



**Board Meeting Minutes
Wednesday, September 18, 2019
Board Meeting**

The Butler County Mental Health and Addiction Recovery Services Board held its monthly Board meeting on Wednesday, September 18th, 2019 at 6:00 p.m. at the Board office located at 5963 Boymel Drive in Fairfield, Ohio.

1. Call to Order

1.01 Board President Wayne Mays called the meeting to order.

Upon the call of the roll the following Board members were present: Pastor Michael Bailey; Patricia Deis-Gleeson, BSN; Wayne Mays; Theodore Hunter, M.D.; Deborah Stanton; Lonnie Tucker, CHE, CSW; Christine Hacker, MSN; Mathew Himm; Kim McKinney, BSN, RN; Rev. Gary Smith; David Swigonski; Richard Bement; Rev. Vanessa R. Cummings, CAPP; Kelsey Wargo, LPCC-S, CCTP-II; and John Silvani, RN, CARN, CAS, LCC-II.

Recognition of Guests:

Eric Cummins, St. Joseph's Orphanage
Julie Herrmann, St. Joseph's Orphanage
Kathy Becker, Access Counseling
Pauline Edwards, Access Counseling
Debra Cotter, Access Counseling
Alyssa Louagie, NAMI
Nikki Boberg, Talbert House
Erin Day, Community Behavioral Health
Karen Swedersky, St. Aloysius
Linda Hart, St. Aloysius
Carolyn Winslow, Big Brothers Big Sisters
Sharon Bartels, TLC
Lori Higgins, Envision Partnerships
Joyce Kachelries, Lifespan
Maria Laib, Sojourner

1.02 Agenda Review
- *No changes*

- 1.03 Public Comments on the Agenda
- *No comments*

2. Swearing in of Board Members

- 2.01 **Swearing in of Rev. Vanessa R. Cummings, CAPP**
Rev. Vanessa R. Cummings, CAPP was sworn into office by Cassandra Kiesey, Esq.
- 2.02 **Swearing in of Kelsey Wargo, LPCC-S, CCTP-II**
Kelsey Wargo, LPCC-S, CCTP-II was sworn into office by Cassandra Kiesey, Esq.
- 2.03 **Swearing in of John Stephen Silvani, RN CARN CAS LCDC-II**
John Stephen Silvani, RN CARN CAS LCDC-II was sworn into office by Cassandra Kiesey, Esq.
- 2.04 **Swearing in of Mathew Himm**
Mathew Himm was sworn into office by Cassandra Kiesey, Esq.
- 2.05. **Swearing in of David Swigonski**
David Swigonski was sworn into office by Cassandra Kiesey, Esq.

3. Board Communication & Announcements

- 3.01 Executive Director's Report

I. OhioMAS FY20 – 21 State Budget Highlights

Dr. Rasmus gave an update on the status of new state funding for fiscal 2020 and 2021. Butler County is 2.3% of the state's full allocations that would be dispersed to Butler County at this percentage if a per capita allocation formula were used. There is 5.75 million dollars listed in the Ohio Department of Mental Health and Addiction Services (ODMHAS) budget for crisis flex crisis funding. BCMHARS is targeted to receive \$170,155, which is about 3% for mental health and addiction services for fiscal year 2020 and then again in 2021. There is also 14.23 million dollars in specialty certified court docket funds available. Butler County will receive \$100,000 for fiscal years 2020 and 2021.

Additionally, there is 9.25 million dollars in crisis infrastructure funds yet to be allocated by ODMHAS in just fiscal year 2020. These funds have not been allocated yet. There is a meeting of the Crisis Academy on October 28th by the state in Columbus to address this Crisis Infrastructure funding. Furthermore, there is also 18 million dollars in K – 12 prevention funds for fiscal year 2020 to be allocated to counties for BH prevention. It has not been determined how these will be allocated yet.

- II. **BH Redesign/Manage Care Carve In Update**
The BCMHARS Board staff continues to meet with providers monthly as they have for the past two years. In the most recent meeting, many of the advanced payments are either in negotiation for payback plans or in finalization. Care Source continues to have customer service issues.
- III. **Board Member Focus/Recognition**
John Silvani has been elected to the Board as a Director at Large of the International Nurses Society on Addictions for 2019 to 2021. He will be attending the conference in Baltimore in October.
- IV. **September – National Suicide Awareness Month**
Dr. Rasmus acknowledged that September is National Suicide Awareness Month.
- V. **Article, “Butler County Among State Suicide Leaders” Rutledge, M. (2019, September 19) Retrieved from <https://www.journal-news.com/news/local/hidden-surprise-some-butler-county-among-state-leaders-suicides/EIE2XnxShjUTOUFBtjoLdP/#>**
The article identifies that there were 41 suicides in Butler County in 2018. While countywide, suicides have recently dropped 6.8%, Middletown’s numbers have doubled in one year. A new technique called QPR (Question, Persuade and Refer) is a lifesaving technique that can be learned in 90 minutes.
- VI. **Article, “Climate Grief: Fears About The Planet’s Future Weigh on Americans’ Mental Health” Knight, V. (2019, July 18) Retrieved from <https://khn.org/news/climate-grief-fears-about-the-planets-future-weigh-on-americans-mental-health/>**
An April survey by Yale and George Mason universities found that 62% of Americans were “somewhat worried” about climate change. 23% were “very worried.” A 2019 Gallup poll reported that 54% of those aged 18 to 34, 38% of those 35 to 54 and 44% of those 55 and older “worry a great deal” about global warming. There is no epidemiological data yet to show how common distress and anxiety related to climate change is.
- VII. **Article, “Broken heart syndrome and cancer are connected, scientists say” Asmelash, L. & Ries, B. (2019, July 18) Retrieved from <https://www.cnn.com/2019/07/18/health/broken-heart-syndrome-cancer-trnd/index.html>**
Broken heart syndrome, also called stress-induced cardiomyopathy or Takotsubo cardiomyopathy is triggered by intensely stressful situations. Symptoms include sudden chest pain, caused by the surge of stress hormones. Research published in the Journal of American Heart Association states broken heart syndrome may be linked to cancer. This study found that one in six people with broken heart syndrome developed cancer and were more likely to die within five years after their diagnosis compared to those without broken heart syndrome.

- VIII **Article, “Lettuce be happy: A longitudinal UK study on the relationship between fruit and vegetable consumption and well-being”** Ocean, N., Howley, P., & Ensor, J. (2019) *Social Science & Medicine*, 222, 333 – 345. doi: 10.1016/j.socscimed.2018.12.017 Retrieved from <https://www.sciencedirect.com/science/article/pii/S0277953618306907>

Recent research suggests that increased consumption of fruits and vegetables could play a role in enhancing mental well-being in the short-term.

- IX **Article, “How a person vapes, not just what a person vapes, could also play a big role in vaping harm”** Robinson, R. (2019, September 13) Retrieved from <https://theconversation.com/how-a-person-vapes-not-just-what-a-person-vapes-could-also-play-a-big-role-in-vaping-harm-122527>

The Centers for Disease Control and Prevention is looking at the different flavored nicotine juices and other substances users are vaping in e-cigarettes to determine how the aerosol might be affecting users’ lungs.

- X NAMI Walk is Saturday, October 12th at 10:00 a.m.

4. Consent Agenda

4.01 Consent Agenda Items

- A. June Board Meeting Minutes
- B. June Executive Committee Meeting Minutes
- C. September ARS Meeting Minutes
- D. September MH Meeting Minutes
- E. Diane E. Zucker Contract
- F. Kim Grimes Contract

Mr. Himm motioned to approve the items in the consent agenda. Mr. Silvani seconded the motion. The vote carried the motion.

5. Review of Committee Meetings

5.01 MH Committee June Meeting Review

Ms. McKinney gave a brief update on the MH Committee Meeting activities this month.

5.02 ARS Committee June Meeting Review

Mr. Himm gave a brief update on the ARS Committee meeting activities this month.

6. New Business

6.01 **Plaque – Patricia Irwin, RN, MSN, CS**

President Mays and Dr. Rasmus recognized Patricia Irwin, RN, MSN, CS for the service provided to the Board.

6.02 **Greater Miami Services (GMS) Proposal**

Dr. Rasmus reminded Board members that the GMS lease was extended until December 2020 by Fort Hamilton Hospital. The air conditioner broke. Bed capacity is 15, Community Behavioral health are currently running at 11, which is a loss due to the air conditioning issue. There was an initial stage one \$8,800 proposal for a space analysis for relocation. There now is an additional proposal of \$11,200 for the next phase, which includes a cost analysis.

Ms. Hacker motioned to approve the GMS Proposal. Dr. Hunter seconded the motion. The vote carried the motion.

6.03 FY20 County Budget

Mr. Rhodus shared the fiscal year 2020 county budget which includes the BCMHARS Board's: mission; vision; projected goals and objectives; revenues and expenditures; and organizational chart.

Ms. Desi-Gleeson motioned to approve the FY20 County Budget. Mr. Tucker seconded the motion. The vote carried the motion.

6.04 Fee Schedule Rate Change

Medicaid has increased some of their Behavioral Health (BH) rates. Mr. Rhodus is making a request to the Board to change some of the Butler County Mental Health and & Addiction Recovery Services Board rates to match Medicaid.

Mr. Himm motioned to approve the Fee Schedule Rate Change. Rev. Cummings seconded the motion. The vote carried the motion

6.05 April – May Board Fiscal Report

April is 83% of the year. 72.18% of Board revenues have been collected. Board administration expenses is at 74%. 69% of the contracts have been paid. Board Cash balance as of April 30, 2019 is \$20,233,206.00.

May is 92% of the year. 78.8% of Board revenue have been collected in May. Board administration expenses are 84%. 74% of the contracts have been paid. Cash balance as of May 31, 2019 is \$19,227,897.00.

Mr. Swigonski motioned to approve the Fiscal Report. Ms. Stanton seconded the motion. The vote carried the motion

6.06 Budget Revisions

Access Counseling – Board requested budget revision due to additional funding from State Opiate Response (SOR) funding is for a total of \$140,000. The contract is not to exceed \$1,117,790. They passed their scorecard requirements.

Butler Behavioral Health – Board requested budget revision decrease of \$11,264 due to Engage 2.0 grant. The contract is not to exceed \$2,041,237. They passed their scorecard requirements.

Community Behavioral Health – Board requested budget revision due to additional funding from State Opiate Response (SOR) funding for a total of \$20,000. The contract is not to exceed \$4,087,333. They passed their scorecard requirements.

Pastor Bailey motioned to approve the contract modifications. Ms. Stanton seconded the motion. The vote carried the motion.

Sojourner Recovery Services – Board requested budget revision due to the Federal Women’s Treatment Grant. We have been directed by OhioMHAS to payout the balance of the grant. The total paid to date is \$257,839. They did not pass their scorecard requirements.

Ms. Hacker motioned to approve the Sojourner Recovery Services FY19 Contract Modification. Rev. Cummings seconded the motion. The vote carried the motion.

Sojourner Recovery Services – Board requested budget increase due to the State Opiate Response (SOR) grant in the amount of \$45,000. The contract is not to exceed \$1,863,557. They did not pass their scorecard requirements.

Ms. Gleeson motioned to approve the Sojourner Recovery Services FY20 Contract Modification. Ms. Stanton seconded the motion. The vote carried the motion.

6.07 **Sojourner Contract Update**

An Addendum was added to the Sojourner contract in June concerning Item 11.5. An alternative has been created, an amendment, which the Butler County Mental Health and Addiction Recovery Services Board agrees to fund Room and Board services in support of residential substance use treatment services occurring at Sojourner Recovery Services for Butler County residents at a rate of \$65 per diem. The original rate was \$98. These services will be billed through the GOSH claim billing system.

Mr. Tucker motioned to approve the Sojourner Amendment. Mr. Himm seconded the motion. The vote carried the motion

6.08 **Budget Revision Policy**

The last documented budget revision policy update was October 18, 2017. On October 17, 2018 the Board approved a budget modification for September through June of FY19. Currently, Dr. Rasmus requested a Board policy emphasizing a provider facilitated budget revision for the months of November, January, March and April.

Ms. Hacker motioned to approve the Budget Revision Policy. Ms. McKinney seconded the motion. The vote carried the motion

6.09 **Collaborative FY19 Reallocation**

Over the last biennial, which includes 2018 and 2019, the state has supported the crisis stabilization centers and withdrawal management centers. There are six collaboratives in the state and the BCMHARS Board is in the southwest collaborative. Overall the state allocates annually \$6,000,000 for withdrawal management centers and each collaborative receives \$1,000,000 per year. There is \$1,500,000 in crisis stabilization per year, which is \$250,000 per collaborative. The funding for 2018 has been spent. Still, there is \$298,053 of funding leftover from 2019 that has been rolled over to 2020 through Beckett Springs Hospital. The BCMHARS Board managed the funding in previous years. Dr. Rasmus is requesting that the Board authorize him to finalize and allocate these carryover funds with input from four other southwest collaborative Boards.

Mr. Bement motioned to approve the Collaborative FY19 Reallocation. Ms. Stanton seconded the motion. The vote carried the motion.

6.10 **Assistant Director of Finance & Admin. Services Job Description - ADAS**

Jim Evans, the Board HR subcontractor, did a point factor analysis, reviewed OACBHA's salary survey, and created a salary schedule for all Board staff. The Board has updated the job description for the Assistant Director of Finance & Administrative Services position and it was re-point factored by Jim Evans. Dr. Rasmus asked for the revised job description to be endorsed.

Mr. Tucker motioned to approve the job description for the Assistant Director of Finance & Administrative Services. Ms. Wargo seconded the motion. The vote carried the motion.

6.11 **Affirmative Action Plan**

Jim Evans of JK Evans & Associates, LLC assessed the Butler County Mental Health and Addiction Recovery Services Board's affirmative action plan and it is in compliance. Its current workforce fully utilizes both minorities and women in each of the job groups.

Mr. Swigonski motioned to approve the Affirmative Action Plan. Dr. Hunter seconded the motion. The vote carried the motion.

6.12 **Community Plan**

Each board is required to submit to the Ohio Department of Mental Health and Addiction Services (ODMHAS) community plan every two years. It was approved on September 5th. It is aligned with the Board strategic plan and the community health improvement plan that is done in collaboration with the health districts in Butler County.

Ms. Deis-Gleeson motioned to approve the Community Plan. Ms. Stanton seconded the motion. The vote carried the motion.

6.13 **FY20 COAP Grant Award**

Martina Weber has been working with the area courts to establish a misdemeanor drug court. The \$50,000 COAP grant award, which is coming from COAP funding, will help fund the start-up costs and operating expenses for this new specialty court.

Pastor Bailey motioned to approve the FY20 COAP Grant Award. Mr. Himm seconded the motion. The vote carried the motion.

6.14 **Atrium Contract**

The Butler County Mental Health and Addiction Recovery Services Board has contracted with Atrium for \$125,000 at the per diem rate of \$800 for inpatient psychiatric services. This contract is retroactive back to July 1, 2019.

Ms. Hacker motioned to approve the Atrium contract. Ms. McKinney seconded the motion. The vote carried the motion.

6.15 **Agreement and MOU for Opportunities for Ohioans w/ Disabilities**

This is an employment program that assists persons with substance abuse disorders to help with workforce rehab. It has vocational research counselors, job developers and case managers. Its focus is towards long-term employment. The contract is for \$74,230.

Mr. Bement motioned to approve the Agreement and MOU for Opportunities for Ohioans with Disabilities. Ms. Stanton seconded the motion. The vote carried the motion.

6.16 **Board Self-Assessment (For Information Only)**

Mr. Swigonski presented and reviewed the Board Self-Assessment.

6.17 **State Hospital Report**

There was a Board target for 6 civil beds a day and 12 forensic beds at the state hospital in fiscal year 2019. In June 2019, the county used 2.1 civil beds and 15.5 forensic beds. In July 2020, the average usage was 1 civil bed and 15 forensic beds. In August 2020, the county used an average of 2 civil beds a day and 13 forensic beds. For the first two months of fiscal year 2020, there is an average of 1.5 civil beds and 14 forensic beds utilized by the county.

6.18 **Vouchers and Payments Made by Direct Deduction**

Mr. Rhodus discussed the current voucher approvals and direct deductions.

Mr. Himm motioned to approve the Vouchers and Payments made by Direct Deduction. Pastor Smith seconded the motion. The vote carried the motion.

7. Guest and Board Comments

7.01 **Guest/Board Comments**

Dr. Rasmus threw out the first pitch at the Hamilton Joe's game on July 9th. There is a plaque with a photo and the baseball to memorialize the occasion in the board room.

Alyssa Louagie thanked the Board for being the presenting sponsor for the NAMI walk, and the participating agencies who were either sponsoring or walking as teams.

Kim McKinney is taking donations for Team MHARS for the NAMI walk.

Mr. Himm mentioned that there was an open spot on the ARS committee. Any board member interested is welcome to join.

Ms. Lombardo announced that there will be an event called Recovery Rising on Thursday, September 26th at 5:00 p.m. at Butler Tech Fairfield Township Campus, D. Russel Lee Building. It is in celebration and recognition of the many years of service for the volunteers of the Butler County Opiate Task Force and the Butler County Prevention Coalition. There will also be a presentation to focus on revamping the task force to focus on addiction in Butler County. The information will be sent out to all of the board members.

8. Adjournment