



**Board Meeting Minutes
Wednesday, April 15th, 2020
Board Meeting**

The Butler County Mental Health and Addiction Recovery Services Board held its monthly Board meeting on Wednesday, April 15th, 2020 at 6:00 p.m. at the Board office located at 5963 Boymel Drive in Fairfield, Ohio via telephone conference.

1. Call to Order

1.01 Board President Wayne Mays called the meeting to order.

Upon the call of the roll the following Board members were present via teleconference: Pastor Michael Bailey; Patricia Deis-Gleeson, BSN; Theodore Hunter, MD; President Wayne Mays; Lonnie Tucker, CH, CSW; Father Michael Pucke; Christine Hacker, MSN; Mathew Himm; Kim McKinney, BSN, RN; Rubina Dosani; Rev. Gary Smith; David Swigonski; Richard Bement; Rev. Vanessa R. Cummings; Kelsey Wargo, LPCC-S, CCTP-II; and John Silvani, RN, CARN, CAS, LCDC-II.

Recognition of Guests via teleconference:

Deanna Proctor, Access Counseling
Pauline Edwards, Access Counseling
Carolyn Winslow, Big Brothers, Big Sisters
Pam Mortensen, Catholic Charities
Erin Day, Community Behavioral Health
Lori Higgins, Envision Partnerships
Joyce Kachelries, Lifespan
Dr. Quinton Moss, Modern Psychiatry & Wellness
Jilland Holland, Sojourner
Julie Herrmann, St. Joseph Orphanage
Nichol Boberg, Talbert House
Sharon Bartels, Transitional Living
Wendy Waters-Connell, YWCA

1.02 Agenda Review
- *No changes*

- 1.03 Public Comments on the Agenda
- *No comments*

2. Board Communication & Announcements

2.01 Executive Director's Report

I. **Coronavirus Updates**

Federal/National – Some loans, grants, relief funds, stimulus business association loans or paycheck protection plans have been offered. Many of the providers have taken advantage and have submitted applications. One of the providers have received funding through the PPP (Paycheck Protection Program) to offset losses due to the coronavirus pandemic to Dr. Rasmus's knowledge so far.

State – Board executive directors will be on a call with Senator Portman on Thursday, April 16th to talk about the behavioral health status and needs.

Crisis Stabilization and Withdrawal Management funding can be used for behavioral health supports in general, services, and personal protective equipment.

By request, the ODMHAS sent out a survey to their providers. It ultimately reached 323 Medicaid providers and almost 500 prevention, treatment and recovery providers in the state of Ohio. The State will be analyzing the results.

Local - The Board is working with the county health department to assist with the county's homeless isolation and quarantine center. Beckett Springs will be the provider for the BH services. A site still has not been established.

The county has assessed the tax revenues. Preliminary estimates predict so far that they have been down between 13 – 20%. There has not been any reductions in funding or layoffs so far.

II. **Board VP & Committee Assignments for FY2021**

To date, Mathew Himm is the only VP candidate. Mathew Himm and Christine Hacker have agreed to continue as MH and ARS committee chairs for FY2021. Jennifer Coats will email the committee roster to the board members. If interested, please email Pat Deis-Gleeson about being on any committees including the Board Development, Addiction Recovery Services, and Mental Health Committees.

- III. Cherry, Heather. "**Coronavirus Is Seriously Triggering My OCD,**" *SELF*, 10 Apr. 2020, <https://www.self.com/story/coronavirus-ocd>
Obsessive-compulsive disorder (OCD) is marked by repetitive thoughts, mental pictures, or impulses that give way to compulsions or behaviors that feel necessary in order to tame the obsessions, according to the National Institute of Mental Health (NIMH). Many people who have never dealt with these types of feelings before may be feeling something similar due to the coronavirus. Behaviors that may have seemed irrational before may not seem so because of the current circumstances. It is more difficult to determine whether the symptoms point to a diagnosable condition. If symptoms significantly interfere with every aspects of an individual's life, it is a good idea to check in with a mental health professional.
- V. Burch, Kelly. "**How to deal with life's uncertainty and the stress it causes,**" *INSIDER*, 12 Apr. 2020, <https://ww.insider.com/how-to-deal-with-uncertainty>
Research shows that uncertainty can be appealing during certain activities but large scale uncertainty that many people have felt during the coronavirus pandemic is much more difficult to handle. This uncertainty has to do with safety and safety of loved ones. It is a major cause of stress. It interrupts an individual's ability to plan for the future. One's brain makes decisions for the future based on past experiences. When the future is uncertain or is experiencing new and can't rely on the past to inform decision making, it causes anxiety. Fear of the unknown can trigger a physiological state of stress which can activate the fight-or-flight response, which results in physical changes like hormone surges and an increased heart rate. Over time, chronic stress can have a negative impact on health, including cardiovascular disease and memory loss.
- VI. Community Updates – Tiffany Lombardo and Scott Fourman
Hamilton County Public Health Mobile Unit for the syringe exchange is not coming to the Fairfield or Middletown sites. Access Counseling has been providing supplies and services at the Middletown location during the times that the van is typically at that site.

The Board has been working with the coroner to get weekly updates on overdose deaths and suicides. There have been five overdose deaths and one suspected suicide in the month of April, which is down from April 2019. There was a drug anomaly on April 4th with a spike of 10 ER visits in one day due to suspected overdoses. There is a suspicion that it was due to substances including methamphetamine testing positive for fentanyl across the county.

The care coordinators with the Hopeline continue to provide outreach services by giving referrals and offering Narcan kits when needed. All of the addiction agencies are continuing to serve clients to the best of their ability based on capacity. They have all been able to convert to telehealth to some degree.

3. Consent Agenda

3.01 Consent Agenda Items

A. April 1st Board Meeting Minutes

Dr. Hunter motioned to approve the items in the consent agenda. Ms. Hacker seconded the motion. The vote carried the motion.

4. New Business

4.01 February Financial Report

Mr. Rhodus shared the February Financial Report. The total funds collected were \$8,013,210, total administration expenditures were \$1,057,179. Contract payments were \$10,151,813 with a current cash balance of \$17,054,487. All of these numbers were very typical for this point in the fiscal year.

Mr. Tucker motioned to approve the February Financial Report. Pastor Bailey seconded the motion. The vote carried the motion.

4.02 Beckett Springs Budget Revision

This is a Board requested increase in the amount of \$4,060 to establish a budget for the homeless isolation and quarantine center and to support indigent psychiatric and overdose behavioral health clients. The contract is not to exceed \$862,970.

Ms. McKinney motioned to approve the Beckett Springs Budget Revision. Mr. Silvani seconded the motion. The vote carried the motion.

4.03 Dean Langevin Contract

Dean Langevin is the public relations consultant for the Board. This is an agreement to extend his contract for an additional year with the amount not to exceed \$20,000 including tax levy and non-levy promotional activities.

Ms. Deis-Gleeson motioned to approve the Dean Langevin Contract. Ms. Hacker seconded the motion. The vote carried the motion.

4.04 **TLC Lease**

The county commissioners lease to the Board, who then leases to TLC, which includes property and/or building. It is a 40 year lease in the amount of \$1 and is expiring at the end of April. The amendment is for an 18 month extension.

Ms. Hacker motioned to approve the TLC Lease. Mr. Silvani seconded the motion. President Mays abstained from the vote. The vote carried the motion.

4.05 **Fair Avenue Lease**

Sojourner has a residential treatment facility in a building owned by the BCMHARS Board. The annual base rent in the amount of \$75,264 will not be increased.

Rev. Cummings made a motion to amend the Fair Avenue Lease to update the Board's address and to delete the sentence on page four, section seven that reads, "The Lessor shall pay for landscaping and mowing through November 30, 2020."

Rev. Cummings motioned to approve the Fair Avenue Lease with the amendment. Rev. Smith seconded the motion with the amendment. The vote carried the motion with the amendment.

4.06 **Dr. Michael Miller Contract**

Dr. Miller is the chief financial officer for the Board. This is an agreement to extend his contract for an additional year in the amount of \$24,804 in 12 equal monthly installments of \$2,067.

Rev. Cummings motioned to approve the Dr. Michael Miller's contract. Ms. Dosani seconded the motion. The vote carried the motion.

4.07 **Families First Coronavirus Response Act Policy**

The Federal Family First Coronavirus Response Act (FFCRA) is the new paid sick leave and expanded family and medical leave federal legislation related to COVID-19. These provisions will apply from April 1, 2020 through December 31, 2020.

The Board has created a Families First Coronavirus Response Act Policy. The intention is to protect the health of the Board employees and community, while ensuring compliance with the requirements of the FFCRA.

Mr. Tucker motioned to approve the Families First Coronavirus Response Act Policy. Rev. Smith seconded the motion. The vote carried the motion.

4.08 **Rescind Recovery Housing RFP**

Due to COVID-19 the recovery housing RFP process, which was due to close April 20th, will not continue, at this time. It will be re-issued at a later date.

Mr. Silvani motioned to approve the move to rescind the Recovery Housing RFP. Mr. Tucker seconded the motion. The vote carried the motion.

4.09 **Hamilton Joe's MOU**

In order to celebrate first responder's appreciation week, the BCMHARS Board has contracted with Hamilton Joe's in the amount of \$1,000. This will provide a 6'x15' banner in the outfield, 2 season passes, 150 single game tickets, a public announcement at all home games, a commercial on their live broadcast network, BCMHARS Board logo on their website, and a reserved night at the ballpark with a Board staff member throwing out the first pitch.

Mr. Silvani motioned to approve Hamilton Joe's MOU. Ms. Deis-Gleeson seconded the motion. The vote carried the motion.

4.10 **Miami University COAP contract update**

This is an amendment to the existing contract to increase funding in the amount of \$14,000. Miami University staff does the evaluation and data collection for the COAP grant.

Ms. Deis-Gleeson motioned to approve the updated Miami University COAP contract. Mr. Tucker seconded the motion. The vote carried the motion.

4.11 **Board Self-Assessment (For Information Only)**

Mr. Swigonski presented and reviewed the Board Self-Assessment results.

4.12 **State Hospital Report – Scott Fourman**

In the month of February the average was 1 civil bed and 21 forensic beds. In the month of March the average was 1 civil bed and 18 forensic beds. Year to date was 1.7 civil beds and 15.8 forensic beds.

5. Guest and Board Comments

5.01 **Guest/Board Comments**

Pastor Bailey would like to challenge Board members and guests to accept Governor DeWine's Ohio Strive for Five Challenge.

6. Adjournment

The next board meeting will be on Wednesday, April 29th at 6:00 p.m. via Webex unless Dr. Rasmus indicates the need to change this.