or remove the barriers to academic achievement and increase students’ social-emotional development and overall mental health. The program incorporates elements of human development, systems theory, and strength-based practices. Utilizing a developmental and ecological practice model the School Based Support Service Program is uniquely positioned to:
  - Triage the myriad of issues, problems, and concerns presented by students and staff
  - Provide ongoing support for social-emotional development
  - Offer prevention programming
  - Monitor for changes in a student’s mental, emotional, or physical status that might indicate a need for more rapid or urgent response
  - Refer for mental health assessment
NAMI Butler County
www.nami-bc.org

5963 Boymel Dr
Fairfield, OH 45014
(513) 860-8386 or (513) 860-8387

Hours of Operation: Varies – Contact NAMI Butler County or visit the website for more information and/or to register for classes and events.

Populations Served: Families, friends and individuals who have been impacted by mental health issues. All services provided are free of charge.

Programs and Services Offered:

- **Family to Family Class**: Free 12 week evidence-based education program providing support and education to family members and friends of individuals who are living with mental illness. Classes are taught by trained family members and graduates of the program. In addition to learning about treatment strategies, and how to more effectively communicate with loves ones, many participants also find the emotional support they receive crucial during their loved ones’ times of illness and stress. Registration required. See website for class times and to register.

- **Family Support Group**: For family and friends of individuals struggling with mental health disorders. See website for times and locations.

- **Caregivers of Children and Adolescents Support Group**: For individuals who care for children and adolescents with diagnosed mental illness or severe behavioral problems.

- **NAMI Basics Class**: Free 6 week program that fosters learning, healing and empowerment among parents and families of children with emotional/mental/neurobiological disorders. Registration required. See website or call the office for more information

- **NAMI Connection Recovery Support Group**: Peer-facilitated support group for adults living with mental illness. Group provides an opportunity to share challenges, strategies, and successes with others who understand. See website for times and locations.

- **Educational Meetings**: Held the third Thursday of the month at 7:00 pm, NAMI Educational Meetings host speakers presenting on a variety of mental health educational topics. Adults welcome, no registration required. See website for location and monthly topic.
• **Community Presentations:** NAMI staff and volunteers provide presentations to community groups to increase understanding of mental health conditions and their impact on the community, business, families and individuals. Please call the office for further information.

• **NAMI Ambassadors:** Volunteer group dedicated to promoting NAMI Butler County programs and events throughout the community. Open to all NAMI volunteers.

• **Lending Library:** Open before monthly Educational Meetings, classes and support groups held at the NAMI Butler County office. Library features fiction and non-fiction books on a variety of mental health topics.

• **NAMI Walk:** Single largest community awareness event for mental health in Butler County. Held the second Saturday of October at the Fitton Center for Creative Arts in Hamilton, Ohio.
Sojourner Recovery Services
www.sojournerrecovery.com

Administrative Office - call for client service locations
515 Dayton St
Hamilton, Ohio 45011
(513) 868-7654

Hours of Operation:
Monday – Friday 8:00 AM – 4:30 PM

Payment Sources Accepted: Medicaid, Medicare, some Private Insurance and Subsidy/Sliding fee scale based on income

Populations Served: Adults and adolescents suffering from addiction

Special Population Served: Pregnant women and families

Mental Health Services Offered:
- Psychiatric Evaluation
- Mental Health Prescriptions and Prescription Monitoring

Addiction Recovery Services Offered:
- Medication Assisted Treatments Services
- Assessment
- Case Management
- Individualized Treatment Planning
- Comprehensive Group Counseling
- Individual and Family Counseling

Specialized Programs:
- Residential Program: Provides a residential level of care for women and men over the age of 18 struggling with a substance abuse disorder.
- Intensive Outpatient Program: Provides an outpatient level of care five days a week for women and men struggling with a substance abuse disorder.
- Non-Intensive Outpatient Program: Provides an outpatient level of care three days a week for women and men struggling with a substance abuse disorder.
- Adolescent In-Home Program: Provides an in-home level of care for adolescents under the age of 18 struggling with a substance abuse disorder.
• **Adolescent Day Reporting Program:** Provides an all day, onsite program with school during the day and intensive outpatient services at night for adolescents under the age of 18 struggling with substance abuse disorder.

• **Motherhood and Maternity Addiction Services (MAMAS) Program:** A holistic program providing complete wraparound services that stabilize and strengthen the lives of pregnant women suffering with an addiction. In addition to mental health and addiction treatment, the Motherhood and Maternity Addiction Services Program fills traditional gaps in services for education, employment, housing, and childcare. This program will bring together public and private entities that will focus on prevention services, addiction treatment, recovery housing, and employment.

• **Recovery Housing Program:** Provides a safe home for female outpatient clients who lack stable living options.

• **Pre-Contemplation Program:** Provides early engagement outpatient level of care treatment services to clients currently on the waitlist for residential services.

• **Perinatal Program:** Provides educational and prevention services for pregnant women and women of child-bearing age who are struggling with a substance abuse disorder.

• **Drug Court Program:** Offered to those struggling with an addiction and have legal charges through Butler County Drug Court.

• **Problem Gambling Program:** Offered to adults struggling with a gambling disorder.
**St. Aloysius**  
**www.stalloysiuscincinnati.org**

**Cambridge**  
3101 Dixie Highway  
Hamilton, Ohio 45015  
(513) 737-3400

**Hours of Operation:**  
Monday – Friday: 7:30 AM – 8:00 PM

**Payment Sources Accepted:**  
Ohio Medicaid, Self-Pay, Private Insurance and Subsidy/Sliding fee scale based on income

**Populations Served:**  
Children ages 3 and up, families and individuals up to age 21 if developmentally disabled

**Mental Health Services Offered:**

- Community Psychiatric Supportive Treatment (Case Management)
- Counseling (Individual & Group)
- Diagnostic Assessment
- Pharmacological Management (Medication)
- Partial Hospitalization

**Specialized Mental Health & Support Programs:**

- **Home Based Trauma Treatment Program:** Used in Community Psychiatric Supportive Treatment and Behavioral Health Counseling

- **School Based Behavioral Health Counseling:** Counseling services conducted at various schools throughout Butler County

- **Cambridge School:** St. Aloysius Education Center is an Ohio independent private charter school. The center serves children in grades K-8 who are classified as Severely Emotionally Disturbed (SED). The center is equipped to provide individualized services in classrooms with a 1:4 teacher/pupil ratio. There is a half-day school that operates in conjunction with the partial hospital program. There is also a standalone partial hospitalization program; the child’s home school district is responsible for educational services in this program.

- **Teaching Family Model:** Used in Partial Hospitalization, Behavioral Health Counseling and Community Psychiatric Supportive Treatment

- **Collaborative Problem Solving:** Used in Community Psychiatric Supportive Treatment and Behavioral Health Counseling

- **Trauma Informed Treatment:** Used in Behavioral Health Counseling, Community Psychiatric Supportive Treatment and Psychiatric and Consultation services.

- **Play Therapy:** Used in Behavioral Health Counseling
St. Joseph Orphanage
www.sjokids.org

**Butler County Residents Can Access Services at ANY of the 4 locations:**

<table>
<thead>
<tr>
<th>Butler County Office</th>
<th>Villa Campus</th>
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</thead>
<tbody>
<tr>
<td>6975 Dixie Highway</td>
<td>5400 Edalbert Dr</td>
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<tr>
<td>Fairfield, Ohio 45014</td>
<td>Cincinnati, Ohio 45239</td>
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<table>
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<tr>
<th>Altercrest Campus</th>
<th>Dayton Office</th>
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</thead>
<tbody>
<tr>
<td>274 Sutton Rd</td>
<td>3131 South Dixie Dr, Suite 220</td>
</tr>
<tr>
<td>Cincinnati, Ohio 45230</td>
<td>Moraine, OH 45439</td>
</tr>
</tbody>
</table>

**Contact Central Access to Get Started:**
(513)741-3400 or admissions@sjokids.org

**Office Hours:**
Monday – Friday 8:30 am – 5:00 pm (Hours vary by service)

**Open Access Walk-in Hours** (Diagnosis Assessment):

<table>
<thead>
<tr>
<th>Butler County Office</th>
<th>Villa Campus</th>
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<tr>
<td>Wednesday and Thursday</td>
<td>Monday, Tuesday, Thursday and Friday</td>
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<tr>
<td>8:30 AM - 3:00 PM</td>
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**MEDSOM Walk-in Hours** (Psychiatric Assessment & Medication Management):
**Must use Open Access and be an established client to utilize Walk-in Hours**

<table>
<thead>
<tr>
<th>Villa Campus</th>
<th>Butler County Office</th>
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<tbody>
<tr>
<td>Monday</td>
<td>Friday</td>
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<td>8:00 AM - 2:00 PM</td>
<td>12:30 PM - 4:00 PM</td>
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Tuesdays (Initial Assessments ONLY)
1:00 PM – 5:00 PM

**Payment Sources Accepted:**
Ohio Medicaid, Self-Pay and Subsidy/Sliding fee scale based on income. Some Private Insurances accepted – Please contact us for verification.

**Accommodations:**
Transportation & Interpreting Services Available (Contact us for more details)

**Population Served:**
Children & Adolescents Ages 3-24, adults and senior citizens. Services are also available for family members of clients.
Mental Health Services Offered:

- **Assessment (Diagnostic)** WALK IN HOURS AVAILABLE (see page 28)
- **Pharmacological Management (Medication)** WALK IN HOURS AVAILABLE (see page 28)
- **Community Psychiatric Supportive Treatment (Case Management)**
- **Site Based or Home Based Counseling Services (Individual & Family)**
- **Transition To Independence**
- **Specialized Therapeutic Education Programs**
- **Partial Hospitalization – Group Therapy**
- **Residential Crisis Stabilization**
- **Therapeutic Foster Care & Foster Parent Trainings**
- **Independent Living Services**

Specialized Mental Health & Support Programs:

- **Site Based or Home Based Counseling Services (Individual & Family):** Individual, group and family therapy for youth with home, school, and office based settings.

- **Transition To Independence:** Intensive outpatient services focusing on a successful transition into adulthood.

- **Specialized Therapeutic Education Programs:** Therapeutic learning environment for students K-12. Individualized instruction and structured classrooms.

- **Partial Hospitalization – Group Therapy:** Daily group therapy offers a therapeutic peer environment to support positive social and emotional development and relationships. After school option also available.

- **Residential Crisis Stabilization:** Providing a highly structured and secured living environment to assist youth with severe emotional or behavioral concerns.

- **Foster Care (Traditional & Therapeutic):** Providing therapeutic foster homes for children birth to 21, with a special focus on youth with behavioral health concerns.

- **Foster Parent Training:** Provide training to new and existing Ohio foster parents in order to become a state licensed foster parent or to keep your foster parent license current.

- **Independent Living Services:** Community based apartments for youth transitioning to adulthood, including those aging out of foster care. On-site resident manager, life coach and case manager.
Talbert House
www.talberthouse.org

7116 Office Park Dr
West Chester, Ohio 45069
(513) 785-6900

Therapeutic Day School Hours:
Monday – Friday 7:00 AM – 3:00 PM

Outpatient Hours:
Tuesday, Wednesday, and Thursday 4:00 PM – 8:00 PM

School Based Services and Therapeutic Intervention Program (TIP) Hours:
Monday - Friday 8:00 AM – 4:00 PM

Payment Sources Accepted: Ohio Medicaid, Self-Pay, Private Insurance (out of network) and Subsidy/Sliding fee scale based on income

Populations Served: Children (ages 3-12); Adolescents (13-18 & up to 21 if still in high school); school based youth (Fairfield City & Lakota Local schools)

Mental Health Services Offered:

- Community Psychiatric Supportive Treatment (Case Management)
- Counseling (Individual & Group)
- Diagnostic Assessment
- Mental Health Consultation
- Pharmacological Management (Medication)

Specialized Mental Health & Support Programs:

- Therapeutic Day School at Union Day School: Diagnostic Assessment, Pharmacological Management (Medication), Psychiatric Diagnostic Interview, individual therapy and group therapy provided in a school setting. Community Psychiatric Supportive Treatment (case management) provided in a school setting, in the community and/or in the home. Referrals must come through the Butler County Educational Services Center.

- Therapeutic Intervention Program (TIP): Diagnostic Assessment, Pharmacological Management (Medication), Psychiatric Diagnostic Interview, and individual therapy offered to identified Head Start students in a school setting. Referrals from Butler County Job & Family Services.
• **School Based Services:** Programming located inside multiple schools within the Fairfield City and Lakota Local school districts. Diagnostic Assessment, Pharmacological Management (Medication), Psychiatric Diagnostic Interview, individual therapy and Mental Health Consultation provided in a school setting. Referrals from Butler County School Success program as well as other designated school staff. Community Psychiatric Supportive Treatment (case management) may be offered and provided in a school setting, in the community and/or in the home.

• **Outpatient Services (After hours from 4:00 PM - 8:00 PM Tuesday, Wednesday and Thursday):** Diagnostic Assessment, Pharmacological Management (Medication), Psychiatric Diagnostic Interview, and individual therapy provided to youth and their families. Community Psychiatric Supportive Treatment (case management) may be offered and provided in a school setting, in the community and/or in the home. Referrals from community organizations as well as self-referrals.
Transition Services

**Hamilton Office**
2052 Princeton Rd
Hamilton, Ohio 45011
(513) 863-6383

**Middletown Office**
1131 Manchester Ave
Middletown, Ohio 45042
(513) 422-4004

**Hours of Operation:**
Monday – Friday 8:00 AM – 5:00 PM
Please note that Case Management Services are on call

**Homeless Outreach Services:** 24 hours a day/7 days a week

**Payment Sources Accepted:** Ohio Medicaid, Self-Pay and Subsidy/Sliding fee scale based on income (Please call if you have other insurances or questions)

**Populations Served:** Adults 18+ with Severe Mental Illness (Also serve some Transitional Youth, Adults & Seniors)

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**Mental Health Services Offered:**

- Community Psychiatric Supportive Treatment (Case Management)
- Counseling (Individual & Group)
- Diagnostic Assessment
- Pharmacological Management (Medication)
- Residential Treatment
- Information, Screening & Referral

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**Specialized Mental Health & Support Programs:**

- **PATH Program:** Services provided to consumers from the PATH Team staff are outreach and engagement. The targeted population is those individuals who are homeless or high risk homeless in the community with severe and persistent mental health needs. PATH staff provides outreach into the community to locations and areas that these individuals may be living or frequenting. Many of the referrals into this program are initiated by PATH staff; however, many referrals also come from community individuals, police & fire departments, churches, and other agencies that provide basic needs services to these individuals. The goal of the program is to engage these individuals into mainstream services such as housing, medications, psychiatry, counseling, and other mental health service including medical treatment.
• **Treatment and Assessment Program (TAP):** Program provides 24-hour intensive supervision and skill building for Butler County Residents ages 18 and older who have been diagnosed with severe and persistent mental health disorders and generally referred from Summit Behavioral Healthcare, local community hospital psychiatric units, family, friend, or clients may refer themselves. Capacity is 26 residents. This includes 23 beds for regular referrals plus three beds used for short-term stabilization stays. The TAP program provides an interim treatment location for persons with the goal of discharge to community housing at the highest level of functioning. Residential staff works hands-on with clients to teach needed skills, such as daily living skills and medication management. The program is designed to improve and/or maintain psychiatric stability, train in areas of hygiene, meal planning, cooking, grocery shopping, laundry, cleaning, and leisure/social skills. Staff monitors each dose of medication and assists residents in learning names and purposes of their medications. Mornings and afternoons are devoted to teaching and assessing daily living skills and hygiene. Time in the evenings is set aside for recreation activities such as would be found in any home. Outings are scheduled during the week.

• **Outreach Program:** Aggressive outreach into the community through follow-up with Area Courts, Common Pleas Courts, Municipal Courts, Jails, Police Departments to improve referral accessibility for mental health services and other appropriate social service resources. Yearly, this team has contact with over 700 individuals in the community.

• **Treatment Alternative Court:** Fairfield Municipal Court has a Mental Health Court program that works with Butler County Residents who are charged with misdemeanor crimes and also have a diagnosis of severe and persistent mental health needs. Individuals are referred to the program through the Judge, family members, attorneys, and often through the police department. Individuals who qualify for this program would be eligible for specialized services and programming.

Hamilton and Middletown Municipal Courts have a Mental Health Review Docket program that works with Butler County Residents who are charged with misdemeanor crimes and also have a diagnosis of severe and persistent mental health needs. Individuals are referred to the program through the Judge, family members, attorneys, and often through the police department. Individuals who qualify for this program would be eligible for post-conviction status as a condition of probation at the Court, often avoiding jail time.

• **Jail Services:** Provides crisis intervention, assessments, referral, discharge planning, psychiatry, and case coordination to inmates identified as being in need of mental health services in the Butler County Jail.
244 Dayton ST
Hamilton, Ohio 45011
(513) 856-9800

Residential Program: 24 hours a day 7 days a week

Payment Sources Accepted: Subsidy/Sliding fee scale based on income available for the uninsured, Section 8, and Medicaid. Clients are required to pay 30% of income towards rent.

Populations Served: Women ages 18 and up in need of supportive housing

Mental Health Services Offered:

- Community Psychiatric Supportive Treatment (Case Management)
- Housing/Residential Care
- Diagnostic Assessment
- Life Skills Instruction
- Medication Monitoring

Specialized Mental Health & Support Programs:

**Goodman Place:** A residential program for women with a mental health and substance abuse diagnosis who are in need of supportive housing. Areas of support include medication management, therapeutic services, social interaction, service coordination and linkages, assistance maintaining a healthy and safe home environment, transportation coordination, and nutrition education. Additional services include: housing, diagnostic assessment, residential care, community psychiatric supportive treatment, independent living skills training, psychoeducational groups, self-sufficiency skills education, and medication monitoring program. Each efficiency apartment has its own full bathroom and kitchenette. Residents have on-site access to a coin-operated laundry facility, large first floor gathering area and a community kitchen. The YWCA building is within walking distance of employment, medical services, and social service organizations.
# Anxiety Survey

**Generalized Anxiety Disorder (GAD-7) Anxiety Scale**

<table>
<thead>
<tr>
<th>Over the last 2 weeks, how often have you been bothered by the following problems?</th>
<th>Not at all</th>
<th>Several days</th>
<th>More than half the days</th>
<th>Nearly every day</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. Feeling nervous, anxious or on edge</td>
<td>0</td>
<td>1</td>
<td>2</td>
<td>3</td>
</tr>
<tr>
<td>2. Not being able to stop or control worrying</td>
<td>0</td>
<td>1</td>
<td>2</td>
<td>3</td>
</tr>
<tr>
<td>3. Worrying too much about different things</td>
<td>0</td>
<td>1</td>
<td>2</td>
<td>3</td>
</tr>
<tr>
<td>4. Trouble relaxing</td>
<td>0</td>
<td>1</td>
<td>2</td>
<td>3</td>
</tr>
<tr>
<td>5. Being so restless that it is hard to sit still</td>
<td>0</td>
<td>1</td>
<td>2</td>
<td>3</td>
</tr>
<tr>
<td>6. Becoming easily annoyed or irritable</td>
<td>0</td>
<td>1</td>
<td>2</td>
<td>3</td>
</tr>
<tr>
<td>7. Feeling afraid as if something awful might happen</td>
<td>0</td>
<td>1</td>
<td>2</td>
<td>3</td>
</tr>
</tbody>
</table>

**Scoring:** Sum the numerical answers to questions number 1 through 7.

<table>
<thead>
<tr>
<th>Score</th>
<th>Severity</th>
</tr>
</thead>
<tbody>
<tr>
<td>0-4</td>
<td>None-Minimal</td>
</tr>
<tr>
<td>5-9</td>
<td>Mild</td>
</tr>
<tr>
<td>10-14</td>
<td>Moderate</td>
</tr>
<tr>
<td>15-21</td>
<td>Severe</td>
</tr>
</tbody>
</table>

*If you are feeling overwhelmed, depressed or unable to do the things you once enjoyed, it may be time to pause and assess your emotional health.*

Please note that suicidality is not assessed in this test.

If you feel you may be at risk or have thoughts about harming yourself or others, please seek immediate help from a medical professional.

**Call 911 or the 24/7 Crisis Hotline at 1-844-4CRISIS (1844-427-4747).**
# Depression Survey

**Patient Health Questionnaire (PHQ-9) Depression Scale**

<table>
<thead>
<tr>
<th>Over the last 2 weeks, how often have you been bothered by the following problems?</th>
<th>Not at all</th>
<th>Several days</th>
<th>More than half the days</th>
<th>Nearly every day</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. Little interest or pleasure in doing things</td>
<td>0</td>
<td>1</td>
<td>2</td>
<td>3</td>
</tr>
<tr>
<td>2. Feeling down, depressed, or hopeless</td>
<td>0</td>
<td>1</td>
<td>2</td>
<td>3</td>
</tr>
<tr>
<td>3. Trouble falling or staying asleep, or sleeping too much</td>
<td>0</td>
<td>1</td>
<td>2</td>
<td>3</td>
</tr>
<tr>
<td>4. Feeling tired or having little energy</td>
<td>0</td>
<td>1</td>
<td>2</td>
<td>3</td>
</tr>
<tr>
<td>5. Poor appetite or overeating</td>
<td>0</td>
<td>1</td>
<td>2</td>
<td>3</td>
</tr>
<tr>
<td>6. Feeling bad about yourself—or that you are failure or have let yourself or your family down</td>
<td>0</td>
<td>1</td>
<td>2</td>
<td>3</td>
</tr>
<tr>
<td>7. Trouble concentrating on things, such as reading the newspaper or watching television</td>
<td>0</td>
<td>1</td>
<td>2</td>
<td>3</td>
</tr>
<tr>
<td>8. Moving or speaking so slowly that other people could have noticed? Or the opposite—being so fidgety or restless that you have been moving around a lot more than usual</td>
<td>0</td>
<td>1</td>
<td>2</td>
<td>3</td>
</tr>
<tr>
<td>9. Thoughts that you would be better off dead or of hurting yourself in some way</td>
<td>0</td>
<td>1</td>
<td>2</td>
<td>3</td>
</tr>
</tbody>
</table>

**Scoring:** Sum the numerical answers to questions number 1 through 9.

<table>
<thead>
<tr>
<th>Score</th>
<th>Severity</th>
</tr>
</thead>
<tbody>
<tr>
<td>0-4</td>
<td>None-Minimal</td>
</tr>
<tr>
<td>5-9</td>
<td>Mild</td>
</tr>
<tr>
<td>10-14</td>
<td>Moderate</td>
</tr>
<tr>
<td>15-19</td>
<td>Moderately Severe</td>
</tr>
<tr>
<td>20-27</td>
<td>Severe</td>
</tr>
</tbody>
</table>

*If you are feeling overwhelmed, depressed or unable to do the things you once enjoyed, it may be time to pause and assess your emotional health.*

Please note that suicidality is not assessed in this test.

If you feel you may be at risk or have thoughts about harming yourself or others, please seek immediate help from a medical professional.

**Call 911 or the 24/7 Crisis Hotline at 1-844-4CRISIS (1844-427-4747).**
# Substance Abuse Survey

**Self-Administered Screening Instrument**

The questions that follow are about your use of alcohol and other drugs. Mark the response that best fits for you. Answer the questions in terms of your experiences in the past 6 months.

<table>
<thead>
<tr>
<th>Question</th>
<th>Y or N</th>
</tr>
</thead>
<tbody>
<tr>
<td>1. Have you used alcohol or other drugs? (Such as wine, beer, hard liquor, pot, coke, heroine or other opioids, uppers, downers, hallucinogens, or inhalants)</td>
<td></td>
</tr>
<tr>
<td>2. Have you felt that you use too much alcohol or other drugs?</td>
<td></td>
</tr>
<tr>
<td>3. Have you tried to cut down or quit drinking or using alcohol or other drugs?</td>
<td></td>
</tr>
<tr>
<td>4. Have you gone to anyone for help because of your drinking or drug use? (Such as Alcoholics Anonymous, Narcotics Anonymous, Cocaine Anonymous, counselors, or a treatment program)</td>
<td></td>
</tr>
<tr>
<td>5. Have you had any health problems? For example, have you:</td>
<td></td>
</tr>
<tr>
<td>- Had blackouts or other periods of memory loss?</td>
<td></td>
</tr>
<tr>
<td>- Injured your head after drinking or using drugs?</td>
<td></td>
</tr>
<tr>
<td>- Had convulsions, delirium tremens (“DTs”)?</td>
<td></td>
</tr>
<tr>
<td>- Had hepatitis or other liver problems?</td>
<td></td>
</tr>
<tr>
<td>- Felt sick, shaky or depressed when you stopped using alcohol or drugs?</td>
<td></td>
</tr>
<tr>
<td>- Felt “coke bugs” or a crawling feeling under the skin after you stopped using drugs?</td>
<td></td>
</tr>
<tr>
<td>- Been injured after drinking or using?</td>
<td></td>
</tr>
<tr>
<td>- Used needles to shoot drugs?</td>
<td></td>
</tr>
<tr>
<td>6. Has drinking or other drug use caused problems between you and your family or friends?</td>
<td></td>
</tr>
<tr>
<td>7. Has your drinking or other drug use caused problems at school or at work?</td>
<td></td>
</tr>
<tr>
<td>8. Have you been arrested or had other legal problems? (Such as bouncing bad checks, driving while intoxicated, theft or drug possession)</td>
<td></td>
</tr>
<tr>
<td>9. Have you lost your temper or gotten into arguments or fights while drinking or using other drugs?</td>
<td></td>
</tr>
</tbody>
</table>

Assessment continues on other side ➔
**Substance Abuse Survey**

**Self-Administered Screening Instrument (Continued)**

10. Are you needing to drink or use drugs more and more to get the effect you want?  \( Y \text{ or } N \)

11. Do you spend a lot of time thinking about or trying to get alcohol or other drugs?  \( Y \text{ or } N \)

12. When drinking or using drugs, are you more likely to do something you wouldn't normally do, such as break rules, break the law, sell things that are important to you, or have unprotected sex with someone?  \( Y \text{ or } N \)

13. Do you feel bad or guilty about your drinking or drug use?  \( Y \text{ or } N \)

**The next questions are about your lifetime experiences:**

14. Have you ever had a drinking or other drug problem?  \( Y \text{ or } N \)

15. Have any of your family members ever had a drinking or drug problem?  \( Y \text{ or } N \)

16. Do you feel that you have a drinking or drug problem now?  \( Y \text{ or } N \)

**Scoring:** Questions 1 and 15 are **not** scored. Give yourself 1 point for every **Yes** circled and add sum of questions 2 through 14 and 16.

<table>
<thead>
<tr>
<th>Score</th>
<th>Degree of Risk for Substance Abuse</th>
</tr>
</thead>
<tbody>
<tr>
<td>0-1</td>
<td>None-Low</td>
</tr>
<tr>
<td>2-3</td>
<td>Minimal</td>
</tr>
<tr>
<td>( \geq 4 )</td>
<td>Moderate to High: Possible need for further assessment</td>
</tr>
</tbody>
</table>

If you feel you may be at risk please seek immediate help from a medical professional. Call 911 or the 24/7 Crisis Hotline at 1-844-4CRISIS (1844-427-4747).